

A close-up photograph of a yellow door. The top portion features a triangular window with a pebbled glass texture. Below the window is a horizontal decorative band with a stitched pattern. In the lower right, there is a circular silver peephole. To the left, a portion of a white door handle is visible. The door is set against a dark, textured wall.

YELLOW DOOR

REPORT OF THE BOARD OF TRUSTEES AND FINANCIAL
STATEMENTS FOR YELLOW DOOR
FOR THE YEAR ENDING 31 MARCH 2022

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FOREWORD

I was aware of the excellent reputation of Yellow Door services before I joined the Board of Trustees earlier this year. It has been a revelation to learn of the quality, depth and strength of the work that Nicci and her team undertake with such skill and commitment.

The range of services offered and the difference that these make to our service users, is something Trustees can be extremely proud to share with you in this report.

On behalf of the Trustees, I am delighted to let you know that the work of Yellow Door has also been recently recognised in an outstanding report for our British Association for Counselling and Psychotherapy accreditation.

I am delighted to share this annual report from the Board of Trustees with you and hope you will continue to support our work in the future.



Dr Julie Greer

Chair of the Board of Trustees

I feel very privileged to lead our incredibly skilled and dedicated team of staff and volunteers who are passionate about making a difference to local people's lives.

Over the last year, we have continued to build our reputation as a trusted, inclusive and knowledgeable local specialist charity. We continuously strive to adapt, develop and respond to the needs of our communities and service users. It is vitally important to us that all local people affected by domestic and sexual abuse know that Yellow Door is here for them. We have worked hard to ensure that everyone can access our services regardless of their age, gender, ethnicity, language, sexuality or mental health status and we are committed to further improving accessibility across all the protected characteristics.

Our service users regularly tell us how they keep themselves safe and are able to rebuild their lives with our support. During the pandemic we increased the support we offered and adapted our delivery to meet our service users' needs during one of the most challenging times that the charity has faced. We learnt a huge amount during this time and the new methods of offering support have continued this year.

I want to take this opportunity to thank our service users, staff, volunteers, trustees, partners and supporters for helping to make Yellow Door the responsive and innovative service that we are today.



Nicci King

CEO



REPORT OF THE BOARD OF TRUSTEES

The Board of Trustees is pleased to present its annual report and audited Financial Statements for the year ended 31 March 2022, which are also prepared to meet the requirements for a Directors' Report and Financial Statements for Companies Act purposes.

The Financial Statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their Financial Statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

REFERENCE AND ADMINISTRATIVE INFORMATION

Charity Name:	Yellow Door (Solent)
Charity Registration Number:	1111753
Company Registration Number:	05486084
Registered Office Address:	30 Brookvale Road, Southampton, SO17 1QR

The Trustees are the directors of the charitable company for the purpose of company law and are trustees for the purpose of charity law.

The Trustees who served during the year and since the year end are as follows:

Board of Trustees:

J Greer (Chair)	Appointed 13/05/2022	
P Hollowell (Acting Chair)		Resigned 04/05/2022
C Brook		
J Orme		
S Sitaram		
R Collins		Resigned 02/07/2021
S Hartley		Resigned 06/10/2021
L Mitchell		Resigned 23/05/2022
S Groszewski	Appointed 30/04/2021	
N Hutchins	Appointed 05/05/2021	
E Ryll	Appointed 11/05/2021	
K Morrison	Appointed 28/03/2022	
K Drake	Appointed 12/05/2021	Resigned 13/12/2021
LA Adams	Appointed 18/06/2021	Resigned 13/12/2021
K Bates	Appointed 19/05/2021	Resigned 29/12/2021

Secretary:

M Mabey

Senior Management Team:

N King	Chief Executive Officer (CEO)	Appointed 01/04/2021
R Edwards	Therapeutic Services Manager	
T Stovold	Duty Manager	
C Gilbert	Head of Evaluation and Systems Development	Appointed 01/04/2021
K Rowlinson	Head of Partnerships and Community Development	Appointed 10/05/2021 Resigned 17/06/2022
M Smith	Finance Manager	Resigned 31/12/2021
P Rajo	Finance Manager	Appointed 21/03/2022

Auditors:

Azets Audit Services
Statutory Auditor
Lulworth Close
Chandlers Ford
Southampton, SO53 3TL

Bankers:

Lloyds Bank Plc
63 London Road
Southampton, SO15 2US



OBJECTIVES AND ACTIVITIES

The Charity's objects (the Objects) are:

- To relieve the sickness and distress of individuals who have suffered abuse/rape at any time in their lives.
- To promote the education of the public in the subject of sexual abuse/rape and its psychological and social impact.

Yellow Door provides:

- Prevention and education activities, especially with children and young people through our STAR project but also other information or support services, such as our No Age for Abuse project that focuses on encouraging older people to disclose abuse and seek help, and our Diversity and Inclusion team that raise awareness of abuse working with local communities and groups
- Impartial information and advocacy to enable people who have experienced abuse to make informed choices, including choices about reporting to the police or not and information about the criminal justice process and telephone helplines
- Therapeutic and other supportive services for adults, children and young people or families including counselling, therapeutic groups and psycho-education programmes that aim to aid repair and recovery and improve mental health and well-being after abuse ends
- Education and training for other professionals, groups and communities, plus specialist support through our Diversity and Inclusion team to people who have additional or complex needs

Public Benefit Statement

Yellow Door's activities and who it helps are described in detail below. All charitable activities focus on the support, empowerment and recovery of those individuals who have experienced domestic and/or sexual abuse and its prevention. All activities are undertaken to further Yellow Door's charitable purposes for the public benefit.

GOVERNANCE, STRUCTURE AND MANAGEMENT

Governing Document

Yellow Door is a Charitable Company Limited by Guarantee, incorporated on 21 June 2005 and registered as a charity on 19 October 2005. It was established under a Memorandum of Association to include the objects and powers of the charitable company and is governed under its Articles of Association. Anybody can apply to the Board of Trustees to become a member of the charitable company and each member is required to contribute £1 in the event of the charitable company winding up.

Recruitment and Appointment of Trustees

Yellow Door is governed by a Board of Directors who are also Charity Trustees for the purposes of charity law and, under the company's Articles of Association, are known as Trustees. In seeking to represent the communities we serve, we advertise widely for Trustees, detailing the mix of skills and expertise required. Current Trustees have skills and experience in social work, safeguarding, managing children's services, child mental health and well-being, education, quality and management systems, law, policy, advocacy and influence, diversity, human resources, co-production and finance. Trustees are appointed either by members' agreement at an Annual General Meeting or by the Board of Trustees following application and interview. A third of the Trustees retire (but may be re-appointed) by rotation at each Annual General Meeting. Trustees are not paid any remuneration for their role.

Trustee Induction and Training

All new Trustees are provided with an induction pack containing general information on the role of a Charity Trustee and information specific to Yellow Door, such as the Memorandum and Articles of Association and policies for example on safeguarding, financial procedures, service provision, employment, health and safety. Trustees have opportunities to meet with staff and/or observe activities in order to gain a better understanding of the day-to-day workings of Yellow Door. Trustees are provided with regular updates from the Charity Commission and other reputable organisations with expertise in our area of work, such as briefings from SCIE (Social Care Institute for Excellence). Several Trustees are regular attendees at Trustee and Chair liaison/update meetings run by the Survivors Trust. Trustees actively access training material and the learning is often cascaded to the wider Board. Trustees are also encouraged to attend training events on the Trustee role and their responsibilities and other relevant training provided in-house.

Structure

The Board of Trustees meets bi-monthly, ensuring that any decisions are agreed as a quorum. Additional meetings are held as required for key decision making. Responsibilities are delegated to sub-groups which include HR, Finance and Strategy and Performance. The delegated sub-groups report back to the Board. The Board of Trustees, at the date of signing this Report, has 8 members (9 at the Balance Sheet date of 31 March 2022). The Trustees delegate day-to-day responsibility for the running of Yellow Door to the CEO.

A Senior Management Team is in place to share responsibilities, decrease dependency on individual staff and support good communication across all areas and activities of Yellow Door. This is particularly important as the service adapts to changes in service user demographics and needs and seeks to respond flexibly to an increasingly competitive funding environment.

Risk Management

During the 2021/22 financial year, Yellow Door kept under review its Risk Management Register. Trustees working alongside the CEO and Senior Management Team, examined the major strategic, business and operational risks that Yellow Door potentially might face.

Any financial risks are carefully considered on a regular basis by the Finance Sub-Group, which receives monthly financial reports. Any matters of concern would be referred to the Board of Trustees. Through an Enhance grant with Lloyds Foundation we received free consultation from the Foundation of Social Improvement (FSI) to support the review and refresh of our Fundraising Strategy. The Income Diversification Strategy 2020-2024 is supporting us to ensure we diversify our income across a variety of streams, so we can continue delivering the wide range of services we offer.

Procedures are also in place with regard to the health and safety of staff, volunteers, service users and visitors to the building. Delivery of therapeutic services is in accordance with the guidelines of the British Association of Counselling and Psychotherapy (BACP), of which Yellow Door is now an accredited member.

Yellow Door has robust Safeguarding procedures (for children and adults) and can demonstrate best practice to ensure the safeguarding of our service users and their families. This includes a Senior Duty Safeguarding Manager, mandatory staff training, regular monitoring, risk assessment and review of our procedures to ensure compliance with national and local standards.

Additional risk assessment and management was put into place in response to the Covid-19 pandemic and the changes in service delivery as well as impact on staff. This was formally considered and agreed by the Board of Trustees.

Organisation Management

Yellow Door's Senior Management Team have a range of skills, qualifications and experience in voluntary sector management, evidence based psychological therapies, project set up and management, quality assurance, building partnerships, contract/grants management, HR, IT, finance, data monitoring and communications. The Senior Management Team share responsibilities which decreases dependency on individual staff and support good communication across all areas and activities of Yellow Door. This is particularly important as the service adapts to changes in service user demographics and needs and seeks to respond flexibly to an increasingly competitive funding environment. A mandatory training plan is in place to ensure all staff and volunteers are aware of their obligations and responsibilities in areas such as Health and Safety, Safeguarding, General Data Protection Regulations and Operational Standards.

Related Parties

Yellow Door collaborates with a range of key partners to ensure effective signposting, shared care (where appropriate) and to minimise duplication of services. Key partners include Local Authorities, Children and Adult Social Care, Adult and Child/Adolescent Mental Health teams, Hampshire Constabulary, Office of the Police and Crime Commissioner, Schools and Education Services, Sexual Health Services and a broad range of voluntary sector partners.



