

ANNUAL REPORT

FOR THE YEAR
ENDED 31ST MARCH
2023

Report of the Board of Trustees and
Financial Statements

20
23





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FOREWORD

Julie writes: 'I am sure you will be as impressed as I am when you read of the work of our Yellow Door team over the twelve months of this report, to March 2023. This was the first year of my direct involvement with Yellow Door and as each month passed I gained a better understanding of the scale of the Charity's commitment and the scope and diversity of our work. The case studies and voices of service users within this report are both difficult to read at times but also heart-warming. Their narratives are testimony to the skills of our CEO, Nicci, and her team of staff and volunteers. They have reached so many people and made such a difference during the year. It is a privilege to Chair this Board of dedicated and knowledgeable Trustees, who give their time and expertise freely to ensure the smooth running of the Charity'



Nicci King

Chief Executive Officer

Nicci writes: Reflecting on the year makes me feel incredibly proud of everything that has been achieved by our highly skilled and dedicated team of staff and volunteers. Due to the continued increase in demand for domestic and sexual abuse support we have worked hard to increase our income so we can help meet the needs of our local community. We are continuously striving to improve accessibility to Yellow Door's wide range of services, so that the most marginalised people can access the support they need.

We are overwhelmed by the positive feedback shared by our service users about how the support they have received has changed their lives.

I want to take this opportunity to thank our service users, staff, volunteers, trustees, funders and partners for supporting Yellow Door.



Dr Julie Greer

Chair of the Board of Trustees

REPORT OF THE BOARD OF TRUSTEES

The Board of Trustees is pleased to present its annual report and audited Financial Statements for the year ended 31 March 2023, which are also prepared to meet the requirements for a Directors' Report and Financial Statements for Companies Act purposes.

The Financial Statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their Financial Statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

REFERENCE AND ADMINISTRATIVE INFORMATION

Charity Name: Yellow Door (Solent)

Charity Registration Number: 1111753

Company Number: 05486084

Registered Office Address: 30 Brookvale Road, Southampton, SO17 1QR

The Trustees are the directors of the charitable company for the purpose of company law and are trustees for the purpose of charity law.

The Trustees who served during the year and since the year end are as follows:

Board of Trustees

J Greer (Chair)	Appointed 13 May 2022
C Brook	
J Orme	
S Sitaram	
S Groszewski	
E Ryall	
E Filer	Appointed 22 July 2023
P Hollowell	Resigned 4 May 2022
L Mitchell	Resigned 23 May 2022
N Hutchins	Resigned 11 July 2023
K Morrison	Resigned 9 October 2023

REPORT OF THE BOARD OF TRUSTEES

REFERENCE AND ADMINISTRATIVE INFORMATION

Secretary

M Mabey

Senior Management Team

N King	Chief Executive Officer (CEO)
R Edwards	Head of Therapeutic Services
T Stovold	Duty Manager
C Gilbert	Head of Evaluation and Systems Development
P Rajo	Head of Finance
S Johnson	Head of Fundraising & Communications (Appointed 1 November 2022)

Auditors

Fiander Tovell Limited
Stag Gates House
Southampton
SO17 1XS

Bankers

Lloyds Bank Plc
92-94 Above Bar Street
Southampton
SO14 7DT

OBJECTIVES AND ACTIVITIES

The Charity's objects (the Objects) are:

- To relieve the sickness and distress of individuals who have suffered abuse/rape at any time in their lives.
- To promote the education of the public in the subject of sexual abuse/rape and its psychological and social impact.

Yellow Door aims to:

- Prevent domestic and sexual violence through increasing awareness of the harmful impacts, working with children, young people, families, communities and partners.
- Provide non-judgmental specialist support to adults, families, young people and children who have been affected by domestic or sexual abuse, including harmful practice.
- Target support to the most marginalised communities who experience additional barriers to gaining support, because of the intersectionality of protected characteristics such as their ethnicity, race, disability, gender or age with abuse.

Public Benefit Statement

Yellow Door's activities and who it helps are described in detail below. All charitable activities focus on the support, empowerment and recovery of those individuals who have experienced domestic and/or sexual abuse and its prevention. All activities are undertaken to further Yellow Door's charitable purposes for the public benefit.

GOVERNANCE, STRUCTURE AND MANAGEMENT

Governing Document

Yellow Door is a Charitable Company Limited by Guarantee, incorporated on 21 June 2005 and registered as a charity on 19 October 2005. It was established under a Memorandum of Association to include the objects and powers of the charitable company and is governed under its Articles of Association. Anybody can apply to the Board of Trustees to become a member of the charitable company and each member is required to contribute £1 in the event of the charitable company winding up.

Recruitment and Appointment of Trustees

Yellow Door is governed by a Board of Directors who are also Charity Trustees for the purposes of charity law and, under the company's Articles of Association, are known as Trustees. In seeking to represent the communities we serve, we advertise widely for Trustees, detailing the mix of skills and expertise required. Current Trustees have skills and experience in social work, safeguarding, managing children's services, child mental health and well-being, education, quality and management systems, law, policy, advocacy and influence, diversity, human resources, co-production and finance. Trustees are appointed either by members' agreement at an Annual General Meeting or by the Board of Trustees following application and interview. A third of the Trustees retire (but may be re-appointed) by rotation at each Annual General Meeting. Trustees are not paid any remuneration for their role.

Trustee Induction and Training

All new Trustees are provided with an induction pack containing general information on the role of a Charity Trustee and information specific to Yellow Door, such as the Memorandum and Articles of Association and policies for example on safeguarding, financial procedures, service provision, employment, health and safety. Trustees have opportunities to meet with staff and/or observe activities in order to gain a better understanding of the day-to-day workings of Yellow Door. Trustees are provided with regular updates from the Charity Commission and other reputable organisations with expertise in our area of work, such as briefings from SCIE (Social Care Institute for Excellence). Several Trustees are regular attendees at Trustee and Chair liaison/update meetings run by the Survivors Trust. Trustees actively access training material and the learning is often cascaded to the wider Board. Trustees are also encouraged to attend training events on the Trustee role and their responsibilities and other relevant training provided in-house.

Structure

The Board of Trustees meets bi-monthly, ensuring that any decisions are agreed as a quorum. Additional meetings are held as required for key decision making. Responsibilities are delegated to sub-groups which include HR, Finance and Strategy. The delegated sub-groups report back to the Board. The Board of Trustees, at the date of signing this Report, has 7 members (9 at the Balance Sheet date of 31 March 2023). The Trustees delegate day-to-day responsibility for the running of Yellow Door to the CEO.

A Senior Management Team is in place to share responsibilities, decrease dependency on individual staff and support good communication across all areas and activities of Yellow Door. This is particularly important as the service adapts to changes in service user demographics and needs and seeks to respond flexibly to an increasingly competitive funding environment.

Risk Management

During the 2022/23 financial year, Yellow Door kept under review its Risk Management Register. Trustees working alongside the CEO and Senior Management Team, examined the major strategic, business and operational risks that Yellow Door potentially might face.

Any financial risks are carefully considered on a regular basis by the Finance Sub-Group, which receives monthly financial reports. Any matters of concern would be referred to the Board of Trustees. Through an Enhance grant with Lloyds Foundation we received free consultation from the Foundation of Social Improvement (FSI) to support the review and refresh of our Fundraising Strategy. The Income Diversification Strategy 2020-2024 is supporting us to ensure we diversify our income across a variety of streams, so we can continue delivering the wide range of services we offer.

Procedures are also in place with regard to the health and safety of staff, volunteers, service users and visitors to the building. Delivery of therapeutic services is in accordance with the guidelines of the British Association of Counselling and Psychotherapy (BACP), of which Yellow Door is now an accredited member.

Yellow Door has robust Safeguarding procedures (for children and adults) and can demonstrate best practice to ensure the safeguarding of our service users and their families. This includes a Senior Duty Safeguarding Manager, mandatory staff training, regular monitoring, risk assessment and review of our procedures to ensure compliance with national and local standards.

In addition to the above we are looking to launch our five-year strategy in November 2023. This will help to map out a plan for the organisation for the coming years which, in turn, helps us with managing risks to the organisation.

Organisation Management

Yellow Door's Senior Management Team have a range of skills, qualifications and experience in voluntary sector management, evidence based psychological therapies, project mobilisation and management, quality assurance, building partnerships, contract/ grants management, safeguarding, HR, IT, finance, data monitoring and communications. The Senior Management Team share responsibilities which decreases dependency on individual staff and support good communication across all areas and activities of Yellow Door. This is particularly important as the service adapts to changes in service user demographics and needs and seeks to respond flexibly to an increasingly competitive funding environment. A mandatory training plan is in place to ensure all staff and volunteers are aware of their obligations and responsibilities in areas such as Health and Safety, Safeguarding, General Data Protection Regulations and Operational Standards.

Related Parties

Yellow Door collaborates with a range of key partners to ensure effective signposting, shared care (where appropriate) and to minimise duplication of services. Key partners include Local Authorities, Children and Adult Social Care, Adult and Child/Adolescent Mental Health teams, Hampshire Constabulary, Office of the Police and Crime Commissioner, Schools and Education Services, Sexual Health Services and a broad range of voluntary sector partners.



ANNUAL REVIEW

Yellow Door was established 38 years ago in Southampton, growing from a small local volunteer led helpline, working with women who had been raped or sexually assaulted, to the innovative and wide-ranging service across Southampton and Hampshire that we are today.

We support people of all ages and all genders in Southampton and across parts of Hampshire, who have experienced domestic and/or sexual abuse including those affected by harmful practices such as Female Genital Mutilation (FGM), honour-based abuse and forced marriage. We provide direct services to support them to recover from their trauma and move forward with healthy and safe lives. We focus on preventative work through education, awareness raising, early intervention and training.

People with lived experience of domestic or sexual abuse have always been at the heart and foundation of Yellow Door. We ensure that this principle underpins all of our work and the development and delivery of our services.

OUR VISION

Our vision is for a world where adults, families, young people and children can live without experiencing domestic and sexual abuse and the resulting devastating impacts.



CONTEXT

We continue to see a national focus on both Domestic Abuse and Violence Against Women and Girls, which we wholeheartedly support. The Domestic Abuse Act was introduced in 2021 and its impact continues to shape local authority priorities; for example, Southampton City Council launched their Safe City Strategy and the new Domestic Abuse and Violence Against Women and Girls Strategy which prioritise these areas of work for the next five years. Alongside this, Southampton City Council and Hampshire County Council also launched their Children and Young People's Plan 2022-25 which will help to guide our work with local young people.

