

Contact Us

For more information about our services, and how to access support, please visit our website or get in touch with us.



023 8063 6312



www.yellowdoor.org.uk



info@yellowdoor.org.uk



**30 Brookvale Road
Southampton
SO17 1QR
(by appointment only)**

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Yellow Door (Solent)

Yellow Door (Solent) is a registered charity (1111753) and a company limited by guarantee (5486084) registered in England and Wales.



**Preventing and
Responding to
Domestic and
Sexual Abuse**

**Therapy, Support, Advocacy,
Prevention and Outreach**

Yellow Door are a friendly, non-judgemental charity specialising in supporting people who have experienced, or are at risk of, domestic or sexual abuse.

We offer a range of free prevention, advocacy and support services.

Adult Therapeutic Services

Our Adult Therapeutic Services provide individual counselling sessions and specialist therapeutic groups to those who have suffered sexual abuse at any point in their lives.

Domestic Abuse Services

Specialist support for women who have experienced domestic abuse, including services such as Pattern Changing Programmes, Peer Support Group & Adverse Childhood Experiences (ACE) Recovery Toolkits.

Children & Young People's Services

Specialist Children's and Young People's Therapeutic Services for any one 18 years or under in need of help following experiences of domestic and/or sexual abuse.

The STAR Project

The STAR Project is Yellow Door's award-winning preventative education initiative working with young people and vulnerable adults to raise awareness of issues around domestic and sexual abuse.

Family Therapy

Our Family Therapy team work with various family units where one or more members have experienced or are at risk of abuse. We offer support to children and parents, couples, guardians and other family members.

ISVA Independent Sexual Violence Advisors

Specialises in practical, non-judgmental support and advocacy following any type of sexual abuse / violence, including support around reporting to the police and throughout the criminal justice process.

Diversity and Inclusion Advocacy

The Diversity and Inclusion Advocacy service offers tailored, needs-led help to those who face language, communication, cultural or other barriers to accessing support.

Gender Identity Therapeutic Group

A small therapeutic group for young people struggling with concerns regarding their gender identity.

Helpline

Yellow Door's Helpline is available for anyone affected by sexual abuse, whether directly or indirectly. Please see our website for opening times **023 8063 6313**.

PIPPA Helpline

If you are looking for support, advice, safety information or referral to local services. **023 8091 7917** Monday-Friday 9.30-4.30 pm