INTRODUCTION

Yellow Door was established 37 years ago in Southampton, growing from a small local volunteer led helpline, working with women who had been raped or sexually assaulted, to the innovative and wide-ranging service across Southampton and Hampshire that we are today. Our vision is for a world where adults, families, young people and children can live without experiencing domestic and sexual abuse and the resulting devastating impacts.

We support people of all ages and all genders in Southampton and across parts of Hampshire, who have experienced domestic and/or sexual abuse including those affected by harmful practices such as Female Genital Mutilation (FGM), honour-based abuse and forced marriage. We provide direct services to support them to recover from their trauma and move forward with healthy and safe lives. We focus on preventative work through education, awareness raising, early intervention and training.

People with lived experience of domestic or sexual abuse have always been at the heart and foundation

of Yellow Door. We ensure that this principle underpins all of our work and the development and delivery of our services.

"Volunteering at Yellow Door was such a rewarding experience for many reasons. I initially joined when at university as I thought it would be a great way to gain experience and help my local community. From my first day, the support and training I was provided with was invaluable."
Volunteer

Services we deliver include:

- Preventative education work with children and young people in schools and youth settings
- Specialist sexual abuse advocacy services, including a sexual abuse helpline
- Outreach and specialist advocacy support services working to address barriers, improve access and promote equality and inclusion by working with anyone who may be marginalised or disadvantaged in accessing services
- All gender therapy and counselling for adults, children, young people and families
- Psycho-educational groups and courses
- Training, awareness raising and partnership work

This Annual Report shows how we have responded to continued and rising demand for our services, feedback from service users about the services they have accessed, our achievements and our successful fundraising - all in a constantly changing environment.

"Don't think I would have got through this without Yellow Door's help. Gave me a light at the end of the tunnel. My advocate was brilliant, constantly positive, helped me succeed, wanting to claim another title for myself, not be a victim anymore."

Service User of Yellow Door

2021/22 Achievements

- Nominations in 4 different categories of the recent Office of the Police and Crime Commissioner awards
- Our STAR project team were runners up in the Youth Crime Prevention category
- One of our volunteers won the Volunteer of the Year Award for his outstanding contribution to our Family Therapy service
- Award of the Independent Accreditation Programme 'Quality Mark' for achieving the Quality Standards for Independent Sexual Violence Adviser (ISVA) Services for Yellow Door's ISVA Service and Child & Young Person's ISVA Service. "The awarding of the Quality Mark demonstrates the commitment of you and your team to improving the quality of the support provided by the ISVA service. This is a fantastic achievement for which you should be extremely proud." Director, Sexual Violence Consultancy Services
- Award from the British Association of Counsellors and Psychotherapists (BACP) with accreditation for our Therapeutic Service, acknowledging the outstanding quality of the therapeutic services and the supporting infrastructure



CONTEXT

This last year has seen national and local responses relating to both the Domestic Abuse and Violence Against Women and Girls agendas. The tragically high number of domestic homicides in the UK and nature of high-profile cases of abuse and murder such as Sarah Everard, Sabina Nessa, Julia James, Bibaa Henry and Nicole Smallman starkly demonstrate the ongoing need for services like ours and the importance of increasing focus on issues of violence against women and girls (VAWG).

Progress has been made nationally and, following many years of campaigning, the Domestic Abuse Act was introduced in 2021. This was welcomed by us and other specialist organisations and we are starting to see the positive impact of this legislation.

We recognise, however, that tackling domestic and sexual abuse requires continued focus and determination beyond such legislation and we are committed to being part of future developments locally and nationally to build on this.

It remains the case that too many people are victims of domestic and sexual abuse. This year, the Everyone's Invited project and Ofsted's report into abuse in schools and colleges increased the need for focus on the need to address rape, sexual assault and sexual harassment in education settings.

The impact of the pandemic and related lockdowns of recent years have drastically increased the risks for child and adult victims and survivors of domestic and sexual abuse. The reasons for the increased risks are beginning to emerge, for example: exacerbation of existing abuse, increased isolation, and increase in household stressors including financial insecurities. Fewer chances to go out to school, work or other places, plus fewer visitors and social contacts mean that in many cases abuse often went unnoticed or unsaid during the lockdowns.

Since the Pandemic, we have seen a huge rise in demand for services in Yellow Door. In 2021/22 we experienced a 182% increase in referrals when compared to 2019/20. We have responded to this increased need through innovative and creative responses to improve service user outcomes.

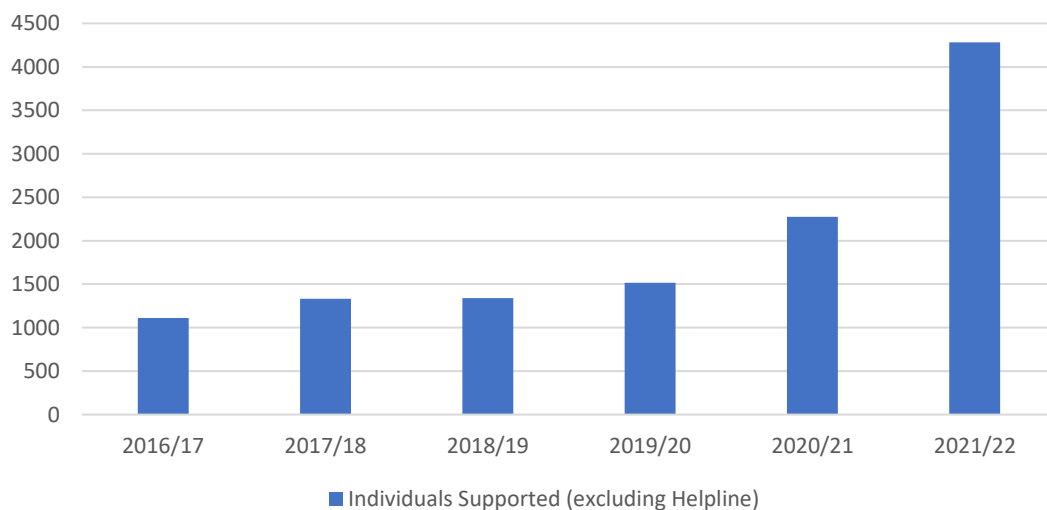
2021/22 HIGHLIGHTS



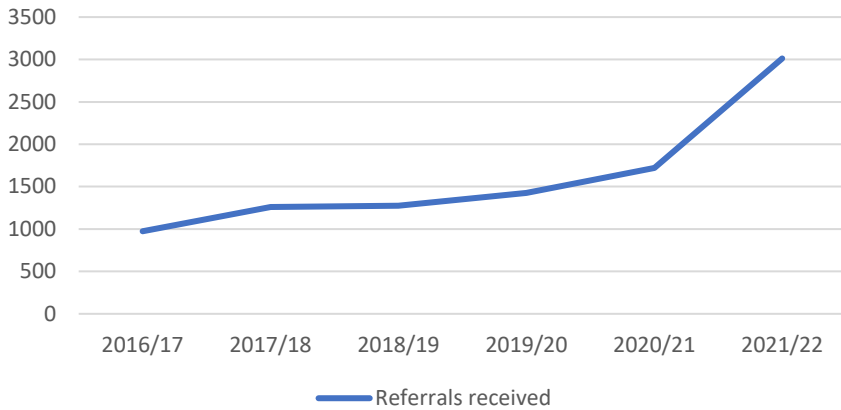
4282 individuals received support from Yellow Door during 2021/22

This is an increase of 88% when compared to the previous year and 286% compared to 2016/17

Individuals Supported (excluding Helpline)



Referrals received



We received 3012 referrals across all of our services during 2021/22, which almost doubled when compared with the previous year.

55% of referrals were from Southampton and 45% Hampshire, which changed from 66% and 34% respectively in 2020/21.

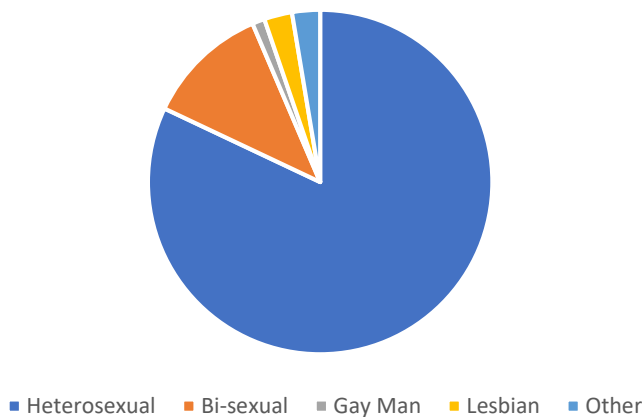
Persons referred by Gender 2021/22



We work with victims regardless of gender. Our service users are predominantly female but we are beginning to see an increase in our work with other genders.

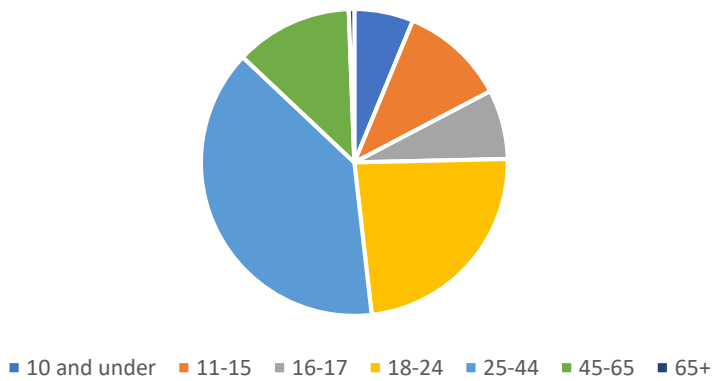
Notably, our male service users have increased from 14% to 16% this year.

Persons referred by Sexuality 2021/22



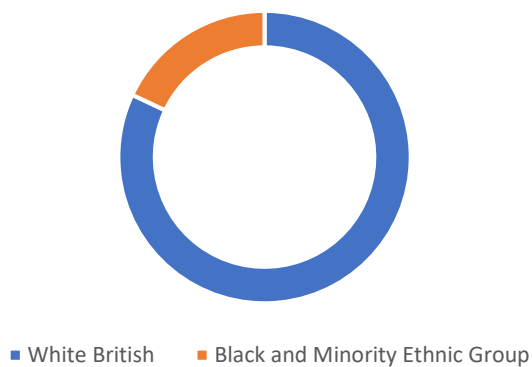
We are committed to working with people of all sexualities. We have seen a 73% increase in the number of adults and young people who come to us that identify as bisexual.