Services we deliver include:

- Preventative education work with children and young people in schools and youth settings
- Specialist sexual abuse advocacy services, including a sexual abuse helpline
- Outreach and specialist advocacy support services working to address barriers, improve access and promote equality and inclusion by working with anyone who may be marginalised or disadvantaged in accessing services
- All gender therapy and counselling for adults, children, young people and families
- Psycho-educational groups and courses
- Training, awareness raising and partnership work

The Office for National Statistics' Census 2021 results were published in 2022, which will help us to develop targeted work to better reach service users so that they are representative of the local population. For example, we now know that Southampton's population of young people has increased, as has the number of people who do not speak English. The number of LGBTQ+ people and disabled people in the city are also higher than the national average. We recognise that reaching these communities can pose additional challenges and we are committed to ensuring that all victims of domestic and sexual abuse can receive targeted support. This year, we have been able to develop our offer and target funding for specialist interventions that can better reach these communities.

This Annual Report shows how we have responded to continued and rising demand for our services, feedback from service users about the services they have accessed, our achievements and our successful fundraising - all in a constantly changing environment.

2022/23 ACHIEVEMENTS

- We have been successful in gaining funding for two new specialist Domestic Abuse Advocate Educator roles. The aim is to increase the reach and remove barriers to accessing support for disabled adults and Black & Minority Ethnic communities who are disproportionately affected by domestic abuse and face increased barriers in accessing specialist domestic abuse support. We are working with our partners Stop Domestic Abuse, who are delivering the LGBTQ+ contract and Bournemouth University who are evaluating the project. We are excited to be able to deliver such targeted interventions and grow the specialisms within our team.
- We developed a therapeutic model of support alongside the Pause Project, a project that supports women with complex needs in Southampton who have had multiple children removed from their care. The majority of the women have experienced domestic and sexual abuse. The therapeutic support has empowered the women to build a trusting relationship where they can understand and process their history and current situation, alleviate the impact of trauma, reduce shame and move forward with how they relate to these removals and this impact this has had on them. They have also taken steps to engage in training, education and work opportunities.
- We have successfully completed our first year of the pan-Hampshire ISVA contract and the Southampton DVSA contract. We have seen high numbers of service users supported through both and are proud to be the commissioned provider for the Police and Crime Commissioner Hampshire and Isle of White.



2022/23 ACHIEVEMENTS

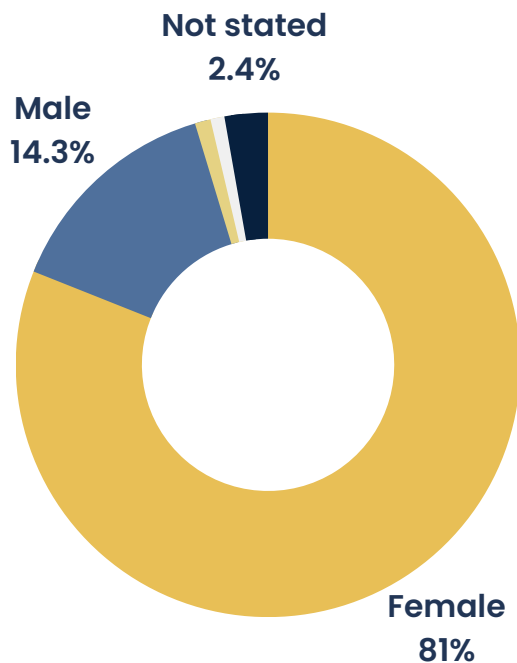
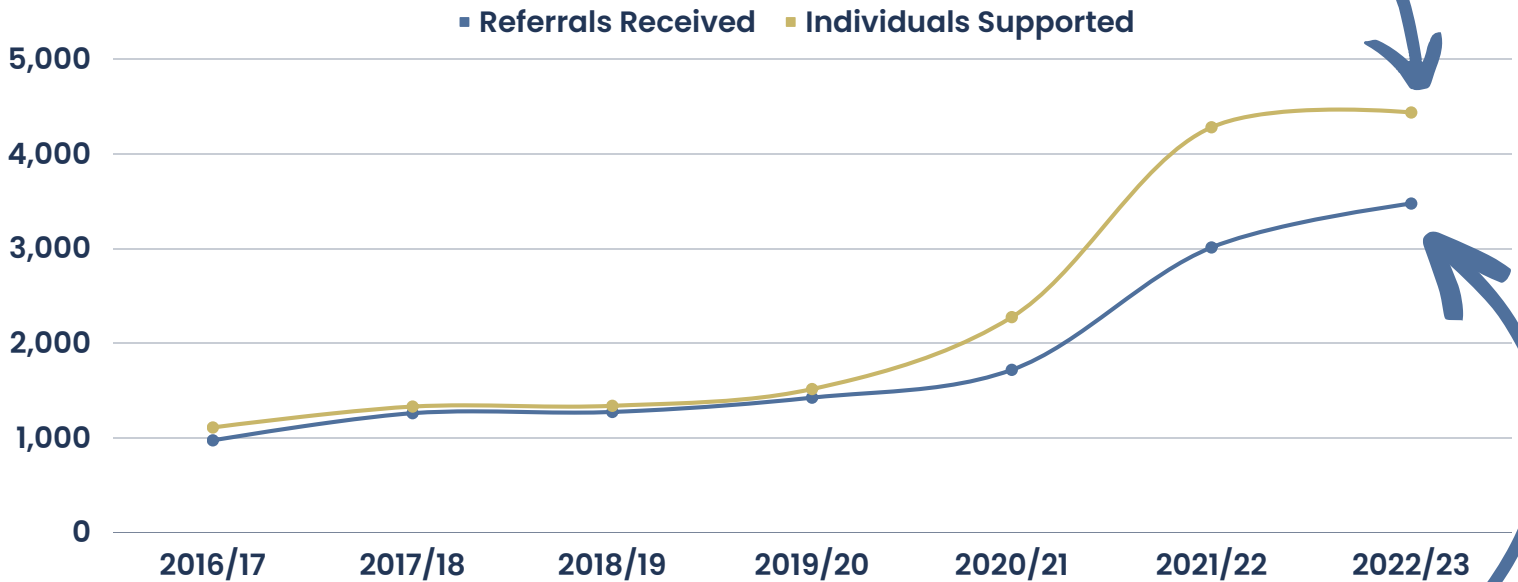
THERE'S MORE..



- We have extended our funding landscape and have been successful in gaining funding from 17 different funders in 2022/23, a mix of charitable trusts and foundations, statutory services and corporate partnerships. This allows us to extend our reach to more victims and survivors of domestic and sexual abuse and helps to ensure Yellow Door's sustainability going forward. Special thanks go to the National Lottery Community Fund, Children in Need, The Charles Hayward Foundation, Zurich Community Trust, Garfield Weston Foundation, Southampton County Council, and Hampshire County Council for their support.
- We launched our pilot Violence Against Women and Girls Peer Education Project as part of the Safer Streets funding. This is a pupil led project educating on violence against women and girls, healthy relationships, and gender stereotypes. There have been many successes with the young people and we were also able to have a local university work alongside us to externally validate the project. We look forward to exploring the findings this coming year.
- Our ISVA Lead has played a crucial role in Hampshire's commitment to Operation Soteria, which is transforming the way the police investigate rape and serious sexual violence. To support the learning from Operation Soteria, Yellow Door were commissioned to deliver training on trauma responses, boundaries and exit strategies and this was successfully delivered to 80 Police staff. We look forward to continuing to build the positive work with Hampshire Constabulary and the Crown Prosecution Service.

2022/23 HIGHLIGHTS

We supported 4,438 service users in 2022/23, which is a 4% increase when compared with 2021/22



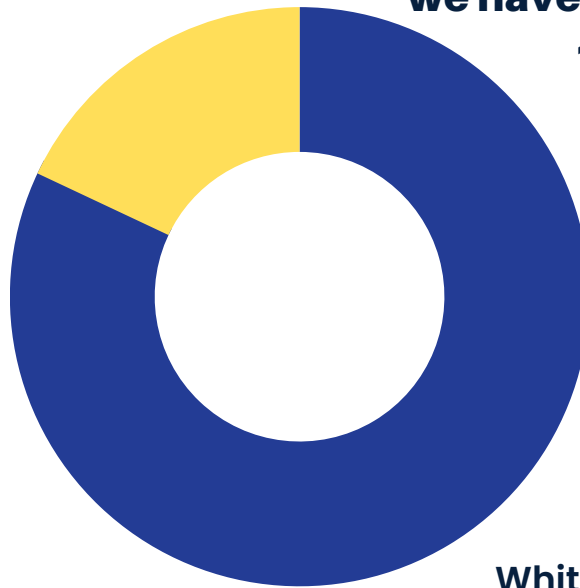
We received 3,476 referrals in 2022/23; a 15% increase from 2021/22

We work with victims regardless of gender. Our service users are predominantly female but we are seeing an increase in our work with other genders. Notably, we have worked with 510 males this year.

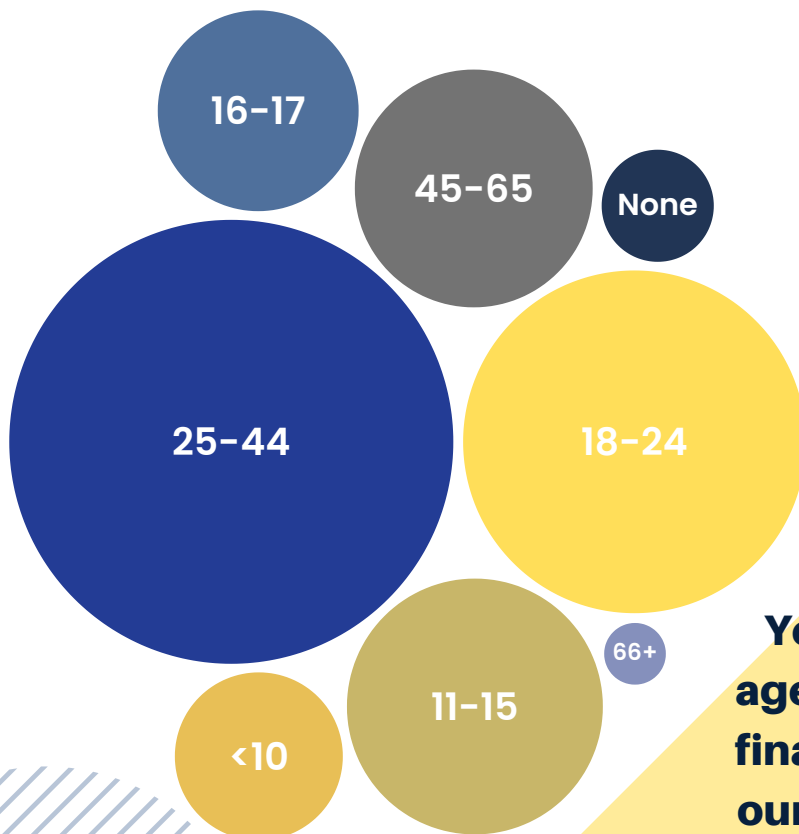
2022/23 HIGHLIGHTS

Yellow Door is committed to reaching out to people of different backgrounds. In 2015, 7% of our service users were from Black & Minority Ethnic groups; we have seen this rise to 18% in 2022/23.

