

## Contact Us

For more information about our Diversity and Inclusion Advocacy service, and how to access support, please get in touch with us.



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(by appointment only)



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## DIVERSITY & INCLUSION ADVOCACY

Promoting access, equality & inclusion



**Preventing and  
Responding to  
Domestic and  
Sexual Abuse**

The **Diversity & Inclusion Advocacy** service promotes awareness of the diverse needs of minority groups affected by or at risk of Domestic or Sexual Abuse (DSA). It works to remove barriers and improve access to help for those experiencing DSA who:

- Are from minority ethnic, religious or cultural groups
- Who do not have English as a first language
- Have learning or physical disabilities or who have additional communication needs
- Are LGBTQ+
- Are from migrant communities including those who are trafficked or are refugees or asylum seekers
- Are identified as vulnerable adults



We work in Southampton & surrounding areas to provide:

- 1:1 advocacy and person centred planning
- Tailored support to raise awareness of Domestic & Sexual Abuse issues among individuals, groups and communities
- Help with accessing Domestic & Sexual Abuse support services
- Awareness and help with related issues such as Female Genital Mutilation (FGM), Forced Marriage (FM), & Honour Based Violence (HBV)
- Education & Training on healthy relationships & keeping safe tailored to minority communities

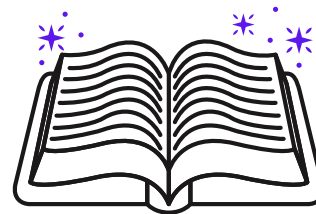
## Advocacy



Advocacy is about listening to you and helping you speak up about your views, wishes, choices and rights. An Advocate will meet with you and listen to what you want. They will agree a plan with you based on what you want to happen. Then the advocate will support you to achieve your goals.

### Some examples of situations where an Advocate may be able to help you include:

- At meetings helping you understand what is being said
- We will support you so that you are able to make decisions about your life. We will help you stay at the centre of decisions other professionals are making so your voice is heard.
- Help with making sure you get services that you need



Gather information about what is important to you



Put a plan together for you

### How can I refer?

If you are interested in finding out more about how the service can help you, please contact us via any of the methods on the reverse of this leaflet.