Referrals by age 2021/22



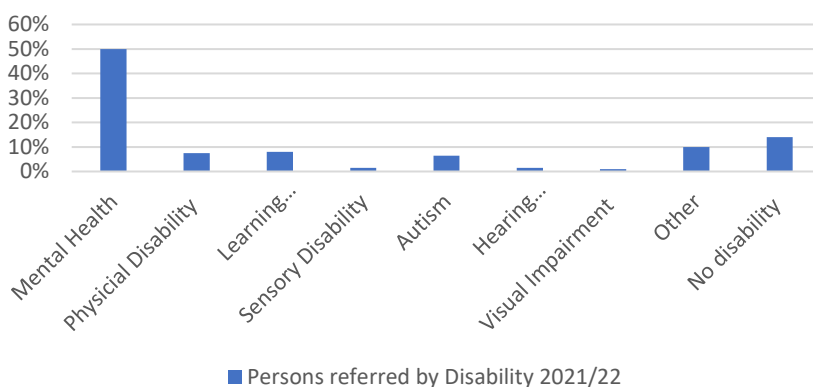
Yellow Door works with all ages, during the 2021/22 financial year, the majority of our service users were 25-44 years old.

Persons Referred by Ethnicity 2021/22



Yellow Door is committed to reaching out to people of different backgrounds. In 2015, 7% of our service users were from Black, Asian and Minority Ethnic groups; we have seen this rise to 18% in 2021/22.

Persons referred by Disability 2021/22



We support service users with a range of different needs. This has increased over time and we continue to recruit staff with a range of different specialisms in order to offer service users support that is tailored to them.

ADULT THERAPEUTIC SERVICES (ATS)



Objectives

- To support adults aged 19+ who have experienced sexual abuse or violence, through individual or group therapy options. Yellow Door supports people to manage the impact their experiences have on their physical and emotional wellbeing

Activities

- 1:1 talking therapies to support mental health and wellbeing, aid repair and recovery after abuse, build resilience and develop healthy coping strategies
- Emotional Coping Skills; a psycho-educational group offering management strategies to those struggling with distressing thoughts and feelings as a result of sexual abuse

- Then and Now; a group for men and women attempting to process and manage the impact that their experience of childhood sexual abuse has had on their lives
- Safer Relationships; a therapeutic group for those who would like to explore ways of developing healthier and safer relationships

Future Plans

- Provide further options for practical and emotional support to more people affected by domestic and sexual abuse
- Ensure more service users can access the support they need sooner
- Increase the number of service users that report positive outcomes so they are able to recover and move forward with their lives

482

ASSESSMENTS PROVIDED

835

REFERRALS RECEIVED

2655

COUNSELLING SESSIONS PROVIDED

1175

SERVICE USERS SUPPORTED

88

GROUP SESSIONS PROVIDED



95% OF SERVICE USERS WHO ENGAGED WITH ATS SUPPORT DESCRIBED IT AS A POSITIVE EXPERIENCE



82% SAID THEY FELT BETTER ABLE TO KEEP THEMSELVES SAFE



74% SAW AN OVERALL IMPROVEMENT IN THEIR WELLBEING SCORES

"For the first time in my life I was listened to. My therapist understood my innermost shame, fears and guilt I was carrying. They made me feel safe and at ease so that I could open up to her about the difficult thoughts, flashbacks, memories and pain I was going through. She never made me doubt myself, not even once."

ATS Service User



CHILDREN AND YOUNG PEOPLE'S THERAPEUTIC SERVICES (CYP)



Objectives

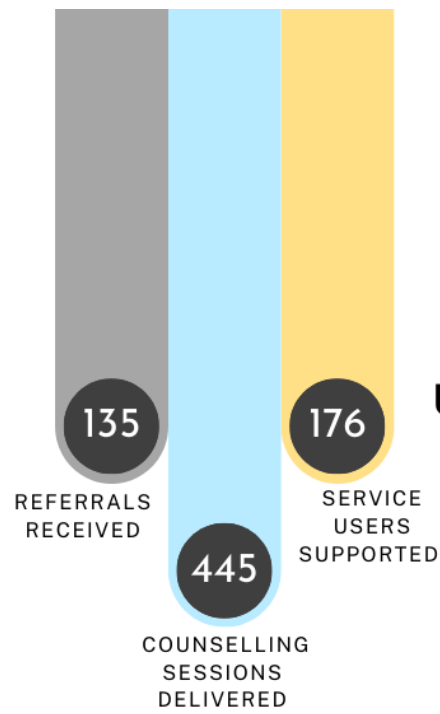
- To support children and young people 18 and under through individual face to face counselling, outreach interventions and group therapies
- To provide specialist support in a safe space for children and young people who have been affected by abuse

Activities

- One to one play therapy, art therapy and counselling sessions
- Creative Arts Therapies to help young people find their voice and develop self-esteem. This is particularly helpful for those who struggle to verbalise their experience and needs
- Bright Stars; a group for young people who have experienced domestic abuse - the group focusses on managing emotions, healthy relationships and interpersonal safety
- Psycho-education to help young people experiencing psychological distress, as a result of their experiences, to process, make sense of and learn to manage problematic emotional reactions and impulses

- We facilitate a service for young people (aged 11-18) who are experiencing confusion, distress or interpersonal difficulties related to Gender Dysphoria (GD). It allows young people to explore Gender Dysphoria together, what it means to them and how it impacts them

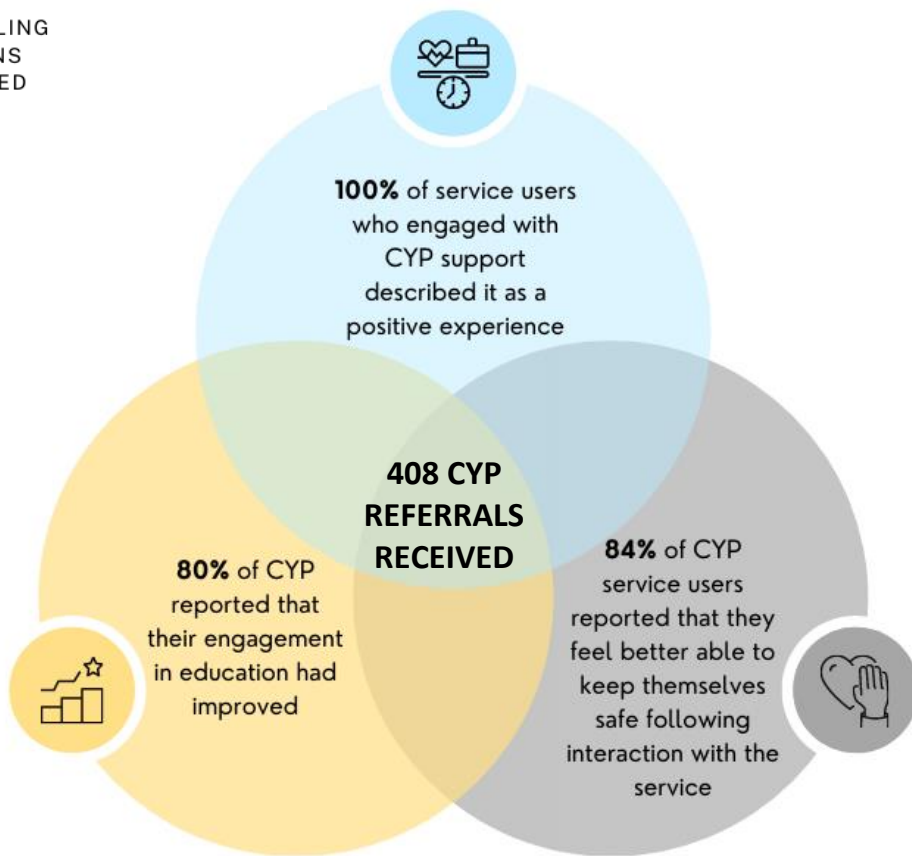
*"You helped me at school, at home, to get better at speaking and behaving, enjoy doing things more, being creative. I loved making art about how I feel."
CYP Service User*



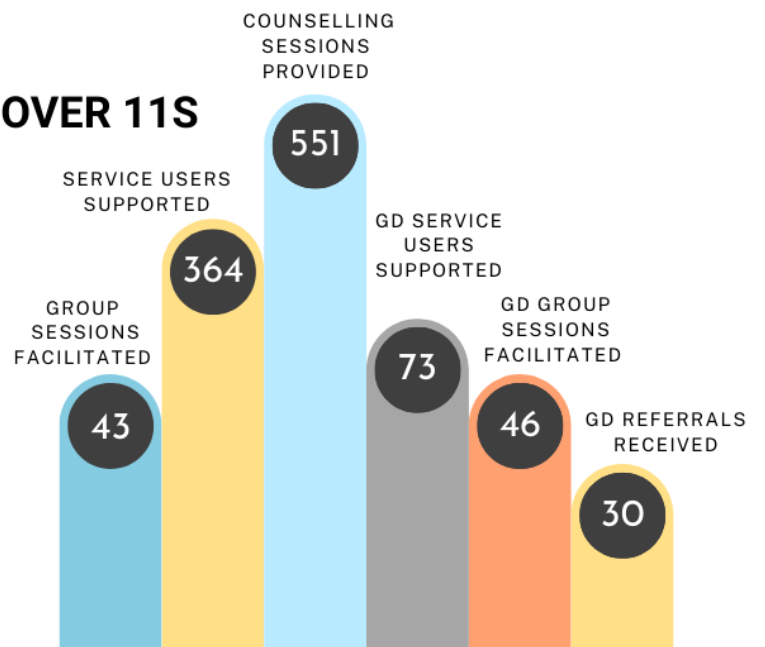
UNDER 11S

Future Plans

- Provide further options for practical and emotional support to children and young people affected by domestic and sexual abuse
- Ensure more children and young people can access the support they need sooner



OVER 11S



FAMILY THERAPY (FT)



We know that domestic and sexual abuse affects not only the individual, but can also have a significant adverse impact on the entire family. Our Family Therapy service is led by our expert therapist.

Objectives

- To support families affected by domestic and sexual abuse to understand the impact of trauma and abuse, strengthen communication and aid recovery together

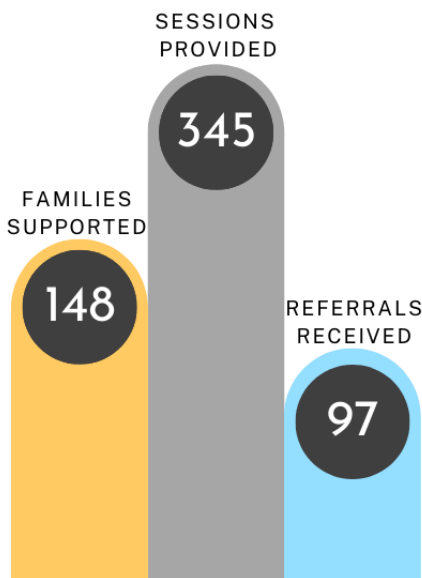
Activities

- Talking therapies to improve communication, address difficult behaviours and set/ maintain boundaries
- The Family Therapy service uses a bespoke outcome measure at the beginning and at the end of the work with families. We measure family functioning and we support the families to identify goals they would like to focus on during their time in therapy

- We were successful at gaining Home Office funding during 2021/22 that will allow us to work with families who are experiencing child on parent abuse in their homes. This funding has been extended and we are looking forward to improving the quality of life for these families

"All the services we had access to were invaluable in helping us get through a time of crisis in our lives. Family therapy allowed us all to have a voice. We each felt that our opinions and feelings were heard and acknowledged. We have learnt more effective ways to communicate and respect each other."