Black and Minority Ethnic Group
18%



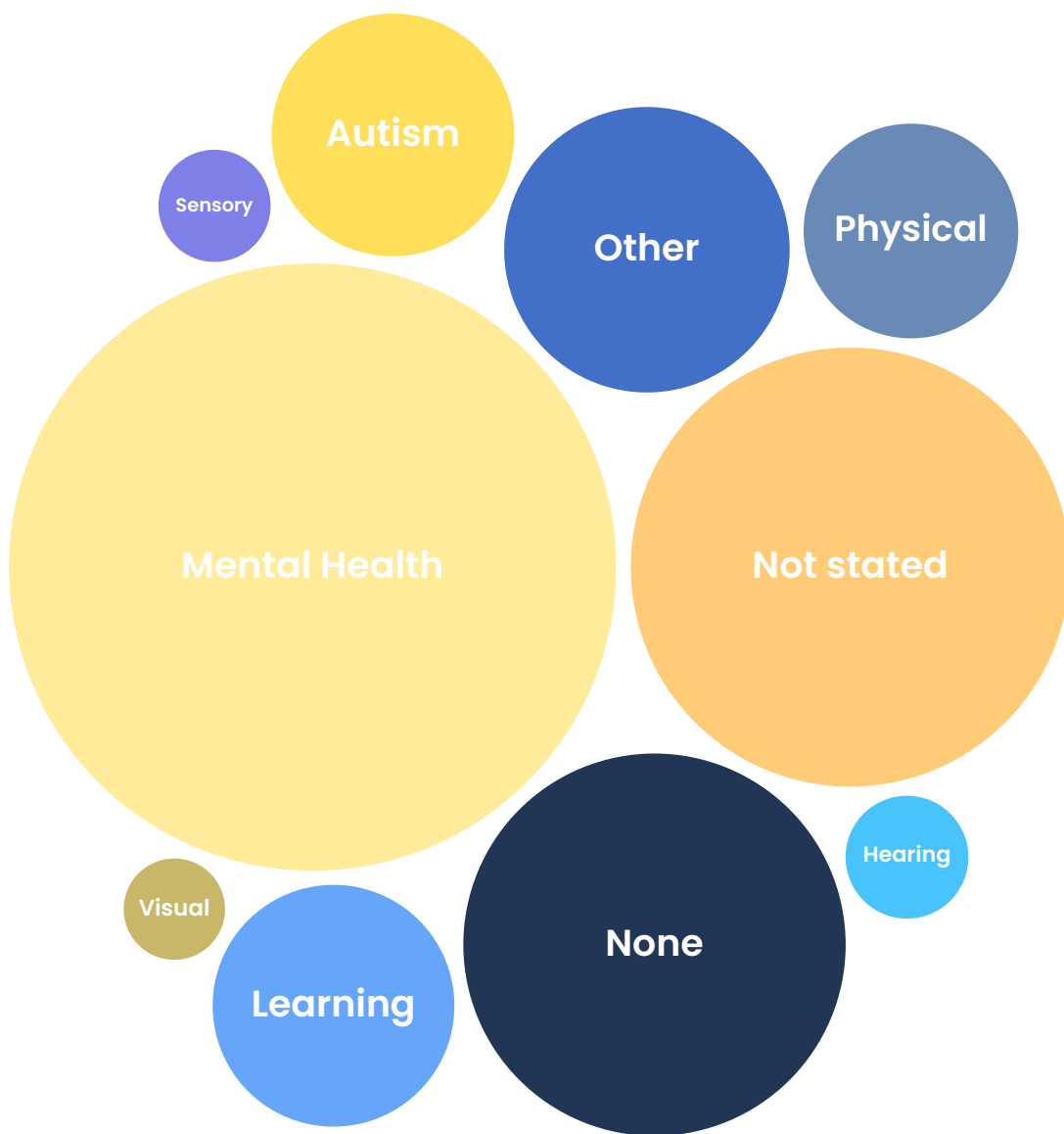
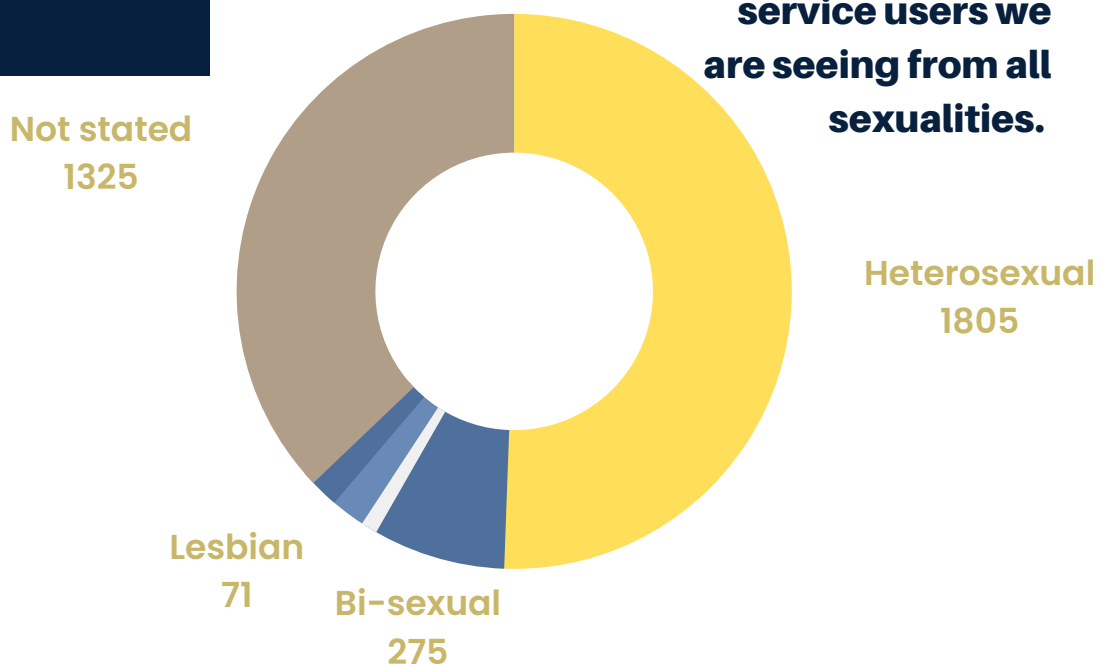
White British
82%



Yellow Door works with all ages and during the 2022/23 financial year, the majority of our service users were 25-44 years old.

2022/23 HIGHLIGHTS

We are committed to working with people of all sexualities. We have seen a rise in service users we are seeing from all sexualities.



We support service users with a range of different needs. In particular this year, the number of neurodivergent service users has increased. We continue to recruit staff with a range of different specialisms in order to offer service users support that is tailored to their individual needs.

ADULT THERAPEUTIC SERVICES

REFERRALS

Number of referrals received

756



SUPPORTED

Number of service users supported

1143



THERAPY

Number of service users who have commenced therapy

338



SESSIONS

Number of therapy sessions provided

2990



GROUPS

Number of group sessions provided

93



ASSESSMENTS

Number of service user assessments

524



OBJECTIVES

To support adults aged 19+ who have experienced sexual abuse or violence, through individual or group therapy options. Yellow Door supports people to manage the impact their experiences have on their physical and emotional wellbeing



ACTIVITIES

- 1:1 talking therapies to support mental health and wellbeing, aid repair and recovery after abuse, build resilience and develop healthy coping strategies
- Emotional Coping Skills; a psycho-educational group offering management strategies to those struggling with distressing thoughts and feelings as a result of sexual abuse
- Then and Now; a group for men and women to process and manage the impact that their experience of childhood sexual abuse has had on their lives
- Safer Relationships; a therapeutic group for those who would like to explore ways of developing healthier and safer relationships

FUTURE PLANS

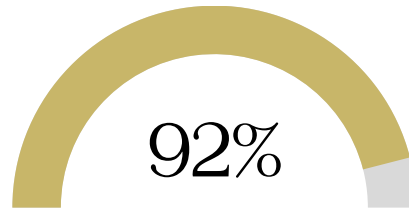
- Yellow Door secured the Sexual Crime Therapeutic Contract for the South West, we are excited to work with local Commissioners and Partners to develop a high quality and consistent Sexual Crime Therapeutic Service across Pan-Hampshire for all ages and all genders.
- Provide further options for practical and emotional support to more people affected by domestic and sexual abuse
- Ensure more service users can access the support they need sooner
- Increase the number of service users that report positive outcomes so they are able to recover and move forward with their lives



SERVICE USER FEEDBACK

"I couldn't speak highly enough about the service. I wouldn't have access to appropriate therapy if it wasn't for Yellow Door. Please continue doing what you're doing. It makes a huge difference to people like me. A big thank you from the bottom of my heart."

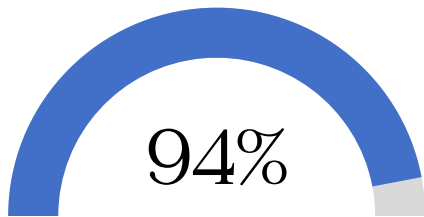
"It truly has been life changing for me. I have received counselling in the past but nothing had as much impact as Yellow Door. I truly feel that I am starting to heal now for the first time ever, it's an ongoing journey, but it has massively made a difference."



92% of service users experienced improved engagement with education/training/work

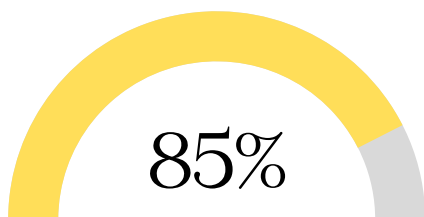


80% of service users reported that their living situation had improved post engagement

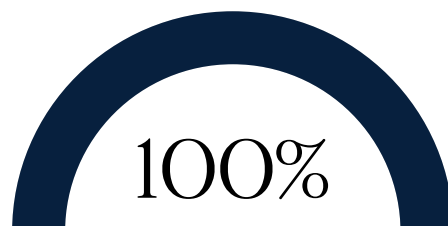


94% of service users felt better able to keep themselves safe

"I was able to overcome mental barriers that I was not able to on my own. With the help of my counsellor not only was it possible but it felt easy and natural! I have a lot more self-worth and confidence than I thought was possible."



85% of service users felt better able to participate in social/leisure/community activities



100% of service users described the experience as positive

CHILDREN'S AND YOUNG PEOPLE'S THERAPEUTIC SERVICE



OBJECTIVES

- To support children and young people 18 and under through individual face to face counselling, outreach interventions and group therapies
- To provide specialist support in a safe space for children and young people who have been affected by abuse.

