

Contact Us

For more information about the ISVA service and how to refer, please get in touch with us.



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**YOUNG PERSON'S
INDEPENDENT
SEXUAL VIOLENCE
ADVISORS (ISVA)**



**Preventing and
Responding to
Domestic and
Sexual Abuse**

An ISVA stands for an Independent Sexual Violence Advisor

- 🌀 An ISVA is a trained person who can support you around any unwanted sexual experience
- 🌀 We can talk to you about a Police investigation, what is happening, what can happen and what your choices are. The ISVA will not make any decisions for you. They will help you to think about what you want and what is best for you
- 🌀 We can speak with your parent/guardian to make sure they know what is happening. They can help them to understand how you might be feeling
- 🌀 An ISVA is not a counsellor. But they can help you to find a the right support if you would find this helpful.



- 🌀 When someone has experienced an unwanted sexual action, they can decide to report this to the Police. An ISVA can help you decide if this is something that you want to do. If you do, we can support you through this.
- 🌀 It may be that because of your age, the Police will have duty to investigate what happened. The ISVA can help explain this to you and support you through the process.
- 🌀 We understand that it can be difficult to speak about how you feel. There is no right way to react and how you feel might change from day to day. It can also be a bit overwhelming to have lots of different services to speak to. We can provide a safe space for you to share what is important to you.

An ISVA will support you by:

- 🌀 Helping you to understand everything that is happening. Speaking with Police and other services can be worrying, even for an adult, the ISVA can support you with this
- 🌀 Making sure that your voice, your opinions and your worries are heard. Your voice is so important and an ISVA will help you to share this
- 🌀 Going through a Safety and Support (SAS) plan with you which will look at any goals, worries or things you want to talk about, maybe around health, school or employment.
- 🌀 Talking about your safety with you and helping you to make a plan



The ISVA service is a confidential service, which means:

- 🌀 Your ISVA will make sure you have a safe place to speak and anything you say will stay with your ISVA and the Service.
- 🌀 If your ISVA is worried about yours or someone else's safety because of what was talked about then they will have to share that with the right people. Your ISVA will always try to speak with this about your first.