FT Service User



100% OF FAMILIES ARE BETTER ABLE TO MANAGE AND SHOW EMOTIONS/FEELINGS



100% OF FAMILIES SUPPORTED REPORT BEING BETTER ABLE TO MANAGE AND DEAL WITH PROBLEM BEHAVIOURS



TRAUMA FOCUSED INTERVENTIONS (TFI)

In April 2021, we launched our Trauma Focused Interventions service. The team deliver rapid Cognitive Behavioural Therapy (CBT) informed interventions to service users who have experienced sexual abuse/violence.

Objectives

- To work with service users who would otherwise be waiting for access to our traditional therapies, including service users who are at risk of post-traumatic stress disorder as a result of their experiences

Activities

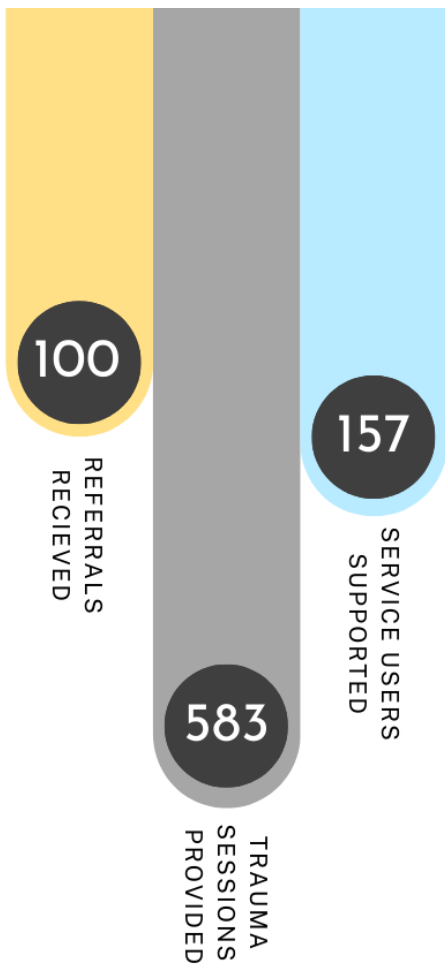
- All service users are contacted within 2 weeks of referral to offer an appropriate trauma informed intervention
- Our trauma informed practitioners offer safety planning, psycho education about physiological, neurological and psychological responses to trauma as well as strategies for managing flashbacks



100% OF SERVICE USERS SUPPORTED REPORTED FEELING HIGHLY SATISFIED WITH THE SERVICE THEY RECEIVED



81% SAW AN IMPROVEMENT IN STRONG NEGATIVE FEELINGS SUCH AS FEAR, HORROR, ANGER, GUILT OR SHAME



- Service users are assisted in overcoming avoidance and in processing trauma related emotions including shame, guilt, loss and anger
- Sessions are designed to fit in with the service users' everyday lives and include space to develop techniques independently, as well as time to co-evaluate progress

Future Plans

- Expand the service to ensure that more service users can access the support they need sooner
- Proactively engage with partners to improve trauma focused work across the county

"Being able to talk to someone about my trauma and being heard by the person who saw me. I found it helpful and the ability to talk openly without being judged was exactly what I needed at the time."
TFI Service User



INDEPENDENT SEXUAL VIOLENCE ADVISORS (ISVA)



The ISVA team offers emotional and practical support to adults and young people aged 11+ following rape or sexual assault. ISVAs offer independent information and advice about next steps following a rape/ sexual assault.

The team support people of all genders and age following rape or sexual assault.

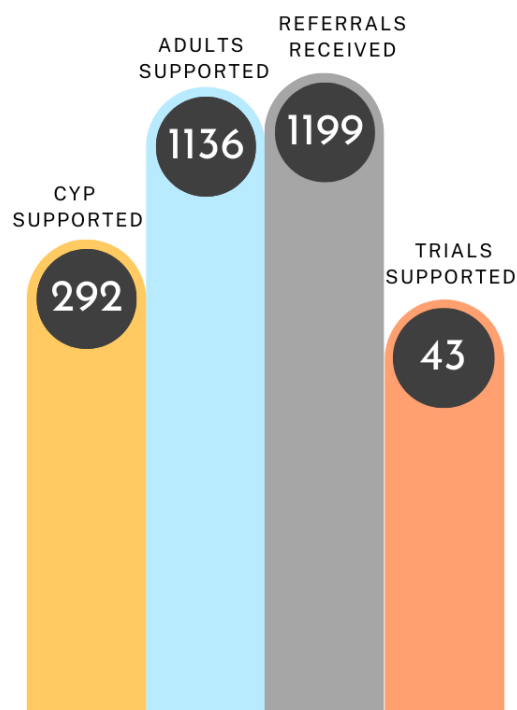
The team work closely alongside Hampshire Constabulary's Teams including the Amberstone and Child Abuse Investigation Teams to support those who choose to report through the criminal justice process.

Objectives

- To support people who have suffered an unwanted sexual experience regardless of when the incident happened

Activities

- The ISVA team provides personalised practical and emotional support
- They give independent advice to help service users make informed choices about what happens next, including whether they want to report to the police and/ or consider health care options available to them



Future Plans

- We were successful in securing the ISVA Contract which will allow us to support all ages and genders across Southampton, Portsmouth and Hampshire for the next seven years



**100% OF SERVICE USERS
WERE HIGHLY SATISFIED
WITH THEIR EXPERIENCE
OF THE SERVICE**



**95% REPORTED THAT
THEY WERE BETTER ABLE
TO MAKE INFORMED
CHOICES THANKS TO THE
ISVA SERVICE**

- We will continue to proactively engage with partners and promote a coordinated and consistent approach for survivors of sexual abuse across the county
- We will continue to build on the specialisms within the team to ensure the service is accessible for all communities

"From a police perspective, Yellow Door provides the perfect blend of support and challenge. They provide an invaluable opportunity to learn from cases, to facilitate communication and build trust with victims, and to challenge assumptions when necessary."
Hampshire Police

DIVERSITY AND INCLUSION ADVOCACY (DIA)



The DIA Service works to help people impacted by or at risk of domestic abuse, sexual abuse or harmful practices by identifying barriers which may prevent them from accessing the help they need. These barriers include (but are not limited to) ethnicity, immigration status, trafficking, learning or physical disabilities, sexuality or gender identity, language or communication needs.

The DIA team also engage with community groups to cascade awareness of rights, the law and how to get help to all those who need it, particularly those who may be marginalised or excluded from mainstream communications or who may not consider the available help as relevant to them.

Objectives

- To address barriers, improve access and promote inclusion by working with service users who may be marginalised or disadvantaged in accessing services



59% INCREASE IN REFERRALS WHEN COMPARED TO 2020/21



87.5% OF PEOPLE FEEL BETTER ABLE TO KEEP SAFE FOLLOWING INTERACTION WITH THE DIA SERVICE

PEOPLE REACHED AT OUTREACH AND EDUCATION EVENTS

1704

AWARENESS RAISING AND OUTREACH SESSIONS DELIVERED

46

SERVICE USERS SUPPORTED

127

REFERRALS RECEIVED

99

Activities

- Tailored 1:1 advocacy and support to reduce risks
- Specialist skills to support people of any age affected by Harmful Practices
- Community group engagement to cascade awareness of rights, the law and how to get help to all those that need it

Future Plans

- Deliver more awareness sessions with diverse communities so we can raise awareness of domestic, sexual abuse and harmful practices
- Reach more children and young people by delivering education sessions on topics including female genital mutilation, forced marriage and honour-based abuse

- Deliver more training to local practitioners on topics including female genital mutilation, forced marriage and honour-based abuse
- Develop and share our expertise on the impact of 'intersectionality' of abuse and protected characteristics
- Work with experts from our diverse communities to develop our services and activities
- Engage with local community leaders and organisations to connect and share expertise and raise awareness of domestic and sexual abuse and our services
- Provide more specialist practitioners and services to respond to needs of people with protected characteristics

CASE STUDY

Lola fled Kenya due to experiencing honour-based abuse, a forced marriage, sexual and physical abuse.

Through sessions with her Yellow Door Advocate, Lola built a relationship of trust and confidence enabling her to access community groups which helped her to feel less isolated and encouraged her to gain volunteer and work experience to find paid work.

Lola was supported to work with a solicitor to clarify her immigration status, her work permit and was also signposted to mental health and alcohol support groups.

"Thank you so much for your help, I really appreciate everything you are doing, I am humbled how you take your time and do all the things you do for me, from the deep of my heart, I am grateful for your kindness."

Lola, DIA Service User





STAR PROJECT

The STAR Project works in mainstream and alternative education settings, youth centres, colleges, universities and other youth environments, engaging children and young people in conversations about safety and healthy relationships. The team delivers creative and tailored workshops that focus on consent, sexting, sexual exploitation, cyber bullying, peer pressure, self-esteem and internet safety. Additionally, STAR acts as a gateway to support children and young people who have subsequently accessed other Yellow Door and partner services.

Throughout the pandemic, the STAR team proactively engaged with local schools and youth settings by adapting their delivery to live online and interactive pre-recorded sessions. Despite school closures the team were still able to reach young people across Southampton and wider parts of Hampshire. The team created a variety of online material which is accessible to all individuals including those from marginalised groups or with additional needs. Because of this, the team managed the transition back into schools with ease.

The project is constantly evolving to address issues arising from publicity around VAWG; the project adapts to educate young people based on their feedback and topical issues.