ACTIVITIES

- One to one play therapy, art therapy and counselling sessions
- Creative Arts Therapies to help young people find their voice and develop self-esteem. This is particularly helpful for those who struggle to verbalise their experience and needs
- Bright Stars; a group for young people who have experienced domestic abuse - the group focusses on managing emotions, healthy relationships and interpersonal safety
- Psycho-education to help young people experiencing psychological distress, as a result of their experiences, to process, make sense of and learn to manage problematic emotional reactions and impulses

Statistics: Aged 12-18

REFERRALS

Number of referrals received

309



SUPPORTED

Number of service users supported

459



THERAPY

Number of service users who have commenced therapy

114



SESSIONS

Number of therapy sessions provided

957



GROUPS

Number of group sessions provided

57



ASSESSMENTS

Number of service user assessments

214



CHILDREN'S AND YOUNG PEOPLE'S THERAPEUTIC SERVICE

FUTURE PLANS

- Yellow Door secured the Frankie Worker Children & Young Peoples Therapeutic Service and we are excited to work with local Commissioners and the Local Authority partners to build on the success of this crucial service.
- Provide further options for practical and emotional support to children and young people affected by domestic and sexual abuse
- Ensure more children and young people can access the support they need sooner
- Provide more support to parents / carers whose child is waiting for therapy



Statistics: Aged under 11

REFERRALS

Number of referrals received

136



SUPPORTED

Number of service users supported

173



THERAPY

Number of service users who have commenced therapy

20



SESSIONS

Number of therapy sessions provided

362



ASSESSMENTS

Number of service user assessments

103



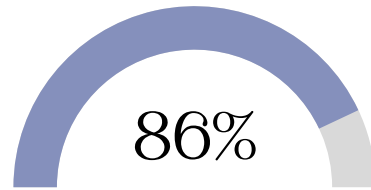


SERVICE USER FEEDBACK

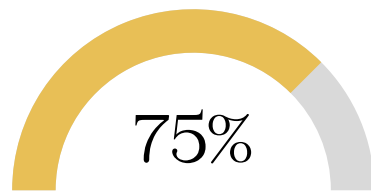
"I expressed what I felt and they gave me paint brushes to do art while they were asking me questions, which I found really therapeutic because then that allowed me to say what I needed to say"

"I felt comfortable and they were easy to talk to. I knew I wouldn't be judged. Loads of resources which helped express my feelings and helped me understand myself."

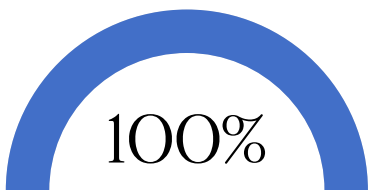
"The drawing really helped as it was able to soothe my mind. I've always felt I've been listened to and taken seriously here. It is a very calm environment."



86% of service users experienced improved engagement with education/training/work



75% of service users reported that their living situation had improved post engagement

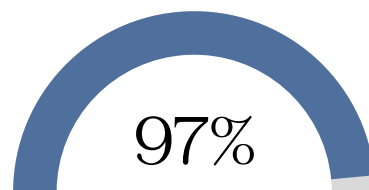


100% of service users felt better able to keep themselves safe

"He found the play therapy really useful and was able to express himself through play so that he was comfortable. He will talk through his worries now instead of bottling them up."



80% of service users felt better able to participate in social/leisure/community activities



97% of service users described the experience as positive

CASE STUDY

James (not his real name) came to Yellow Door after he experienced domestic abuse within the family home. He was living with his mum and siblings and in full time education. James is a teenager with high functioning autism and suffers with low self-esteem and anxiety.

James was extremely subdued and anxious on first meeting. He had his hood up and was wearing a mask. He made very little eye contact. The therapist kept in mind James's neurodivergence and focused the first few sessions on drawing so that he was not uncomfortable with direct eye contact. The therapist also created a weekly planner and ensured they had the same room each week, which helped any anxiety around routine.

Over the next few sessions, James began to interact more with therapy. He began to use the fidget toys placed on the table and occasionally drawing. He also started to open up about the abuse he had experienced. By the fourth week, the service user came to the session without a hood or a mask and noted that he felt more comfortable now.

Throughout the sessions, James evolved; he gained trust in his therapist and his surroundings. He gave eye contact, his posture became more relaxed and his mum commented that she 'had the old James back'. James noted that the sessions had helped him rebuild his confidence, social skills and repair relationships with family members.

GENDER IDENTITY



OBJECTIVES

To help young people impacted by gender related distress with exploring gender identity / dysphoria - what it means and how it impacts them

“It was a great place for my child to come and have people who understood what they were going through. The parents’ groups were brilliant for the same reasons. There should be more groups like this available to more people, to support both child and parents with gender dysphoria issues. It’s an extremely worthy and valuable service“
GI Group parent/carer

ACTIVITIES

- We facilitate a service for young people (aged 11-18) who are experiencing confusion, distress or interpersonal difficulties related to Gender Identity (GI). It allows young people to explore together, what it means to them and how it impacts them
- We facilitate a group each term where parents/carers of children or young people struggling with these concerns can share information and ideas about supporting their child and where we also invite visitors with relevant expertise in this area

SUPPORTED

Number of service users supported/continued or commenced therapy

96



GROUPS

Number of group sessions

37



FAMILY

Number of family support sessions

102



FAMILY THERAPY

REFERRALS

Number of referrals received

119



SUPPORTED

Number of families supported

142



THERAPY

Number of families who have commenced therapy

33



SESSIONS

Number of family therapy sessions provided

239



ASSESSMENTS

Number of assessments completed

116



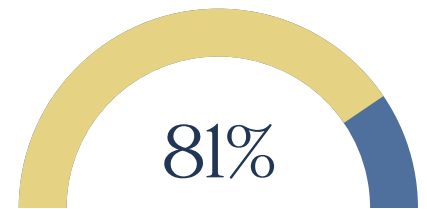
We know that domestic and sexual abuse affects not only the individual, but can also have a significant adverse impact on the entire family. Our Family Therapy service is led by our expert therapist.

OBJECTIVES

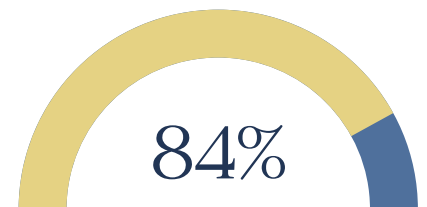
- To support families affected by domestic and sexual abuse to understand the impact of trauma and abuse, strengthen communication and aid recovery together



95% of families who completed our family interventions described it as a positive experience



81% of families are better able to manage and deal with problem behaviours



84% of families are better able to manage and show emotions and feelings

ACTIVITIES

- Talking therapies to improve communication, address difficult behaviours and set/ maintain boundaries
- The Family Therapy service uses a bespoke outcome measure at the beginning and at the end of the work with families. We measure family functioning and we support the families to identify goals they would like to focus on during their time in therapy

FUTURE PLANS

- ***Ensure more families can access the support they need sooner***
- ***Increase the number of service users that report positive outcomes so they are able to recover and move forward with their lives***



“An impartial third party that listened without judgement but also helped us interpret what was going on in a new light. Very caring people and a good neutral space.”

“We used to count down the days until our next session as these were so important to us. Having the sessions changed our approach in supporting our child. It was a safe place to explore this and gave us the confidence to accept things.”

“We felt safe being here and we were comfortable with our feelings. It helped to facilitate meaningful conversations. It helped us get closer together.”

CASE STUDY

Joanne and her son, Jack, (not their real names) attended Family Therapy sessions following their experience of domestic abuse. Jack and his siblings no longer had contact with dad due to addiction.

Jack’s behaviour had become increasingly challenging. Jack had been having angry outbursts and his siblings were copying this behaviour.

Jack engaged in the sessions which were always child focussed and playful. He engaged with talking about his family by choosing animals to represent his family genogram. This resulted in Jack talking about his father and what he remembered about him. Joanne said that they were able to continue these conversations on the way home. She felt that Jack seemed able to continue to ask questions or talk about dad when he needed to.

Jack enjoyed having some time on his own with his mum. Travelling to therapy together and then going for a snack and drink after the session was something he looked forward to. Joanne had noticed the benefit of giving Jack more one to one time and as we came to the end of the work they both agreed that they would continue to do this in order to build on their relationship.

Jack really liked hearing the team’s positive feedback and noticing positive aspects of family life. Joanne also became a lot more confident in her parenting. She too had noticed a difference as she found herself shouting less, talking more and remaining calm.

Joanne noted that Jack was playing more with his siblings, sharing toys and having fun. Teachers noted a huge improvement in the siblings’ behaviour at school too.

TRAUMA FOCUSED INTERVENTIONS

REFERRALS

Number of referrals received

114



SUPPORTED

Number of service users supported

140



INTERVENTIONS

Number of service users who started an intervention

64



SESSIONS

Number of trauma sessions provided

418



GROUPS

Number of group sessions provided

32



ASSESSMENTS

Number of service user assessments

116



Our trauma team deliver rapid Cognitive Behavioural Therapy (CBT) informed interventions to service users who have experienced sexual abuse/ violence.

OBJECTIVES

- To work with service users who would otherwise be waiting for access to our traditional therapies, including service users who are at risk of post-traumatic stress disorder as a result of their experiences

ACTIVITIES

- All service users are contacted within 2 weeks of referral to offer an appropriate trauma informed intervention
- Our trauma informed practitioners offer safety planning, psycho education about physiological, neurological and psychological responses to trauma as well as strategies for managing flashbacks
- Service users are assisted in overcoming avoidance and in processing trauma related emotions including shame, guilt, loss and anger
- Sessions are designed to fit in with the service users' everyday lives and include space to develop techniques independently, as well as time to co-evaluate progress



FUTURE PLANS

- Expand the service to ensure that more service users can access the support they need sooner
- Proactively engage with partners to improve trauma focused work across the county
- More service users are able to access initial trauma support before accessing traditional therapy, if deemed appropriate

SERVICE USER FEEDBACK

"I have got my life back, I have got me back and I have my confidence back. It is because of these appointments that I feel like I am more me."



"Now I feel like I am able to move forward with my life."

"I liked the strategies we used and learning more about trauma responses, which validated and normalised how I was feeling. When I first came I felt stuck in what happened to me, now I feel like I am able to move forward with my life."



100% of service users were satisfied with the outcomes of the services they received



86.5% of service users saw a reduction of strong negative feelings such as fear, horror, anger, guilt or shame



91.4% of service users saw a reduction in PCL-5 score*

*The PCL-5 is a 20-item self-report measure that assesses the 20 DSM-5 symptoms of PTSD.

INDEPENDENT SEXUAL VIOLENCE ADVISORS (ISVA)

REFERRALS

Number of referrals received

1706



SUPPORTED

Number of adult service users supported

1540



SUPPORTED

Number of children and young people supported

403



REPORTING

Number of service users who reported to the police following support from ISVA

38



TRIALS

Number of trials supported

92



The ISVA team offers emotional and practical support to adults, children and young people following rape or sexual assault. ISVAs offer independent information and advice about next steps and support throughout the criminal justice system.

