



**Preventing and
Responding to
Domestic and
Sexual Abuse**

helpline: 023 8063 6313
office: 023 8063 6312
email: info@yellowdoor.org.uk
web: yellowdoor.org.uk

30 Brookvale Road
Southampton
Hampshire
SO17 1QR

Yellow Door Training Packages

At Yellow Door we have a wide range of skills and experience across topics across domestic and sexual abuse and we can provide comprehensive, tailored training to those wanting to gain more knowledge in this area. We have a variety of training packages available for your organisation and we are also able to write bespoke packages based on your needs. We can also deliver training using online methods such as Zoom, Microsoft Teams etc

Sexual Abuse & Disclosure Training

- ✓ Delivered in partnership with Amberstone, Hampshire Constabulary specialist Rape Investigation Team.
- ✓ To know the legal and professional definitions of rape and sexual assault
- ✓ To understand the reporting and court process of rape and sexual assault
- ✓ To recognise the importance of the impact of sexual abuse and how this may be presented in individuals
- ✓ Build confidence in supporting rape and sexual assault disclosures
- ✓ Improve knowledge of safeguarding and how to respond to first disclosures.
- ✓ How to get support from Yellow Door and other services available

Female Genital Mutilation (FGM) Training

- ✓ Increase awareness of FGM including the different types
- ✓ Develop understanding of global and local prevalence of FGM
- ✓ To know what to look out for and how to recognise signs of FGM early on
- ✓ To recognise the importance of the “One Chance Rule” and your safeguarding responsibilities
- ✓ Build confidence to ask questions sensitively
- ✓ How to get support from Yellow Door and other services available
- ✓ Free and fully funded

Forced Marriage/ Honour Based Abuse/ Dowry Abuse

- ✓ Develop understanding of definitions and contexts around Honour Based Violence/Abuse (HBV/A), Forced Marriage (FM) and Dowry Abuse
- ✓ To know what to look out for and how to recognise signs of HBV/A and FM
- ✓ To recognise the importance of the “One Chance Rule” and your safeguarding responsibilities
- ✓ To understand the role of the Forced Marriage Unit and Forced Marriage Protection Orders
- ✓ How to get support from Yellow Door and other services available
- ✓ Free and fully funded

Domestic Abuse and Adults

- ✓ Definition of domestic abuse and abusive behaviours
- ✓ Understanding the Duluth Power and Control Wheel
- ✓ The impact of domestic abuse
- ✓ Understanding trauma responses
- ✓ Safeguarding and risk assessing
- ✓ How to get support from Yellow Door and other services available



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Domestic Abuse and Children

- ✓ Impact of domestic abuse on children and young people
- ✓ How to recognise, manage and support children/ young people YP who have been affected
- ✓ Adverse childhood experiences
- ✓ Attachment theory
- ✓ Understanding trauma responses
- ✓ Child to parent abuse
- ✓ How to get support from Yellow Door and other services available

Domestic Abuse and Older People (No Age for Abuse)

- ✓ Impact of domestic abuse on older people
- ✓ How to recognise, manage and support older people who have been affected
- ✓ Attachment theory
- ✓ Understanding trauma responses
- ✓ Child to parent abuse
- ✓ How to get support from Yellow Door and other services available

STAR Education Prevention Sessions

- ✓ Our STAR Project can deliver relationships and sex education workshops to children and young people in schools, colleges or other educational and youth settings. This can include topics on: Healthy Relationships, Abuse, Consent, Online Safety, Sexting, Pornography, Gender Identity and many more topics.
- ✓ The STAR Project can also offer training and awareness sessions for parents on any of the above issues mentioned.
- ✓ The STAR Project is able to deliver Teacher and NQT training on Relationship & Sex Education (RSE) topics and issues.

Costs

All training can be half-day or a full day and delegate numbers can be discussed. We can create a training package that both adheres to your budget and addresses your desired learning outcomes. We can also deliver training using online methods such as Zoom, Microsoft Teams etc. Please see an outline of costs below for training that does not state it is free and fully funded:

- Full day training with 2 facilitators for a maximum of 16 attendees - £500
- Half Day with 2 facilitators for a maximum of 16 attendees - £300
- 1 hour STAR Session with 2 facilitators for a group of up to 35 children/ young people - £150
- ½ day STAR Session with 2 facilitators for a group of up to 35 children/ young people would be £300
- Full day STAR Session with 2 facilitators for a group of up to 35 children/ young people would be £500

If you are looking for more delegates than this, please let us know as this can be flexible. The delivery of training can be adapted to the number of delegates. We are also happy to discuss specific budgets that need to be adhered to. Please get in touch with us to discuss any training needs.

Telephone: 02380 636312 or Email: info@yellowdoor.org.uk