Objectives

- To increase awareness of the harmful impacts of domestic and sexual abuse and negative stereotypes
- To understand and apply ways of keeping safe



100% OF YOUNG PEOPLE UNDERSTOOD THE IMPORTANCE OF CONSENT IN RELATIONSHIPS



99% WOULD BETTER RECOGNISE THE SIGNS OF GROOMING



99% UNDERSTOOD WHAT A HEALTHY RELATIONSHIP IS



99% UNDERSTOOD THE RISKS OF NUDE IMAGE SHARING



386 DELIVERY HOURS



8565 ATTENDANCES OF YOUNG PEOPLE AT A STAR SESSION

Activities

- Delivers creative and tailored workshops that focus on healthy relationships, sexual consent, sexting, sexual exploitation, cyber bullying, peer pressure, self-esteem and internet safety
- Works closely with schools to reach and engage as many young people as possible. Sessions cover Relationships and Sex Education topics with additional support on mental health, wellbeing and managing anxieties
- Maintains and deliver STAR messages through social media channels such as Instagram and TikTok, which has a very wide reach, making sure the project is relevant and current to children and young people

Future Plans

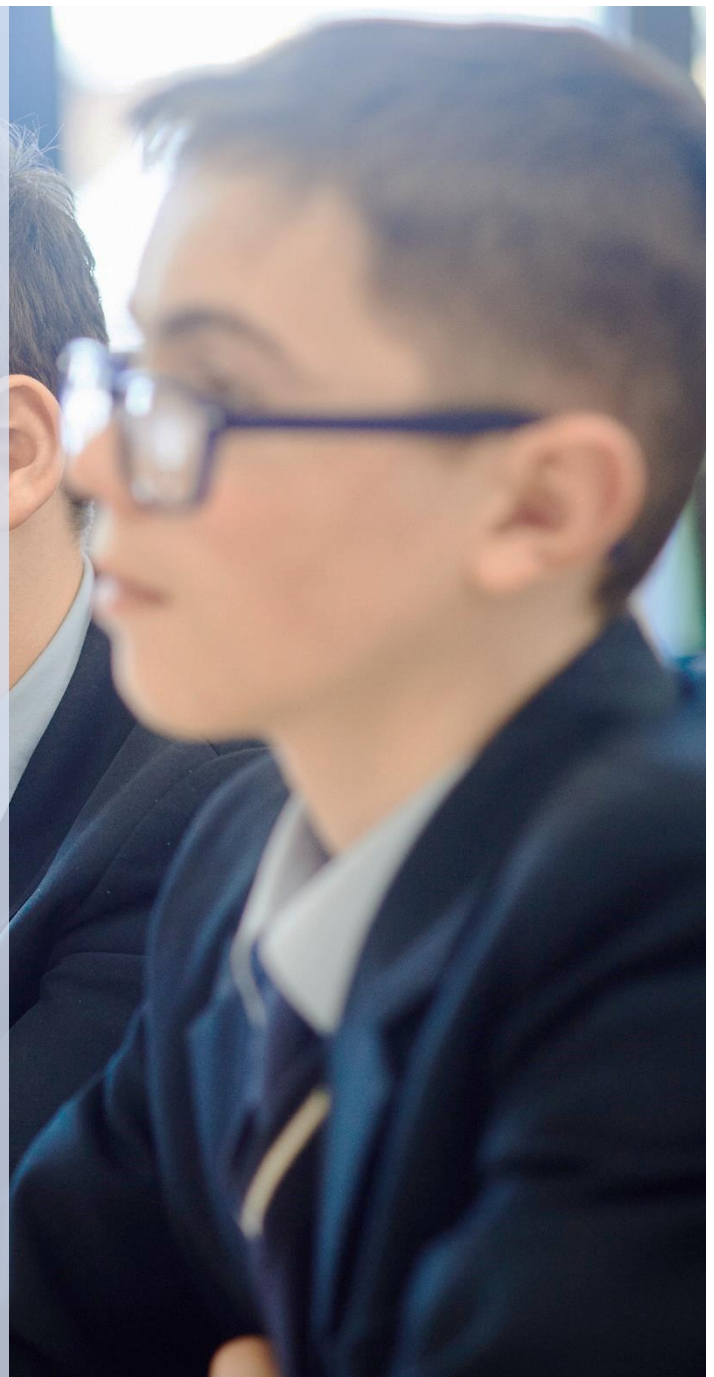
- Extend the STAR Project to reach more children and young people so we can support them to stay safe and develop respectful relationships
- Support the development of the Relationship and Sex Education agenda locally
- Develop prevention projects and activities to respond to VAWG issues, such as sexual harassment, specifically working with young men to support them to create positive and healthy relationships

CASE STUDY

A local college tutor explains the following after a STAR session:

"The student was in a turbulent, abusive relationship and even though the college were intervening and providing support, the student was unable to leave the relationship. The student engaged in the healthy relationships and consent session and following this, with support she felt able to leave the abusive relationship."

The tutor explained that the topics and discussions enabled the student to recognise and acknowledge the relationship she was in was very unhealthy and abusive. The tutor felt that having external facilitators in the college had a much bigger impact on the students rather than internal staff trying to deliver sessions on similar topics. The tutor thanked STAR/ Yellow Door for how impactful and life changing it was for one of the students.



DOMESTIC ABUSE TEAM (DAT)

"You were kind, thoughtful, really listened 'behind' my words to what else was going on. I went from a nervous wreck, crying much of the time, to feeling now like I'm standing on my own two feet and have the confidence to handle whatever may come. Problems remain but how I cope with them has totally changed with your support."

DAT Service User



Objectives

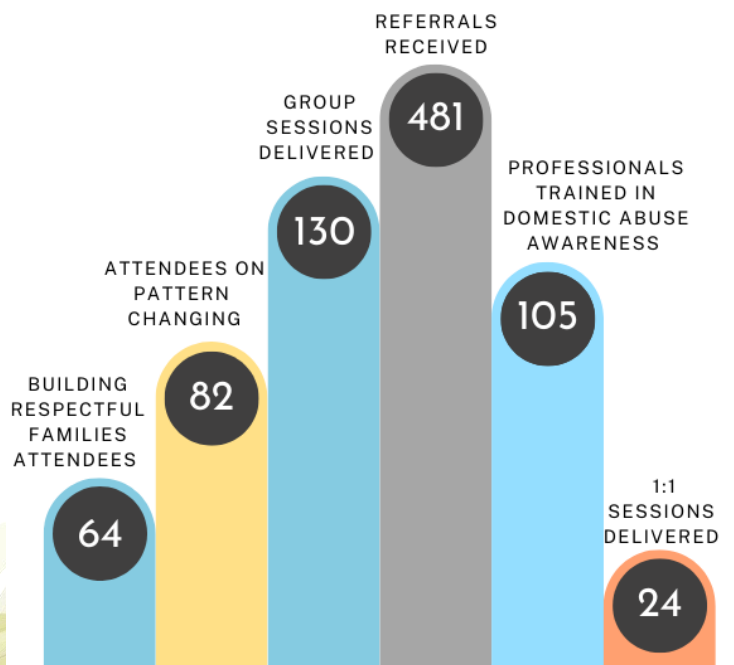
- To facilitate recovery groups for women and children who have experienced domestic abuse
- To offer 1:1 support and an advice line working closely with our Prevention Intervention and Public Protection Alliance (PIPPA) partners

Activities

- Pattern Changing: provides structured group work over 12 weeks for women who have experienced domestic abuse with the aim of rebuilding strength and resilience
- Adverse Childhood Experiences (ACEs) Recovery Toolkit: a 10-week programme that has been written to educate and inform individuals about the impact that ACEs can have
- Building Respectful Families (BRF): aimed at families experiencing adolescent on parent violence

Future Plans

- Increase delivery of domestic abuse training to support early identification and prevent further abuse
- Expand our offer of expert consultancy to organisations that wish to improve their response to domestic and sexual abuse
- Increase the reach of the programmes so they are accessible to the most marginalised/ disadvantaged families



OTHER AREAS OF FOCUS



Volunteering and Communications

In 2021/22 we re-developed the volunteer process. It is now split into two pathways; service user facing and non-service user facing roles. This has provided a clearer and more organised approach when recruiting for specific roles. At the end of March 2022, Yellow Door had 31 volunteers; 11 therapeutic (counsellors) and 20 support volunteers.

The Volunteer & Involvement (V&I) officers streamlined the CPD training into 1 day or 3 evenings to make the induction of volunteers more accessible and efficient. This training is also offered to new staff as well as being mandatory for volunteers.

Yellow Door has worked closely with Solent University to match Social Work students with a placement at Yellow Door. Over the year, we have successfully worked with 2 placement students who were assets to the team. We were able to offer 1 of the students a part-time job after their placement finished.

Having a dedicated V&I team means that Yellow Door can have a stronger presence in the

community at events. This has been valuable and insightful as it gives our staff and volunteers informal and heart-warming feedback from the public who have received our support.

Since the new V&I team started, 3 CPD accredited training courses for 26 volunteers and staff have taken place. This course covers issues such as: introduction to domestic and sexual abuse; confidentiality and data protection; safeguarding; vicarious trauma; diversity and boundaries. The V&I team keep in touch with the volunteers frequently via email, face to face or telephone calls to check in with them and to see if they need any additional support. The volunteers also receive the weekly round-up, an internal communication that staff receive so they are up to date with information. The V&I team have taken over coordinating the helpline.

Communications and Fundraising

Over the last 12 months, Yellow Door's social media has seen significant increases in our follower and engagement numbers across all platforms. By the end of March 2022, we had 3240 followers across Facebook, Instagram, Twitter and LinkedIn. We ran a number of focused campaigns, one of those being Sexual Violence and Abuse Awareness Week (7-13th February 2022). Over the week, we shared 69 posts

on our social media. This reached 52,686 profiles.

We have been very fortunate to have support from individuals and community groups over the last 12 months. For example, Wire Wool Events, a local feminist event organiser, continues to fundraise for us via raffles at their events and also gives us the platform to talk to attendees during the interval about our important service.

We were very lucky to be approached by 'a space arts' who fundraised for Yellow Door by hosting a silent auction on International Women's Day. Art was submitted by local female and non-binary artists. Half of the money raised was donated to Yellow Door. We have also had donations via sponsored runs, raffles and student unions. Thank you to all our supporters for their ongoing support to Yellow Door.

Community Outreach, Training and Consultancy

- Training on FGM, forced marriage and honour-based abuse for professionals including; Hampshire Police, Designated Safeguarding Leads and our Health colleagues
- Participation in other awareness raising events throughout the city, such as Solent and Southampton University Health and Fresher's Events and White Ribbon Day
- Diversity and Inclusion Service developed and co-led Southampton's FGM Zero Tolerance Day Event
- Our ISVA Manager and the ISVA Lead delivered training to staff working across the Crown Prosecution Service (CPS) Wessex region – reaching approximately 50 participants including court managers/ staff and paralegal officers. The objective of the presentation was to raise awareness and understanding of the role of the ISVA in supporting victims through investigations of sexual violence

- STAR hosted the Southampton Relationships and Sex Education (RSE) Forum and liaised with all external agencies to plan and co-ordinate the future delivery of RSE across the city

Collaboration with others

2021/22 was the final year for both our Domestic and Sexual Abuse (DSA) Prevention and Intervention contract in Southampton and the Pan Hampshire and Portsmouth Independent Sexual Violence Advisors (ISVA) contract. Both contracts have been hugely successful.