The team support people of all genders and age following rape or sexual assault.

The team work closely alongside Hampshire Constabulary's Teams including the Amberstone and Child Abuse Investigation Teams to support those who choose to report through the criminal justice process.



OBJECTIVES

- To support people who have suffered an unwanted sexual experience regardless of when the incident happened
- The team support all ages and genders across Southampton, Portsmouth and Hampshire

ACTIVITIES

- The ISVA team provides personalised practical and emotional support
 - They give independent advice to help service users make informed choices about what happens next, including whether they want to report to the police and/ or consider health care options available to them
-

FUTURE PLANS

We will continue to proactively engage with partners and promote a coordinated and consistent approach for survivors of sexual abuse across the county

We will continue to build on the specialisms within the team to ensure the service is accessible for all communities



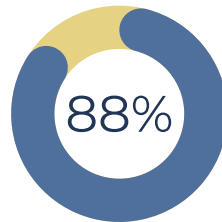


“My ISVA is just absolutely amazing and has made such a difference...”

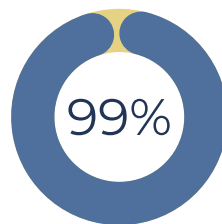
“My ISVA is just absolutely amazing and has made such a difference, especially with something that is really difficult and made me feel safe throughout. I’m really grateful to the service and all the help and don’t know what I would have done without them.”

SERVICE USER FEEDBACK

“My ISVA was a huge benefit to my court process. She regularly kept in touch and was very flexible to my schedule. She helped me at my lowest and offered me such great support and guidance in all aspects of my well-being as well as my court process.”



88% of service users were satisfied with the help they received from the ISVA service



99% of service users were able to make informed choices following help from the ISVA service

‘I don’t think I would have got this far without your help and support, thank you for everything.’



CASE STUDY

Helen (not her real name) was referred to the ISVA service after she reported childhood sexual abuse. Helen suffered from complex mental health issues as did some of the family members she was currently living with. The abuse Helen suffered as a child had a huge impact on her young life, she did not disclose the abuse to anyone at the time.

Due to Helen's complex mental health needs, she required more intense ISVA support. She had regular face to face appointments and calls throughout the investigation and criminal justice system (CJS) process.

Helen benefitted hugely from ISVA support. She felt she could ask questions and be honest about her feelings without being judged or causing further distress to others. Additionally, the ISVA was able to provide knowledge and experience of the criminal justice system which allowed Helen to have a clear understanding of the process and what was involved from the start.

Following ISVA support, Helen could see a future for herself, she set achievable goals for her career and her personal life and has a better understanding of self-care and managing trauma responses. Helen commented: 'I don't think I would have got this far without your help and support, thank you for everything.'



DIVERSITY AND INCLUSION ADVOCACY

The Diversity and Inclusion Service works to help people impacted by or at risk of domestic abuse, sexual abuse or harmful practices by identifying barriers which may prevent them from accessing the help they need. These barriers include (but are not limited to) ethnicity, immigration status, trafficking, learning or physical disabilities, sexuality or gender identity, language or communication needs.

The team engages with community groups to cascade awareness of rights, the law and how to get help to all those who need it, particularly those who may be marginalised or excluded from mainstream communications or who may not consider the available help as relevant to them.



This service aims to address barriers, improve access and promote inclusion



Activities include:

- Tailored 1:1 advocacy and support to reduce risks and prevent abuse
- Community group engagement to cascade awareness of rights, the law and how to get help to all those that need it
- Specialist training delivered to professionals

REFERRALS

Number of referrals received

77



SUPPORTED

Number of adults supported

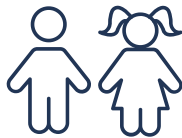
86



SUPPORTED

Number of children and young people supported

26



OUTREACH

Number of people reached via community outreach, education and training events

1294



“I came to yellow door angry and you listened to me and gave me options. You listened and respected when I needed it.”

“My child worked closely with the team on a one 2 one basis and found the sessions reassuring and supportive. As a family we've faced one of our toughest years and you helped make our journey less stressful. You found a connection with our child and we're so thankful for your endless kindness, care and flawless expertise.”

The STAR project aims to increase awareness of the harmful impacts of domestic and sexual abuse and negative stereotypes

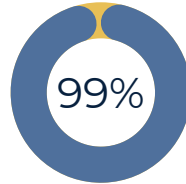


The STAR Project works in mainstream and alternative education settings, youth centres, colleges, universities and other youth environments, engaging children and young people in conversations about safety and healthy relationships. The team delivers creative and tailored workshops that focus on consent, sexting, sexual exploitation, cyber bullying, peer pressure, self-esteem and internet safety. Additionally, STAR acts as a gateway to support children and young people who have subsequently accessed other Yellow Door and partner services.

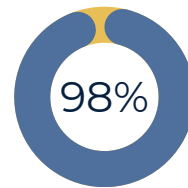
The project is constantly evolving to address issues arising from publicity around VAWG; the project adapts to educate young people based on their feedback and topical issues.



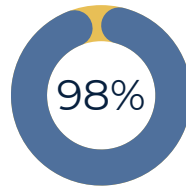
“Yellow Door sessions were engaging and they felt like a relaxed, safe environment. I felt comfortable and confident to speak my opinion.”



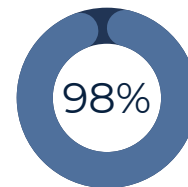
99% of attendees had a better understanding of what a healthy relationship is



98% of attendees could better recognise the signs of grooming



98% of attendees understood the importance of consent in a relationship



98% of attendees better understood where they could go for help

“Delivery was friendly and given at a digestible pace. From the session I feel I am much clearer on the laws surrounding consent and abuse.”

ACTIVITIES

- Delivers creative and tailored workshops that focus on healthy relationships, sexual consent, sexting, sexual exploitation, cyber bullying, peer pressure, self-esteem and internet safety
- Works closely with schools to reach and engage as many young people as possible. Sessions cover Relationships and Sex Education topics with additional support on mental health, wellbeing and managing anxieties
- Maintains and deliver STAR messages through social media channels such as Instagram and TikTok, which has a very wide reach, making sure the project is relevant and current to children and young people

SESSIONS

Number of STAR sessions provided

390



ENGAGEMENT

Number of children and young people engaged in STAR sessions

8540



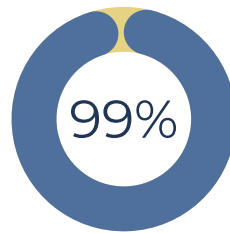
“I enjoyed every bit of the session. I really enjoyed figuring out what was fact and what was myth as I learnt a lot about the current sexual consent laws. I liked the discussion aspect of it and how interactive it was.”



100% of attendees understood more about rape/sexual assault/exploitation

“I have enjoyed listening to everything. I learnt what to look for in healthy and unhealthy relationships”

“I have learnt how to keep safe online and that grooming is a serious crime”

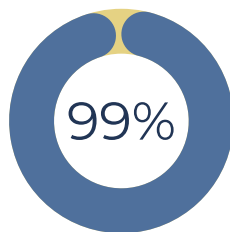


100% of attendees understood how to stay safe online

FUTURE PLANS

- Extend the STAR project to reach more children and young people so we can support them to stay safe and develop respectful relationships
- Support the development of the Relationship and Sex Education agenda locally
- Extend our prevention work and activities that respond to VAWG issues, such as sexual harassment, specifically working with young men to support them to create positive and healthy relationships

“I have learnt to trust my instincts - if it doesn't feel right then it probably isn't!”



99% of attendees understood the risks of nude image sharing

“I learnt how to keep myself safe and know that someone will help me if I can't. I've learnt how to protect myself from danger”

DOMESTIC ABUSE TEAM

ACTIVITIES

- **Pattern Changing:** provides structured group work over 12 weeks for women who have experienced domestic abuse with the aim of rebuilding strength and resilience
- **Adverse Childhood Experiences (ACEs) Recovery Toolkit:** a 10-week programme that has been written to educate and inform individuals about the impact that ACEs can have
- **Building Respectful Families (BRF):** aimed at families experiencing adolescent on parent violence



DAT aims to support women and children who have experienced domestic abuse

FUTURE PLANS

- **Increase delivery of domestic abuse training to support early identification and prevent further abuse**
- **Expand our offer of expert consultancy to organisations that wish to improve their response to domestic and sexual abuse**
- **Increase the reach of the programmes so they are accessible to the most marginalised/ disadvantaged families**
- **Increase our support for families with early years aged children**

SERVICE USER FEEDBACK

“The ACES course was a really positive experience for me and my daughter. We learnt a range of new things, amazing advice and always felt comfortable.”

REFERRALS

Number of referrals received

442



GROUPS

Number of sessions across all groups

110



ASSESSMENTS

Number of service user assessments

75



PATTERN CHANGING

Number of attendees across Pattern Changing groups

40



ACES

Number of attendees across ACES groups

29



BRF

Number of attendees across BRF groups

40



TRAINING

Number of professionals trained

97



“We’re now working towards a much happier and calmer home life and it’s been helpful to know that I’m not alone there are other families like ours.”

“I’m building a new me.”

“I now understand abuse, what the cycle is, how to be assertive and finding myself. I know how to move forward.”

“I am very grateful for being able to access Yellow Door, be listened to and to learn about my past. I’m building a new me.”

VOLUNTEERING & INVOLVEMENT TEAM



COMMUNICATIONS & FUNDRAISING

Over the last 12 months, Yellow Door's social media has seen an increase in followers and engagement across all platforms; Facebook, X (formerly known as Twitter), Instagram and LinkedIn.

We have been fortunate to receive monetary donations through Facebook, receiving £1,169 from fundraisers. Individuals can choose to support a charity when it's their birthday and ask their friends to donate through Facebook in lieu of gifts.

We are also extremely grateful to the generous individuals who have been fundraising in our local community, taking part in a variety of runs, walks, and special events in aid of Yellow Door.

COMMUNITY FUNDRAISING DURING 2022/23



The Big Give Christmas Challenge

A match funding campaign which raised £15,000 for Yellow Door



Asda's Green Token Giving

We were nominated by shoppers and received £500



Sparks Commercial Services Ltd

Kindly donated £2,500 for our Brightstars group



Wave 105 Cash 4 Kids

Donated toys as well as gift vouchers for our service users



'a space arts'

£1,321 was raised at a silent auction on International Women's Day in our aid

SOCIAL MEDIA 3961

Followers across all social media platforms



REACH 209K

Social media post reach in 2022/23





VOLUNTEERING

In 2022/23 we have seen the number of volunteers supporting Yellow Door continuing to grow. At the end of March 2023, Yellow Door had 50 volunteers supporting the service; 21 client facing and 29 in support roles.

