

Contact Us

For more information about The STAR Project please get in touch with us.



023 8063 6312



www.yellowdoor.org.uk



Star@yellowdoor.org.uk



**30 Brookvale Road
Southampton
SO17 1QR**

(by appointment only)



YellowDoorSolent



[thestarpromtyd](https://www.instagram.com/thestarpromtyd)



[YellowDoorSol](https://twitter.com/YellowDoorSol)

Yellow Door (Solent) is a registered charity (1111753) and a company limited by guarantee (5486084) registered in England and Wales.



**Preventing and
Responding to
Domestic and
Sexual Abuse**

Yellow Door's STAR Project was established in 2000 and has since developed into an award-winning education and outreach programme working across Southampton and Western Hampshire.

STAR works with children and young people in schools, universities, and other youth settings, aiming to spark conversations that get young people thinking about what healthy relationships look like, as well as how to recognise and get help with unhealthy relationships or situations, as well as preventing abuse in all its forms.

All topics are made relevant and accessible to participants, tailored to specific age groups and needs.

Topics Covered:

- | | |
|--|-------------------------------------|
| ★ Healthy Relationships | ★ Consent |
| ★ Peer Pressure | ★ Abuse |
| ★ Sexuality & Gender Identity | ★ Pornography |
| ★ (Cyber) Bullying | ★ Self-esteem |
| ★ Mental Health | ★ Sexting & Revenge Porn |
| ★ Social Media & Gaming | ★ AND MUCH MORE |

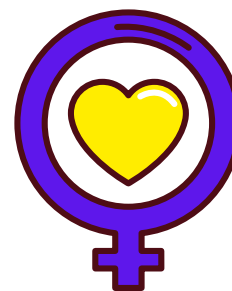
STAR Sessions

STAR's work complements and expands well beyond the standard PSHE and Sex & Relationships Education (SRE) within national curriculum, broadening the knowledge and understanding of young people.

Each STAR session is an informative, preventative workshop, giving young people the understanding and tools they need to stay safe, and build respectful healthy relationships now, and in the future.

Sessions can be developed to complement existing education schedules, and we can work with you to tailor content specifically to the needs presented by the class or group. We can work with groups as a one-off or provide a series of sessions covering a range of topics.

STAR is also available to provide specialist training for professionals, covering a range of domestic and sexual abuse issues.



Psycho-educational Group

Smaller bespoke groups in school settings, for young people who are finding relationships in and outside of school challenging are available. Focussing on developing emotional coping skills and support strategies, aiming to build resilience, confidence and encourage healthy relationships.

Book STAR or find out more

If you are interested in booking sessions with STAR, contact The STAR Project Coordinator via email star@yellowdoor.org.uk or call 02380 636 312 to discuss your needs, availability and for more information.