We were the lead partner for the DSA contract and worked with Aurora New Dawn, No Limits and Southampton Family Trust. Over the contract we received 9,625 referrals, we provided 22,462 individual sessions and 57,648 attendances to STAR Project.

We were also the lead partner for the ISVA contract and have worked with Aurora New Dawn and Basingstoke Rape and Sexual Abuse Counselling Centre to ensure a consistent county wide approach, delivering the highest quality specialist support to victims and survivors. ISVA received 5,457 adult referrals during the contract.

During the 2021/22 financial year, we were successful at tendering for new contracts in both of these areas and 2022/23 will see us partnering with STOP Domestic Abuse for DVSA and we are leading the Hampshire contract for ISVA.

We are delighted to say that the number of corporate partners supporting us is growing and the contribution they make to our service and our service users is invaluable. A huge thank you to Gentian and Honey & Harvey for their ongoing support and commitment to Yellow Door.

A further thank you to Lisa Bretherick (www.lisaimages.com) who has taken all of the photographs used in this report.

Our Profile

Through our efforts to improve our profile in the area, we have seen an increased presence and references in both mainstream and social media, thus raising awareness of our services. For example, our Therapeutic Manager shared his experience as a male working in the sector for the last 8 years, and how men and boys can be allies against sexual harassment of women and girls.

Yellow Door wants to share the message that violence against women and girls is not 'just a fact of life'. We are here to listen to and support anyone who has been impacted by domestic and/or sexual abuse locally.

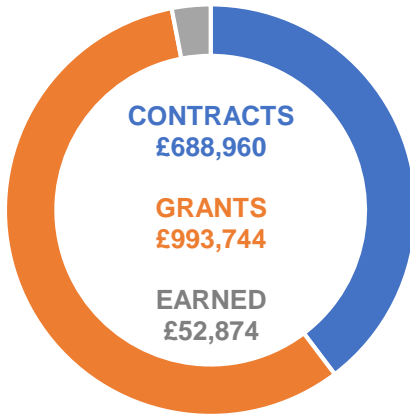
When asked "what is your advice to men about how to help women and how to be their ally?" the Therapeutic Manager replied "My advice would be: talk to your female friends and see what they need and want. Until we all (and I mean humanity, irrespective of gender) start to have a conversation that it's not okay to be violent against women and girls, then the problems are going to continue."

You can watch the interview on our website here [ITV News Meridian Interview - Yellow Door](#)

Our CEO had the privilege of speaking at the Southampton VAWG Conference in February 2022. The event was attended by a wide range of partners across the statutory and voluntary sector raising awareness of key issues and developments in preventing and responding to VAWG.



FINANCIAL REVIEW



Income received was £1,735,578 (2021 - £1,671,121) and resources expended totalled £1,576,545 (2021 - £1,344,920) resulting in an overall surplus for the year of £159,033 (2021 - £326,201).

During the year ended 31 March 2022, we have continued our concerted focus on diversifying our income streams alongside reviewing our on-going costs management. We wanted to continue to deliver and grow the much-needed quality support and education services to our community which we believe is evidenced within this report. We have been very fortunate that individuals and businesses have made generous donations to Yellow Door, as well as those who have taken part in fundraising activities, which have generated further unrestricted funding.

Yellow Door continues to provide a number of contracts of which, two involve sub-contracting some elements to partners for their specialisms. The Board of Trustees is satisfied with the outcome for the year.

RESERVES

At 31 March 2022, the charity had total reserves of £954,228 (2021: £795,195) and total bank and cash balances of £765,391 (2021: £704,077). Fund balances totalling £nil (2021: £nil) were restricted. These funds are amounts given for specific purposes and projects.

Fund balances totalling £213,976 (2021: £32,087) were designated. More information on designations can be found in Note 16: Analysis of Charitable Funds

Unrestricted general funds amount to £740,252 (2021: £763,108) and free reserves total £458,558 (2021: £482,492). Free reserves are calculated after deducting the amount of reserves which could only be realised by disposing of fixed assets.

Yellow Door holds reserves predominantly to mitigate against the risk of a decline in income. Holding an appropriate level of reserves means that the charity would be able to continue the current activities of Yellow Door in the event of a significant drop in funding. The reserves held will allow sufficient time to secure replacement funding or consider a change or reduction in activities. Our reserves policy considers the level of committed income already secured for future years and the timescale over which our contracts operate.

Our policy is to maintain free reserves equating to 3 to 6 months-worth of expenditure. Over time our free reserves have increased and this has put us in a stronger financial position.

At current levels of expenditure, this target level of free reserves is considered to be between £346k - £691k. Free reserves at the year-end of £458,558 are in line with this target.

INVESTMENT POLICY

The Board of Trustees does not consider it prudent, at this stage, to invest income for the longer term. Its policy for investment is therefore to retain funds as cash and place them on bank deposit at the best rate obtainable.

FUNDRAISING PRACTICES

A designated member of the team assists in the co-ordination of fundraising events and activities with our supporters. Yellow Door does not use professional fundraisers or involve commercial participators. We are not part of any voluntary schemes or standards for regulating fundraising. It is made clear to any supporters who raise funds that they are acting "in aid of" Yellow Door and not "on behalf of". There have been no complaints about fundraising activity during the year. Yellow Door does not undertake any direct marketing for the purposes of fundraising in order to ensure that there is no

unreasonable intrusion, persistent approaches or undue pressure. Third party fundraisers are given clear instructions that they must also abide by these guidelines.

RESPONSIBILITIES OF THE BOARD OF TRUSTEES

Yellow Door Board of Trustees (trustees for the purposes of charity law and directors for the purposes of company law) is responsible for preparing an annual report and Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). Company law requires the Board of Trustees to prepare Financial Statements for each financial period, which give a true and fair view of the state of the affairs of Yellow Door as at the Balance Sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial period. In preparing those Financial Statements the Board of Trustees is required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP (FRS102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained the Financial Statements; and
- prepare the Financial Statements on the going concern basis unless it is inappropriate to assume that the charitable company will continue on that basis.

The Board of Trustees is responsible for maintaining proper accounting records which disclose, with reasonable accuracy at any time, the financial position of the charitable company and to enable them to ensure that the Financial Statements comply with the Companies Act 2006. The Board of Trustees is also responsible for safeguarding the assets of the charitable company and, hence, for taking reasonable steps for the prevention and detection of fraud and other irregularities.

MEMBERS OF THE BOARD OF TRUSTEES

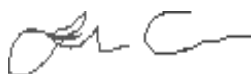
Members of the Board of Trustees who served during the period and up to the date of this report are set out on page 4. In accordance with company law, as the charitable company's directors, we certify that:

- so far as we are aware, there is no relevant audit information of which the charitable company's auditors are unaware; and
- as the directors of the charitable company, we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant audit information and to establish that the charitable company's auditors are aware of that information

BASIS OF ACCOUNTING

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies' exemption under the Companies Act 2006.

Approved by the Board of Trustees on 03/11/2022 and signed on its behalf by:



Julie Greer
Chair



Catherine Brook
Trustee

INDEPENDENT AUDITOR'S REPORT

To the Members of Yellow Door (Solent)

OPINION

We have audited the financial statements of Yellow Door (Solent) (the 'charitable company') for the year ended 31 March 2022 which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

BASIS FOR OPINION

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

CONCLUSIONS RELATING TO GOING CONCERN

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

OTHER INFORMATION

The other information comprises the information included in the Trustees annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

OPINIONS ON OTHER MATTERS PRESCRIBED BY THE COMPANIES ACT 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the Trustees' report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Trustees' report has been prepared in accordance with applicable legal requirements.

MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of Trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

RESPONSIBILITIES OF TRUSTEES

As explained more fully in the trustees' responsibilities statement, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

AUDITOR'S RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: <http://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

EXTENT TO WHICH THE AUDIT WAS CONSIDERED CAPABLE OF DETECTING IRREGULARITIES, INCLUDING FRAUD

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above and on the Financial Reporting Council's website, to detect material misstatements in respect of irregularities, including fraud.

We obtain and update our understanding of the entity, its activities, its control environment, and likely future developments, including in relation to the legal and regulatory framework applicable and how the entity is complying with that framework. Based on this understanding, we identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain

audit evidence that is sufficient and appropriate to provide a basis for our opinion. This includes consideration of the risk of acts by the entity that were contrary to applicable laws and regulations, including fraud.

In response to the risk of irregularities and non-compliance with laws and regulations, including fraud, we designed procedures which included:

- Enquiry of management and those charged with governance around actual and potential litigation and claims as well as actual, suspected and alleged fraud;
- Reviewing minutes of meetings of those charged with governance;
- Assessing the extent of compliance with the laws and regulations considered to have a direct material effect on the financial statements or the operations of the company through enquiry and inspection;
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations;
- Performing audit work over the risk of management bias and override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the business rationale of significant transactions outside the normal course of business and reviewing accounting estimates for indicators of potential bias.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

USE OF OUR REPORT

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members, as a body, for our audit work, for this report, or for the opinions we have formed.