We have organised three 'Matching Days' to recruit the additional volunteer counsellors needed to support the therapeutic service. We have had consistent volunteers supporting us with activities such as archiving and social media.

The team now use Breathe HR to ensure a more efficient recruitment process, and volunteers can log and manage their own engagement with the service

The team have continued to share internal communications with staff and volunteers. The Yellow Door helpline continues to be coordinated by this team and is run by two volunteers and one member of staff.

VOLUNTEERS

Total volunteer hours in 2022/23

4562



CLIENT FACING

Total client facing volunteer hours

3000



SUPPORT

Total support volunteer hours

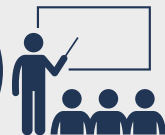
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TRAINING

CPD training sessions to new volunteers

6



The Volunteer and Involvement team delivered six CPD training sessions to new volunteers and Yellow Door staff. The training provided to volunteers was described as:

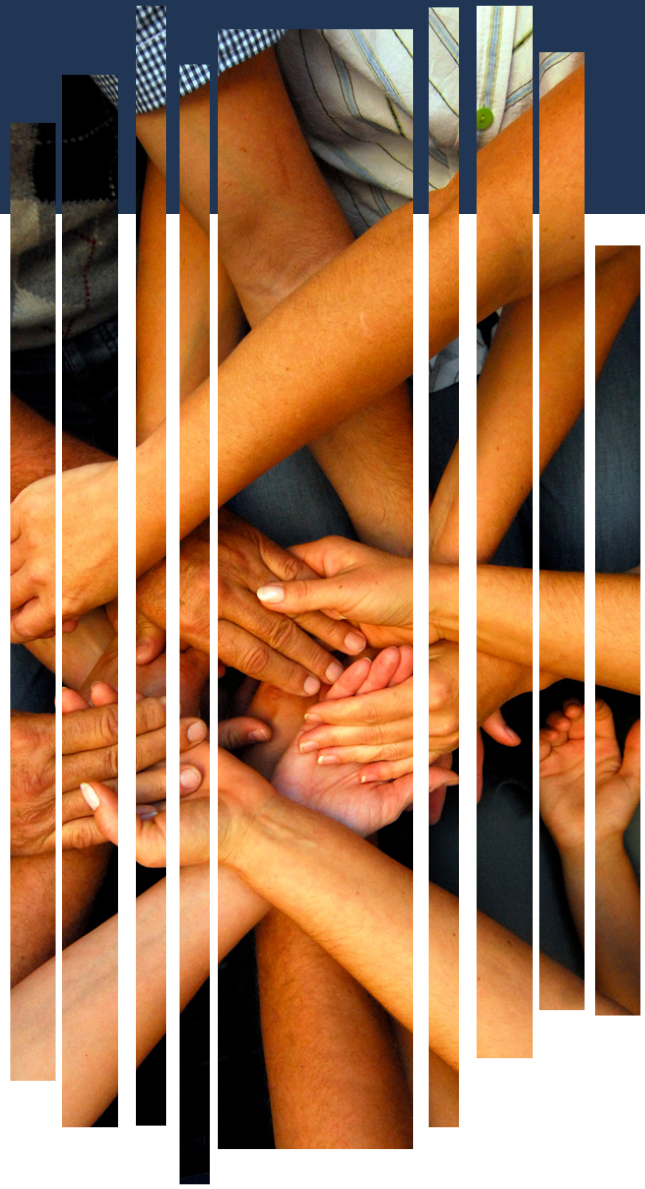
“Well organised and managed and encouraged and supported discussion and interaction between all participants.”

Yellow Door's Volunteer and Involvement team continued to work closely with Solent University throughout the year. We accepted three social work students who worked predominantly within the Diversity and Inclusion Advocacy (DIA) team.

OTHER ACTIVITIES

COMMUNITY OUTREACH, TRAINING AND CONSULTANCY

- We were invited to a number of events at Solent and Southampton University including Freshers' Fayres, Mental Health days and Black History Month celebrations
- We also had a presence at events throughout the city including White Ribbon Day at St. Mary's Stadium, Southampton Pride, and The People's Pride
- The Diversity and Inclusion Advocacy Service developed and co-led Southampton's FGM Zero Tolerance Day Event at the Civic Hub at Southampton City Council



COLLABORATION WITH OTHERS

- 2022/23 was the first year of the new Southampton City Council Domestic Violence and Sexual Abuse contract, which has seen us partnering with Stop Domestic Abuse to deliver support for victims/survivors across the city. It was also the first year of the new pan-Hampshire contract for Independent Sexual Violence Advisor (ISVA) Service, on which we are the lead provider for the Police and Crime Commissioner Hampshire and Isle of White.
- As we diversify our funding landscape, we are delighted to be supported by new opportunities from corporate partners, trusts, foundations and local authorities. Special thanks go to the National Lottery Community Fund, Children in Need, The Charles Hayward Foundation, Zurich Community Trust, Garfield Weston Foundation, Southampton County Council, and Hampshire County Council for their support.
- A further thank you to Jack Terry (Lifestyle and Advertising Photographer London | Jack Terry Photography) and Lisa Bretherick (www.lisaimages.com) who have taken all of the photographs used in this report.

OUR PROFILE

We have continued to see an increased presence in both mainstream and social media, which raise a good awareness of our service.

Our Education Manager was on the BBC's Match of the Day for their community segment discussing the work we do in schools around healthy relationships and gender stereotypes. Our specialist Mental Health ISVA was on ITV Meridian discussing disability and domestic abuse.

We are actively involved in the Operation Soteria Panel and are commissioned to provide trauma response training to 90 Police Officers. We are an active partner in a number of strategic boards in the area; for example, our CEO chairs the Domestic Sexual Abuse Operational Group in Southampton and attends the Police & Crime Commissioner's VAWG Strategic Meeting.

Yellow Door wants everyone to know that violence against women and girls is not 'just a fact of life'. We are here to listen to and support anyone who has been impacted by domestic and/or sexual abuse locally and these types of appearances help us to share that message.



YELLOW DOOR (SOLENT)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Financial review

Income received was £1,617,232 (2022 - £1,735,578) and resources expended totalled £1,666,708 (2022 - £1,576,545) resulting in an overall deficit for the year of £49,476 (2022 – ended with a surplus of £159,033).

During the year ended 31 March 2023, we have continued our concerted focus on diversifying our income streams alongside reviewing our on-going costs management. We wanted to continue to deliver and grow the much-needed quality support and education services to our community which we believe is evidenced within this report. We have been very fortunate that individuals and businesses have made generous donations to Yellow Door, as well as those who have taken part in fundraising activities, which have generated further unrestricted funding.

Yellow Door continues to provide a number of contracts of which, two involve sub-contracting some elements to partners for their specialisms. The Board of Trustees is satisfied with the outcome for the year.

Reserves

At 31 March 2023, the charity had total reserves of £904,752 (2022: £954,228) and total bank and cash balances of £677,733 (2022: £765,391). Fund balances totalling £18,686 (2022: £nil) were restricted. These funds are amounts given for specific purposes and projects.

Fund balances totalling £144,843 (2022: £213,976) were designated. More information on designations can be found in Note 16: Analysis of Charitable Funds.

Unrestricted general funds amount to £741,223 (2022: £740,252) and free reserves total £415,982 (2022: £458,558). Free reserves are calculated after deducting the amount of reserves which could only be realised by disposing of fixed assets.

Yellow Door holds reserves predominantly to mitigate against the risk of a decline in income. Holding an appropriate level of reserves means that the charity would be able to continue the current activities of Yellow Door in the event of a significant drop in funding. The reserves held will allow sufficient time to secure replacement funding or consider a change or reduction in activities. Our reserves policy considers the level of committed income already secured for future years and the timescale over which our contracts operate.

Our policy is to maintain free reserves equating to 3 to 6 months-worth of expenditure.

At current levels of expenditure, this target level of free reserves is considered to be between £407,353 - £814,707. Free reserves at the year-end of £415,982 sit within this target.

Investment Policy

The Board of Trustees does not consider it prudent, at this stage, to invest income for the longer term. Its policy for investment is therefore to retain funds as cash and place them on bank deposit at the best rate obtainable.

Fundraising Practices

A designated member of the team assists in the co-ordination of fundraising events and activities with our supporters. Yellow Door does not use professional fundraisers or involve commercial participators. We are not part of any voluntary schemes or standards for regulating fundraising. It is made clear to any supporters who raise funds that they are acting "in aid of" Yellow Door and not "on behalf of". There have been no complaints about fundraising activity during the year. Yellow Door does not undertake any direct marketing for the purposes of fundraising in order to ensure that there is no unreasonable intrusion, persistent approaches or undue pressure. Third party fundraisers are given clear instructions that they must also abide by these guidelines.

YELLOW DOOR (SOLENT)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Statement of trustees' responsibilities

Yellow Door Board of Trustees (trustees for the purposes of charity law and directors for the purposes of company law) is responsible for preparing an annual report and Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). Company law requires the Board of Trustees to prepare Financial Statements for each financial period, which give a true and fair view of the state of the affairs of Yellow Door as at the Balance Sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial period. In preparing those Financial Statements the Board of Trustees is required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP (FRS102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained the Financial Statements; and
- prepare the Financial Statements on the going concern basis unless it is inappropriate to assume that the charitable company will continue on that basis.

The Board of Trustees is responsible for maintaining proper accounting records which disclose, with reasonable accuracy at any time, the financial position of the charitable company and to enable them to ensure that the Financial Statements comply with the Companies Act 2006. The Board of Trustees is also responsible for safeguarding the assets of the charitable company and, hence, for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Auditor

The auditor, Fiander Tovell Limited, is deemed to be reappointed under section 487(2) of the Companies Act 2006.

Basis of Accounting

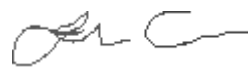
This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies' exemption under the Companies Act 2006.

Disclosure of information to auditor

Members of the Board of Trustees who served during the period and up to the date of this report are set out on page 4. In accordance with company law, as the charitable company's directors, we certify that:

- so far as we are aware, there is no relevant audit information of which the charitable company's auditors are unaware; and
- as the directors of the charitable company, we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant audit information and to establish that the charitable company's auditors are aware of that information

The trustees' report was approved by the Board of Trustees.



J Greer
Trustee



C Brook
Trustee

Date: 8th November 2023

YELLOW DOOR (SOLENT)

INDEPENDENT AUDITOR'S REPORT

TO THE MEMBERS OF YELLOW DOOR (SOLENT)

Opinion

We have audited the financial statements of Yellow Door (Solent) (the 'charity') for the year ended 31 March 2023 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Board of Trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The Board of Trustees is responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared, which includes the directors' report prepared for the purposes of company law, is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

YELLOW DOOR (SOLENT)

INDEPENDENT AUDITOR'S REPORT (CONTINUED) TO THE MEMBERS OF YELLOW DOOR (SOLENT)

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Board of Trustees was not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' report and from the requirement to prepare a strategic report.

