

Contact Us

For more information about our services, and how to access support, please visit our website or get in touch with us.



023 8063 6312



www.yellowdoor.org.uk



info@yellowdoor.org.uk



**30 Brookvale Road
Southampton
SO17 1QR
(by appointment only)**

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Yellow Door (Solent)

**If you would like to support us, please email
supportus@yellowdoor.org.uk**

Yellow Door (Solent) is a registered charity (1111753) and a company limited by guarantee (5486084) registered in England and Wales.



**Preventing and
Responding to
Domestic and
Sexual Abuse**

**Therapy, Support, Advocacy,
Prevention and Outreach**

Yellow Door are a friendly, non-judgemental charity specialising in supporting people who have experienced, or are at risk of, domestic or sexual abuse.

We are a Southampton based service offering a range of free prevention, advocacy and support, covering the majority of Southampton and Hampshire.

Please get in touch for more information.

Adult Therapeutic Services

Our Adult Therapeutic Services provide individual counselling sessions and specialist therapeutic groups to those who have suffered sexual abuse at any point in their lives.

Domestic Abuse Services

Specialist support for women and children who have experienced domestic abuse, including services such as Pattern Changing Programmes, Peer Support Group & Adverse Childhood Experiences (ACE) Recovery Toolkits.

Children & Young People's Services

Specialist Children's and Young People's Therapeutic Services for 18 years or under in need of help following experiences of domestic and/or sexual abuse.

Gender Identity Therapeutic Group

A small therapeutic group for young people struggling with concerns regarding their gender identity.

The STAR Project

The STAR Project is Yellow Door's award-winning preventative education initiative working with young people and vulnerable adults to raise awareness of issues around domestic and sexual abuse.

ISVA Independent Sexual Violence Advisors

Specialises in practical, non-judgmental support and advocacy following any type of sexual abuse / violence, including support around reporting to the police and throughout the criminal justice process. This service covers Hampshire.

Diversity and Inclusion Advocacy

The Diversity and Inclusion Advocacy service offers tailored, needs-led help to those who face language, communication, cultural or other barriers to accessing support.

Family Therapy

Our Family Therapy team work with various family units where one or more members have experienced or are at risk of abuse. We offer support to children and parents, couples, guardians and other family members.

Helpline

Yellow Door's Helpline is available for anyone affected by sexual abuse, whether directly or indirectly. The helpline is open
Wednesdays 4-7pm 023 8063 6313.