Adam Wilson FCA (Senior Statutory Auditor)
For and on behalf of Azets Audit Services

Secure House
Lulworth Close
Chandlers Ford
Southampton
Hampshire
SO53 3TL

STATEMENT OF FINANCIAL ACTIVITIES

(INCORPORATING INCOME AND EXPENDITURE ACCOUNT)

FOR THE YEAR ENDED 31ST MARCH 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOME					
Donations and legacies	2	49,232	22,500	71,732	170,955
Income from Gift Aid	2	2,456	-	2,456	-
Charitable activities:					
Counselling		205,654	256,814	462,468	453,808
Partnerships		146,658	47,004	193,662	100,500
Education and Outreach		39,366	85,252	124,618	92,654
ISVA		226,565	280,803	507,368	446,137
Gender Dysphoria		5,250	14,969	20,219	6,150
Family Therapy		17,772	53,864	71,636	64,487
Diversity and Inclusion Service		26,695	105,305	132,000	117,709
Domestic Abuse Team		21,000	113,003	134,003	201,982
	3	<u>688,960</u>	<u>957,014</u>	<u>1,645,974</u>	<u>1,483,427</u>
Other trading activities	4	15,360	-	15,360	8,058
Investments	5	56	-	56	65
Other income (CIRS)		-	-	-	8,616
TOTAL INCOME		<u>756,064</u>	<u>979,514</u>	<u>1,735,578</u>	<u>1,671,121</u>
EXPENDITURE					
Fundraising expenditure		21,477	-	21,477	31,810
Charitable activities		575,554	979,514	1,555,068	1,313,110
TOTAL EXPENDITURE	6	<u>597,031</u>	<u>979,514</u>	<u>1,576,545</u>	<u>1,344,920</u>
NET INCOME		159,033	-	159,033	326,201
TRANSFERS BETWEEN FUNDS		-	-	-	-
NET MOVEMENT IN FUNDS FOR THE YEAR		<u>159,033</u>	<u>-</u>	<u>159,033</u>	<u>326,201</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		795,195	-	795,195	468,994
Total funds carried forward		<u>954,228</u>	<u>-</u>	<u>954,228</u>	<u>795,195</u>

The Statement of Financial Activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

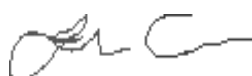
BALANCE SHEET

AS AT 31ST MARCH 2022

	Notes	2022		2021	
		£	£	£	£
FIXED ASSETS					
Tangible fixed assets	10		<u>698,524</u>		<u>718,972</u>
TOTAL FIXED ASSETS			698,524		718,972
CURRENT ASSETS					
Debtors	11	60,784		46,554	
Cash at bank and in hand		<u>765,391</u>		<u>704,077</u>	
TOTAL CURRENT ASSETS		826,175		750,631	
LIABILITIES					
Creditors: Amounts falling due within one year	12	<u>(175,804)</u>		<u>(257,275)</u>	
NET CURRENT ASSETS			<u>650,371</u>		<u>493,356</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			1,348,895		1,212,328
CREDITORS: Amounts falling due after more than one year	14		<u>(394,667)</u>		<u>(417,133)</u>
NET ASSETS	18		<u>954,228</u>		<u>795,195</u>
THE FUNDS OF THE CHARITABLE COMPANY	17				
Unrestricted income funds					
- General funds			740,252		763,108
- Designated funds			213,976		32,087
Restricted income funds			<u>-</u>		<u>-</u>
TOTAL CHARITABLE COMPANY FUNDS			<u>954,228</u>		<u>795,195</u>

The notes on pages 40 to 51 form part of these Financial Statements.

Approved by the Board of Trustees on 3rd November 2022 and signed on their behalf by:



Julie Greer
Chair



Catherine Brook
Trustee

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31ST MARCH 2022

	Notes	2022 £	2021 £
CASH FLOWS FROM OPERATING ACTIVITIES			
Net cash provided by operating activities	21	<u>85,741</u>	<u>365,828</u>
CASH FLOWS FROM INVESTING ACTIVITIES			
Purchase of fixed assets		<u>(2,902)</u>	<u>(13,403)</u>
NET CASH (USED IN) INVESTING ACTIVITIES		<u>(2,902)</u>	<u>(13,403)</u>
CASH FLOWS FROM FINANCING ACTIVITIES			
Repayment of borrowing		<u>(21,525)</u>	<u>(19,994)</u>
NET CASH USED BY FINANCING ACTIVITIES		<u>(21,525)</u>	<u>(19,994)</u>
Change in cash and cash equivalents in the year		61,314	332,431
Cash and cash equivalents at the beginning of the year		<u>704,077</u>	<u>371,646</u>
Cash and cash equivalents at the end of the year	22	<u>765,391</u>	<u>704,077</u>

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31ST MARCH 2022

1. ACCOUNTING POLICIES

Charity Information

Yellow Door (Solent) is a charitable company established under its Memorandum and Articles of Association and registered with the Charity Commission and Companies House in England and Wales. The principal address is 30 Brookvale Road, Southampton, SO17 1QR. The charitable company is a public benefit entity.

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the Financial Statements are as follows:

(a) Basis of Preparation

The Financial Statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their Financial Statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) – (Charities SORP (FRS102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The Financial Statements are prepared in sterling, which is the functional currency of the charitable company. Monetary amounts are rounded to the nearest £.

(b) Income

All income is included in the Statement of Financial Activities when the charitable company is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Donations and legacies are received by way of donations and gifts and are included in full in the Statement of Financial Activities when receivable.
- Donated services and facilities are included at the value to the charitable company where this can be quantified and reliably measured. In accordance with the Charities SORP (FRS 102), volunteer time is not recognised, for more information about their contribution refer to the Trustees' Report.
- Investment income is included when receivable.
- Income from charitable trading activities is accounted for when earned.
- Income from grants, where related to performance and specific deliverables, is accounted for as the charitable company earns the right to consideration by its performance.
- Income is deferred where either the income relates to a future accounting period or where income is received for delivery of a service and that service has not been fully delivered at the year end. In these circumstances, the income is recognised in line with the service delivery and any excess is deferred.

(c) Expenditure

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes VAT as the charitable company is not VAT registered and is reported as part of the expenditure to which it relates.

Costs of raising funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes.

Expenditure on charitable activities comprises those costs incurred by the charitable company in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and their associated support and governance costs.

Support costs are those functions that assist the work of the charitable company but do not directly undertake the charitable activities. These costs have been allocated between the expenditure categories of the Statement of Financial Activities on a basis designed to reflect the use of the resource and are apportioned on an appropriate basis e.g. floor areas, per capita or estimated usage.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charitable company and include the audit fees and costs linked to the strategic management of the charitable company.

(d) Tangible Fixed Assets

Tangible assets are measured at cost less accumulated depreciation and any accumulated impairment losses.

Fixed assets costing more than £500 are capitalised at cost.

Depreciation is provided at the following annual rates in order to write-off each asset over its estimates useful economic life:

Freehold property	2%	Straight line basis
Office equipment	15%	of net book value
Computer equipment	25%	Straight line basis

(e) Debtors

Trade and other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid net of any trade discount due.

(f) Cash at Bank and in Hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

(g) Creditors and Provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

(h) Operating Leases

Rentals payable under operating leases are charged to the Statement of Financial Activities evenly over the period of the lease.

(i) Pension Costs

The charitable company makes pension contributions to employees' pension schemes. The charge for the year represents contributions payable in the year.

(j) Taxation

The charitable company is exempt from Corporation Tax on its charitable activities.

(k) Fund Accounting

Unrestricted funds consist of the general purposes fund and designated funds.

Designated funds are funds established by the Board of Trustees from time to time for specific projects or purposes, are not in any way restricted and any surplus or deficit will be transferred to/from the general purposes fund when the designated fund is closed.

Restricted funds are funds subject to specific restrictions imposed by donors or by the purposes of the appeal. The purpose and use of designated and restricted funds is set out in the notes to the Financial Statements.

(l) Donated Services

Donated services and facilities are included at the value to the charitable company where this can be quantified.

(m) **Financial Instruments**

The charitable company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

(n) **Deferred Income**

Income is deferred where the charity is not yet entitled to the use of the resources. When the pre-conditions for use are met then the income is released.

(o) **Significant Judgements and Estimates**

Preparation of the Financial Statements may require management to make significant judgements and estimates. There are no items in the Financial Statements where judgements and estimates would have a significant effect on amounts recognised in the Financial Statements.

2. DONATIONS AND LEGACIES

	Unrestricted	Restricted	2022	2021
	£	£	Total funds	Total funds
			£	£
Gifts and donations	49,232	22,500	71,732	170,955
Income from Gift Aid	2,456	-	2,456	-
	<u>51,688</u>	<u>22,500</u>	<u>74,188</u>	<u>170,955</u>

In 2021 donations and legacies received of £154,482 were unrestricted. Funds of £16,473 were restricted.

There were no donations in kind received in 2022 or 2021.

3. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted	Restricted	2022 Total funds	2021 Total funds
	£	£	£	£
Southampton City Council – DSA contract	428,000	-	428,000	393,562
Hampshire County Council – ISVA Contract	121,490	-	121,490	117,926
Hampshire County Council – Adult Services	68,048	-	68,048	64,505
NHS - Male ISVA	41,422	-	41,422	59,833
Southampton City Council – CAMHS	30,000	-	30,000	30,000
Hampshire & IOW Police and Crime Commissioner - additional ISVA	-	270,738	270,738	73,095
OPCC - Safer Communities Fund	-	164,250	164,250	-
Big Lottery, Reaching Communities	-	111,880	111,880	107,679
NHS Hampshire	-	97,973	97,973	-
OPCC - Omicron	-	38,000	38,000	-
Children in Need	-	36,933	36,933	62,153
OPCC - Trauma Informed Practitioner	-	35,000	35,000	-
Blagrove Foundation	-	33,900	33,900	40,000
OPCC - Police Trauma Practitioners	-	30,559	30,559	-
Peter Harrison	-	30,000	30,000	-
OPCC - Perpetrator Programmed Fund	-	28,884	28,884	-
Global Make Some Noise	-	25,000	25,000	50,000
OPCC - Male Therapy	-	20,897	20,897	-
Hampshire County Council – Supporting Families re COVID	-	15,000	15,000	4,400
STAR Violence Reduction Unit	-	10,000	10,000	-
New Forest District Council	-	5,000	5,000	5,000
NHS Surrey	-	2,000	2,000	-
Other - Grants	-	1,000	1,000	-
Police and Crime Commissioner	-	-	-	126,223
Hampshire & IOW Police and Crime Commissioner/MOJ - Covid	-	-	-	122,928
NHS - COVID ISVA	-	-	-	82,206
National Lottery - COVID	-	-	-	58,400
Hampshire & IOW Police and Crime Commissioner - transition fund	-	-	-	29,941
NHS - Winter Pressure Funding	-	-	-	20,000
Pathfinder	-	-	-	15,000
HloWCF - DA Elder Abuse	-	-	-	7,500
HloWCF Covid Emergency	-	-	-	5,644
The Edward Gosling Foundation	-	-	-	5,000
CAF - Coop	-	-	-	2,422
	688,960	957,014	1,645,974	1,483,417

The charitable company has entered into service agreement contracts with government bodies and local authorities to provide the various services and specific deliverables that the charitable company provides.

The amounts received and the relevant bodies are listed above. There are no unfulfilled conditions and/or other contingencies attaching to the grants that have been recognised in income.

In 2021, of the income from charitable activities of £1,483,417, £682,648 was unrestricted and £800,769 was restricted.

4. OTHER TRADING ACTIVITIES

	Unrestricted	Restricted	2022	2021
	£	£	Total funds	Total funds
			£	£
Rental income	5,527	-	5,527	5,438
Training Fees and supervision	9,833	-	9,833	2,620
	<u>15,360</u>	<u>-</u>	<u>15,360</u>	<u>8,058</u>

In 2021, all of the other trading activities income of £8,058 was unrestricted.