Responsibilities of Board of Trustees

As explained more fully in the statement of trustees' responsibilities, the Board of Trustees, who are also the directors of the charity for the purpose of company law, is responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Board of Trustees determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the Board of Trustees is responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Board of Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

Extent to which the audit was considered capable of detecting irregularities, including fraud

Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- the engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations.
- we identified the laws and regulations applicable to the company through discussions with directors and other management, and from our commercial knowledge and experience.
- we focused on specific laws and regulations which we considered may have a direct material effect on the financial statements or the operations of the company, including the Companies Act 2006, taxation legislation, data protection, employment, environmental and health and safety legislation.
- we assessed the extent of compliance with the laws and regulations identified above through making enquiries of management.

We assessed the susceptibility of the company's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud.
- considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations.

YELLOW DOOR (SOLENT)

INDEPENDENT AUDITOR'S REPORT (CONTINUED) TO THE MEMBERS OF YELLOW DOOR (SOLENT)

Audit response to risks identified

To address the risk of fraud through management bias and override of controls, we:

- performed analytical procedures to identify any unusual or unexpected relationships.
- tested journal entries to identify unusual transactions.
- tested a sample of BACS payments to identify payments being made to unexpected bank accounts.
- performed transactional testing on payroll costs in respect of those employees with responsibility or authority in connection with the payroll function.
- assessed whether judgements and assumptions made in determining the accounting estimates were indicative of potential bias.
- investigated the rationale behind significant or unusual transactions.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- agreeing financial statement disclosures to underlying supporting documentation.
- enquiring of management as to actual and potential litigation and claims.
- reading minutes of those charged with governance

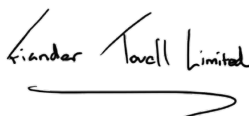
There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the directors and other management and the inspection of regulatory and legal correspondence, if any.

Material misstatements that arise due to fraud can be harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Fiander Lovell Limited

Andrew Jay ACA FCCA (Senior Statutory Auditor)
for and on behalf of Fiander Lovell Limited

10.November 2023

Chartered Accountants
Statutory Auditor

Stag Gates House
63/64 The Avenue
Southampton
Hampshire
SO17 1XS

YELLOW DOOR (SOLENT)

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds general 2023 £	Unrestricted funds designated 2023 £	Restricted funds 2023 £	Total 2023 £	Total 2022 £
<u>Income from:</u>						
Donations and legacies	3	29,895	-	11,591	41,486	35,002
Income from Gift Aid	3	3,212	-	-	3,212	2,456
<u>Charitable activities</u>						
Counselling	4	124,397	-	203,907	328,304	462,468
Family Therapy	4	21,830	-	21,534	43,364	71,636
Diversity & Inclusion Advocacy (DIA)	4	39,647	-	84,007	123,654	132,000
Domestic Abuse Team (DAT)	4	18,692	-	49,210	67,902	134,003
ISVA	4	359,988	-	328,363	688,351	507,368
STAR Project	4	36,555	-	64,793	101,348	124,618
Gender Identity (GI)	4	-	-	40,140	40,140	20,219
Trauma Focused Intervention (TFI)	4	6,831	-	63,176	70,007	-
Partnerships	4	27,146	-	10,150	37,296	193,662
Business Support Funding	4	13,749	-	40,431	54,180	36,730
Other trading activities	5	17,132	-	-	17,132	15,360
Investments	6	856	-	-	856	56
Total income		699,930	-	917,302	1,617,232	1,735,578
<u>Expenditure on:</u>						
Charitable activities	7	765,848	2,244	898,616	1,666,708	1,576,545
Total expenditure		765,848	2,244	898,616	1,666,708	1,576,545
Gross transfers between funds		66,889	(66,889)	-	-	-
Net income for the year/ Net movement in funds		971	(69,133)	18,686	(49,476)	159,033
Fund balances at 1 April 2022		740,252	213,976	-	954,228	795,195
Fund balances at 31 March 2023		741,223	144,843	18,686	904,752	954,228

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

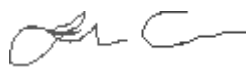
YELLOW DOOR (SOLENT)

BALANCE SHEET

AS AT 31 MARCH 2023

	Notes	2023		2022	
		£	£	£	£
Fixed assets					
Tangible assets	12		699,719		698,524
Current assets					
Debtors	13	131,239		60,784	
Cash at bank and in hand		677,733		765,391	
		<u>808,972</u>		<u>826,175</u>	
Creditors: amounts falling due within one year	15	<u>(229,461)</u>		<u>(175,804)</u>	
Net current assets			579,511		650,371
Total assets less current liabilities			1,279,230		1,348,895
Creditors: amounts falling due after more than one year	16		(374,478)		(394,667)
Net assets			<u>904,752</u>		<u>954,228</u>
Income funds					
Restricted funds	19		18,686		-
Unrestricted funds - designated	20		144,843		213,976
Unrestricted funds - general			741,223		740,252
			<u>904,752</u>		<u>954,228</u>

The financial statements were approved by the Board of Trustees on 8th November 2023



J Greer
Trustee



C Brook
Trustee

Company registration number 05486084

YELLOW DOOR (SOLENT)

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Cash flows from operating activities					
Cash (absorbed by)/generated from operations	25		(36,015)		85,685
Investing activities					
Purchase of tangible fixed assets		(31,083)		(2,902)	
Investment income received		856		56	
Net cash used in investing activities			(30,227)		(2,846)
Financing activities					
Repayment of bank loans		(21,416)		(21,525)	
Net cash used in financing activities			(21,416)		(21,525)
Net (decrease)/increase in cash and cash equivalents			(87,658)		61,314
Cash and cash equivalents at beginning of year			765,391		704,077
Cash and cash equivalents at end of year			677,733		765,391

YELLOW DOOR (SOLENT)

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

Charity information

Yellow Door (Solent) is a private charitable company limited by guarantee incorporated in England and Wales and registered with the Charity Commission in England and Wales. The registered office is 30 Brookvale Road, Southampton, Hampshire, SO17 1QR.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the Board of Trustees has a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Board of Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Board of Trustees in furtherance of their charitable objectives.

Designated funds comprise funds which have been set aside at the discretion of the Board of Trustees for specific purposes. The purposes and uses of the designated funds are set out in the notes to the financial statements.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

All income is included in the Statement of Financial Activities when the charitable company is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Donations and legacies are received by way of donations and gifts and are included in full in the Statement of Financial Activities when receivable.
- Donated services and facilities are included at the value to the charitable company where this can be quantified and reliably measured. In accordance with the Charities SORP (FRS 102), volunteer time is not recognised, for more information about their contribution refer to the Trustees' Report.
- Investment income is included when receivable.
- Income from charitable trading activities is accounted for when earned.
- Income from grants, where related to performance and specific deliverables, is accounted for as the charitable company earns the right to consideration by its performance.
- Income is deferred where either the income relates to a future accounting period or where income is received for delivery of a service and that service has not been fully delivered at the year end. In these circumstances, the income is recognised in line with the service delivery and any excess is deferred.

YELLOW DOOR (SOLENT)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes VAT as the charitable company is not VAT registered and is reported as part of the expenditure to which it relates.

Costs of raising funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes.

Expenditure on charitable activities comprises those costs incurred by the charitable company in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and their associated support and governance costs.

Support costs are those functions that assist the work of the charitable company but do not directly undertake the charitable activities. These costs have been allocated between the expenditure categories of the Statement of Financial Activities on a basis designed to reflect the use of the resource and are apportioned on an appropriate basis e.g. floor areas, per capita or estimated usage.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charitable company and include the audit fees and costs linked to the strategic management of the charitable company.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Fixed assets costing more than £500 are capitalised at cost.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Freehold property	2% straight line basis
Office equipment	15% reducing balance and 25% straight line basis

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

YELLOW DOOR (SOLENT)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Taxation

The charitable company is exempt from Corporation Tax on its charitable activities.

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

YELLOW DOOR (SOLENT)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Board of Trustees is required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

There are no items in the Financial Statements where judgements and estimates would have a significant effect on amounts recognised in the Financial Statements.

3 Donations and legacies

	Unrestricted funds general 2023 £	Restricted funds 2023 £	Total 2023 £	Total 2022 £
Donations and gifts	29,895	11,591	41,486	35,002
Income from Gift Aid	3,212	-	3,212	2,456
	<u>33,107</u>	<u>11,591</u>	<u>44,698</u>	<u>37,458</u>
For the year ended 31 March 2022	<u>37,458</u>	<u>-</u>		<u>37,458</u>

YELLOW DOOR (SOLENT)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

4 Income from charitable activities

	Unrestricted funds general 2023 £	Restricted funds 2023 £	Total 2023 £	Total 2022 £
Government contracts				
HCC - ISVA contract	318,276	-	318,276	121,490
HCC - SA contract	64,682	-	64,682	68,048
NHS - Male ISVA contract	41,712	-	41,712	41,422
NHS - (CAMHS) Therapeutic support	30,000	-	30,000	30,000
SCC - Disability & Domestic Abuse contract	20,833	-	20,833	-
SCC - DSA contract	81,750	-	81,750	428,000
SCC - DVSA contract	77,833	-	77,833	-
Government grants				
NHS Hampshire, Southampton & IOW CCG	-	91,532	91,532	97,973
NHS England & NHS Improvement	-	62,100	62,100	-
NHS Surrey and Borders Partnership	-	-	-	2,000
HCC - Supporting Families Programme	-	-	-	15,000
Home Office - Safer Streets	-	46,577	46,577	-
New Forest District Council - Community Grant	-	5,000	5,000	5,000
OPCC - Police Trauma Practitioners	-	-	-	30,559
OPCC - Trauma Informed Practitioner	-	-	-	35,000
OPCC - Omicron	-	-	-	38,000
OPCC - Perpetrator Programmed Fund	-	28,885	28,885	28,884
OPCC - Male Therapy	-	-	-	20,897
OPCC - Safer Communities Fund	-	18,625	18,625	164,250
OPCC - Additional ISVA	-	316,449	316,449	270,738
OPCC - CAPVA	-	20,500	20,500	-
OPCC - DASV Fund	-	134,670	134,670	-
OPCC - Male Rape Support Fund	-	20,897	20,897	-
SCC - COMF	-	31,695	31,695	-
SCC - Other Grants	-	17,134	17,134	-
Non-Government grants	13,749	111,647	125,396	285,443
Income from charitable activities	648,835	905,711	1,554,546	1,682,704
For the year ended 31 March 2022	703,190	979,514		1,682,704