5. INVESTMENTS

	Unrestricted	Restricted	2022	2021
	£	£	Total funds	Total funds
			£	£
Bank interest receivable	56	-	56	65
	<u>56</u>	<u>-</u>	<u>56</u>	<u>65</u>

In 2021, the income from investments of £65 was unrestricted.

6. ANALYSIS OF EXPENDITURE

	Counselling	Family Therapy	Diversity & Inclusion	Domestic Abuse Team (DAT)	ISVA	STAR	GD	Partnerships	2022 Total funds	2021 Total funds
	£	£	£	£	£	£	£	£	£	£
Direct staff costs	389,744	60,685	123,234	119,417	346,887	83,494	22,371	-	1,145,833	900,944
Supervision and consultancy	31,472	3,010	-	-	2,610	-	3,829	-	40,921	24,130
Training, recruitment and staff costs	3,358	452	1,131	4,012	26,990	1,188	77	-	37,208	35,792
Partnership payments	-	-	-	-	-	-	-	193,662	193,662	173,991
Support costs	50,312	8,681	19,048	17,085	38,129	12,108	1,679	-	147,042	202,713
Governance costs	4,039	713	1,663	1,253	3,089	1,004	119	-	11,880	7,350
	<u>478,925</u>	<u>73,540</u>	<u>145,076</u>	<u>141,767</u>	<u>417,705</u>	<u>97,795</u>	<u>28,074</u>	<u>193,662</u>	<u>1,576,545</u>	<u>1,344,920</u>

The expenditure in 2022 of £1,576,545 (2021: £1,344,920) comprised £597,031 of unrestricted funds (2021: £519,868) and £979,514 of restricted funds (2021: £825,052).

7. ANALYSIS OF SUPPORT AND GOVERNANCE COSTS

The charitable company identifies the costs of its support functions. It then identifies those costs which relate to the governance function. Having identified its governance costs, the remaining support costs together with the governance costs are apportioned between the key charitable activities undertaken (see note 6) in the year. Refer to the table below for the basis for apportionment and the analysis of support and governance costs.

	General support £	Governance £	Total funds £	Basis of Appointment
Fundraising costs	21,477	-	21,477	Allocated on time
Premises	15,141	-	15,141	Usage
Office costs	51,394	-	51,394	Usage
Depreciation	23,350	-	23,350	Usage
Audit and accountancy	9,372	11,880	21,252	Governance
Sundry expenses	62	-	62	Usage
Professional fees	7,870	-	7,870	Usage
Bank interest and charges	18,376	-	18,376	Usage
	147,042	11,880	158,922	

8. NET INCOME FOR THE YEAR

	2022 £	2021 £
This is stated after charging:		
Operating leases	2,868	1,600
Depreciation	23,350	17,931
Auditors remuneration	9,850	7,350

9. ANALYSIS OF STAFF COSTS, TRUSTEE REMUNERATION AND EXPENSES AND THE COST OF KEY MANAGEMENT PERSONNEL

	2022 £	2021 £
Salaries and other costs	1,033,470	814,164
Social security costs	80,828	53,335
Pension costs	31,536	33,445
	1,145,834	900,944

The average number of employees during the year was:

50	40
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The number of full-time staff during the year was 22 (2021: 15) and part-time staff was 28 (2021: 25).

Full-time equivalent staff numbers during the year were 38 (2021: 28).

No employee was paid more than £60,000 during the year (2021: £nil).

No payments were made to Trustees by way of remuneration or expenses during the year (2021: £nil).

The employee benefits of the key management personnel total £247,957 (2021: £218,700).

10. TANGIBLE FIXED ASSETS

	Freehold Property £	Office Equipment £	Total £
Cost			
At 1 April 2021	772,998	35,463	808,461
Additions	-	2,902	2,902
Disposals	-	-	-
As at 31 March 2022	<u>772,998</u>	<u>38,365</u>	<u>811,363</u>
Depreciation			
At 1 April 2021	77,292	12,197	89,489
Charge for the year	15,456	7,894	23,350
Eliminated on disposal	-	-	-
As at 31 March 2022	<u>92,748</u>	<u>20,091</u>	<u>112,839</u>
Net Book Values			
As at 31 March 2022	<u>680,250</u>	<u>18,274</u>	<u>698,524</u>
As at 31 March 2021	<u>695,706</u>	<u>23,266</u>	<u>718,972</u>

11. DEBTORS

	2022 £	2021 £
Trade debtors	57,070	38,670
Prepayments	3,714	7,884
	<u>60,784</u>	<u>46,554</u>

12. CREDITORS: Amounts falling due within one year

	2022	2021
	£	£
Secured bank loans	22,163	21,222
Trade creditors	34,170	56,865
Accruals	9,850	7,300
Deferred income	80,525	131,602
Taxation and social security	28,838	20,841
Other creditors	258	19,445
	<u>175,804</u>	<u>257,275</u>

13. MOVEMENTS IN DEFERRED INCOME

	2022	2021
	£	£
Deferred income at 1 April 2021	131,602	143,963
Resources released from previous year	(131,602)	(143,963)
Resources deferred in the year	80,525	131,602
	<u>80,525</u>	<u>131,602</u>

Deferred income has been recognised on grants received in the year where the criteria has not yet been met.

14. CREDITORS: Amounts falling due after more than one year

	2022	2021
	£	£
Secured bank loans (less than 5 years)	98,899	94,694
Secured bank loans (Over 5 years)	295,768	322,439
	<u>394,667</u>	<u>417,133</u>

The bank loans are secured on the freehold property which has a carrying value of £680,250.

During the year to 31 March 2016 the charitable company took out two loans with Lloyds Bank plc in order to purchase the freehold property.

The first loan of £180,000 is repayable over 20 years. It has a variable rate of interest of Base + 2.9% per annum. The second loan of £352,600 is repayable over 20 years. It carries a fixed rate of interest of 4.72%.

15. OPERATING LEASES

At 31 March 2022 the charitable company had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2022 £	2021 £
Due within one year	2,562	-

16. ANALYSIS OF CHARITABLE FUNDS

	At 01.04.2021 £	Incoming resources £	Outgoing resources £	Transfers £	At 31.03.2022 £
Analysis in movements in unrestricted funds					
General funds	763,108	756,064	(597,031)	(181,889)	740,252
Designated funds:					
IT Fund	9,498	-	-	-	9,498
Property fund	22,589	-	-	-	22,589
Therapy Sessional Hours	-	-	-	40,889	40,889
Therapeutic Services	-	-	-	65,000	65,000
Trauma Services	-	-	-	26,000	26,000
Building Development	-	-	-	50,000	50,000
Total unrestricted funds	795,195	756,064	(597,031)	-	954,228
Analysis of movement in restricted funds					
STAR Project	-	85,252	(85,252)	-	-
ISVA	-	280,803	(280,803)	-	-
Gender Dysphoria	-	14,969	(14,969)	-	-
Counselling	-	310,678	(310,678)	-	-
Diversity and inclusion service	-	105,305	(105,305)	-	-
Domestic Abuse Team	-	113,003	(113,003)	-	-
National Lottery – Reaching Communities	-	22,500	(22,500)	-	-
Partnerships	-	47,004	(47,004)	-	-
Total restricted funds	-	979,514	(979,514)	-	-
Total Funds	795,195	1,735,578	(1,576,545)	-	954,228

Unrestricted Funds

Unrestricted funds comprise those funds which trustees are free to use in accordance with the charitable objectives.

Designated Funds

The Board of Trustees have designated the following funds:

- Brought forward:
 - A fund for information and technology cost
 - A fund for property renovations and repairs
- New designations during the year:
 - A fund for additional therapy sessional hours to help meet demand
 - A fund for all Therapeutic Services to help meet demand
 - A fund for Trauma Services to help meet demand
 - A fund for Building Development to develop the garage into a usable delivery space

Restricted Funds

Restricted funds are funds which have been given for particular purposes and projects. The restricted funds must be used for the specific purpose as laid down by the donor.

The restricted funds are:

- | | |
|-----------------------------------|--|
| - STAR Project | - An education and outreach project which works with young people and adults to raise awareness of domestic and sexual abuse and topics linked to healthy relationships |
| - ISVA | - The Independent Sexual Violence Advisors (ISVA) offer a confidential, non-judgemental advocacy service and criminal justice support service networking with the Police and other agencies for people who have experienced sexual abuse/ violence |
| - Gender Dysphoria | - The Gender Dysphoria group is a therapeutic group for young people who are experiencing significant difficulties in relation to their gender and/or sexual identity. |
| - Counselling | - Provides therapeutic services for those affected by rape/sexual assaults either one to one, in groups or on an outreach basis regardless of age and/or gender. |
| - Diversity and Inclusion Service | - Delivers person centred specialist advocacy with people who are marginalised/ disadvantaged due to language, disability, ethnicity, sexuality, gender. Helping them to access domestic and sexual abuse support. |
| - Domestic Abuse Team | - Offering specialist support for women, children, young people and families who have experienced domestic abuse, including services such as Pattern Changing programmes and Adverse Childhood Experiences (ACE) Recovery Toolkits. |
| - Partnerships | - We partner with specialist local organisations to meet the varying needs of service users |

17. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	General funds £	Designated funds £	Restricted funds £	Total funds £
Tangible fixed assets	698,524	-	-	698,524
Net current assets/(liabilities)	436,395	213,976	-	650,371
Creditors of more than one year	(394,667)	-	-	(394,667)
Total Funds	<u>740,253</u>	<u>213,976</u>	<u>-</u>	<u>954,228</u>

18. RELATED PARTY TRANSACTIONS

There were no related party transactions that require disclosure arising in the year to 31 March 2022 (2021: £nil).

19. TAXATION

As a registered charity, the income is generally exempt from Corporation Tax under Section 478 of the Corporation Taxes Act 2010 by reason of its charitable objectives and activities.

20. LEGAL STATUS OF THE CHARITABLE COMPANY

The charitable company is limited by guarantee and has no share capital. The liability of each committee member, in the event of winding-up is limited to £1.

21. RECONCILIATION OF NET INCOME/EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2022 £	2021 £
Net income/(expenditure) for the year (as per the Statement of Financial Activities)	159,033	326,201
Adjustments for:		
Depreciation charges	23,350	17,931
(Increase)/Decrease in debtors	(14,230)	(1,587)
Increase/(Decrease) in creditors	(82,412)	23,283
Net cash (used in)/provided by operating activities	<u>85,741</u>	<u>365,828</u>

22. ANALYSIS OF CASH AND CASH EQUIVALENTS – CHANGES IN NET FUNDS / (DEBT)

	2021 £	Cashflows £	2022 £
Cash at bank and in hand	704,077	61,314	765,391
Borrowings excluding overdrafts	(438,355)	21,525	(416,830)
	<u>265,722</u>	<u>82,839</u>	<u>348,561</u>