YELLOW DOOR (SOLENT)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

5 Other trading activities

	Unrestricted funds general 2023 £	Restricted funds 2023 £	Total 2023 £	Total 2022 £
Rental income	3,000	-	3,000	5,527
Training Fees and supervision	14,132	-	14,132	9,833
	<u>17,132</u>	<u>-</u>	<u>17,132</u>	<u>15,360</u>
Other trading activities	<u>17,132</u>	<u>-</u>	<u>17,132</u>	<u>15,360</u>
For the year ended 31 March 2022	<u>15,360</u>	<u>-</u>		<u>15,360</u>

6 Investments

	Unrestricted funds general 2023 £	Unrestricted funds general 2022 £
Interest receivable	856	56
	<u>856</u>	<u>56</u>

YELLOW DOOR (SOLENT)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

7 Charitable activities

	Counselling	Family Therapy	DIA	DAT	ISVA	STAR Project	GI	TFI	Partnerships	Business Support Funding	Total 2023	Total 2022
	£	£	£	£	£	£	£	£	£	£	£	£
Staff costs	329,495	47,684	107,108	81,437	591,776	86,226	33,686	68,166	-	46,282	1,391,860	1,145,832
Supervision and consultancy	34,125	1,568	30	16	210	20	2,881	16	-	1,337	40,203	40,921
Training, recruitment and staff costs	1,881	191	1,492	2,165	9,692	1,404	104	959	-	615	18,503	37,208
Partners payment for contracts	-	-	-	-	-	-	-	-	37,296	-	37,296	193,662
	<u>365,501</u>	<u>49,443</u>	<u>108,630</u>	<u>83,618</u>	<u>601,678</u>	<u>87,650</u>	<u>36,671</u>	<u>69,141</u>	<u>37,296</u>	<u>48,234</u>	<u>1,487,862</u>	<u>1,417,623</u>
Share of support costs (see note 8)	36,500	5,501	12,314	11,610	65,408	17,584	7,789	-	-	5,390	162,096	147,042
Share of governance costs (see note 8)	3,800	484	1,203	846	7,448	1,256	1,156	-	-	557	16,750	11,880
	<u>405,801</u>	<u>55,428</u>	<u>122,147</u>	<u>96,074</u>	<u>674,534</u>	<u>106,490</u>	<u>45,616</u>	<u>69,141</u>	<u>37,296</u>	<u>54,181</u>	<u>1,666,708</u>	<u>1,576,545</u>
Analysis by fund												
Unrestricted funds - general	203,134	33,844	37,965	46,752	348,664	41,538	7,115	5,965	27,146	13,725	765,848	597,031
Unrestricted funds - designated	519	50	175	112	1,107	159	97	-	-	25	2,244	-
Restricted funds	202,148	21,534	84,007	49,210	324,763	64,793	38,404	63,176	10,150	40,431	898,616	979,514
	<u>405,801</u>	<u>55,428</u>	<u>122,147</u>	<u>96,074</u>	<u>674,534</u>	<u>106,490</u>	<u>45,616</u>	<u>69,141</u>	<u>37,296</u>	<u>54,181</u>	<u>1,666,708</u>	<u>1,576,545</u>
For the year ended 31 March 2022												
Unrestricted funds - general	204,291	17,519	26,204	22,094	137,402	33,060	5,212	-	146,658	4,591		597,031
Restricted funds	256,814	53,864	105,305	113,003	280,803	85,252	14,969	-	47,004	22,500		979,514
	<u>461,105</u>	<u>71,383</u>	<u>131,509</u>	<u>135,097</u>	<u>418,205</u>	<u>118,312</u>	<u>20,181</u>	<u>-</u>	<u>193,662</u>	<u>27,091</u>		<u>1,576,545</u>

YELLOW DOOR (SOLENT)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

8 Support costs

	Support costs	Governance costs	2023	Support costs	Governance costs	2022	Basis of allocation
	£	£	£	£	£	£	
Depreciation	29,888	-	29,888	23,350	-	23,350	Usage
Fundraising costs	22,637	-	22,637	21,477	-	21,477	Allocated on time
Premises	39,139	-	39,139	15,141	-	15,141	Usage
Office costs	49,959	-	49,959	51,394	-	51,394	Usage
Audit and accountancy	10,211	16,750	26,961	9,372	11,880	21,252	Governance
Sundry expenses	147	-	147	62	-	62	Usage
Professional fees	9,764	-	9,764	7,870	-	7,870	Usage
Bank interest and charges	351	-	351	18,376	-	18,376	Usage
	<u>162,096</u>	<u>16,750</u>	<u>178,846</u>	<u>147,042</u>	<u>11,880</u>	<u>158,922</u>	
Analysed between							
Charitable activities	<u>162,096</u>	<u>16,750</u>	<u>178,846</u>	<u>147,042</u>	<u>11,880</u>	<u>158,922</u>	

Governance costs includes payments to the auditors of £16,750 (2022- £11,880) for audit fees.

YELLOW DOOR (SOLENT)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

9	Net movement in funds	2023	2022
		£	£
	Net movement in funds is stated after charging/(crediting)		
	Fees payable to the company's auditor for the audit of the company's financial statements	16,750	11,880
	Depreciation of owned tangible fixed assets	29,888	23,350
	Operating lease charges	2,456	2,868
		<u> </u>	<u> </u>

10 Employees

The average monthly number of employees during the year was:

	2023	2022
	Number	Number
	55	50
	<u> </u>	<u> </u>

Employment costs

	2023	2022
	£	£
Wages and salaries	1,249,710	1,033,468
Social security costs	105,381	80,828
Other pension costs	36,769	31,536
	<u> </u>	<u> </u>
	1,391,860	1,145,832
	<u> </u>	<u> </u>

The number of full-time staff during the year was 23 (2022: 22) and part-time staff was 32 (2022: 28).

Full-time equivalent staff numbers during the year were 44 (2022: 38).

No payments were made to Trustees by way of remuneration or expenses during the year (2022: £nil).

The employee benefits of the key management personnel total £171,584 (2022: £247,957).

There were no employees whose annual remuneration in either year was more than £60,000.

11 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

YELLOW DOOR (SOLENT)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

12 Tangible fixed assets

	Freehold property £	Office equipment £	Total £
Cost			
At 1 April 2022	772,998	38,365	811,363
Additions	-	31,083	31,083
	<u>772,998</u>	<u>69,448</u>	<u>842,446</u>
At 31 March 2023	772,998	69,448	842,446
Depreciation and impairment			
At 1 April 2022	92,748	20,091	112,839
Depreciation charged in the year	15,456	14,432	29,888
	<u>108,204</u>	<u>34,523</u>	<u>142,727</u>
At 31 March 2023	108,204	34,523	142,727
Carrying amount			
At 31 March 2023	<u>664,794</u>	<u>34,925</u>	<u>699,719</u>
At 31 March 2022	<u>680,250</u>	<u>18,274</u>	<u>698,524</u>

13 Debtors

	2023 £	2022 £
Amounts falling due within one year:		
Trade debtors	109,740	57,070
Prepayments and accrued income	21,499	3,714
	<u>131,239</u>	<u>60,784</u>

14 Loans and overdrafts

	2023 £	2022 £
Bank loans	<u>395,414</u>	<u>416,830</u>
Payable within one year	20,936	22,163
Payable after one year	<u>374,478</u>	<u>394,667</u>
Amounts included above which fall due after five years:		
Payable by instalments	<u>278,247</u>	<u>295,768</u>

The long-term loans are secured by fixed charges over freehold property which has a carrying value of £664,794 (2022: £680,250).

YELLOW DOOR (SOLENT)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

14 Loans and overdrafts

(Continued)

During the year to 31 March 2016 the charitable company took out two loans with Lloyds Bank plc in order to purchase the freehold property.

The first loan of £180,000 is repayable over 20 years. It has a variable rate of interest of Base + 2.9% per annum. The second loan of £352,600 is repayable over 20 years. It carries a fixed rate of interest of 4.72%.

15 Creditors: amounts falling due within one year

	Notes	2023 £	2022 £
Bank loans	14	20,936	22,163
Other taxation and social security		33,182	28,838
Deferred income	17	133,897	80,525
Trade creditors		27,094	34,170
Other creditors		352	258
Accruals and deferred income		14,000	9,850
		<u>229,461</u>	<u>175,804</u>

16 Creditors: amounts falling due after more than one year

	Notes	2023 £	2022 £
Bank loans	14	<u>374,478</u>	<u>394,667</u>

17 Deferred income

	2023 £	2022 £
Other deferred income	<u>133,897</u>	<u>80,525</u>
Movements in the year:		
Deferred income at 1 April 2022	80,525	131,602
Released from previous periods	(80,525)	(131,602)
Resources deferred in the year	<u>133,897</u>	<u>80,525</u>
Deferred income at 31 March 2023	<u>133,897</u>	<u>80,525</u>

YELLOW DOOR (SOLENT)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

18 Retirement benefit schemes

Defined contribution schemes

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

The charge to profit or loss in respect of defined contribution schemes was £36,769 (2022 - £31,536).

YELLOW DOOR (SOLENT)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

19 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			Movement in funds		
	Incoming resources £	Resources expended £	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Balance at 31 March 2023 £
Counselling	256,814	(256,814)	-	203,907	(202,149)	1,758
Family Therapy	53,864	(53,864)	-	21,534	(21,534)	-
TFI	-	-	-	63,176	(63,176)	-
ISVA	280,803	(280,803)	-	328,363	(324,763)	3,600
DAT	113,003	(113,003)	-	49,210	(49,210)	-
DIA	105,305	(105,305)	-	84,007	(84,007)	-
STAR Project	85,252	(85,252)	-	64,793	(64,793)	-
GI	14,969	(14,969)	-	40,140	(38,403)	1,737
Partnerships	47,004	(47,004)	-	10,150	(10,150)	-
Business Support Funding	22,500	(22,500)	-	40,431	(40,431)	-
Restricted Individual Donations	-	-	-	11,591	-	11,591
	<u>979,514</u>	<u>(979,514)</u>	<u>-</u>	<u>917,302</u>	<u>(898,616)</u>	<u>18,686</u>

YELLOW DOOR (SOLENT)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

19 Restricted funds

(Continued)

Restricted funds are funds which have been given for particular purposes and projects. The restricted funds must be used for the specific purpose as laid down by the donor.

The restricted funds are:

- Counselling - Provides therapeutic services for those affected by rape/sexual assaults either one to one, in groups or on an outreach basis regardless of age and/or gender.
- Family Therapy - Provides support to families affected by domestic and sexual abuse to understand the impact of trauma and abuse, strengthen communication and aid recovery together
- TFI - deliver rapid Cognitive Behavioural Therapy (CBT) informed interventions to service users who have experienced sexual abuse/ violence
- ISVA - The Independent Sexual Violence Advisors (ISVA) offer a confidential, non-judgmental advocacy service and criminal justice support service networking with the Police and other agencies for people who have experienced sexual abuse/ violence.
- Domestic Abuse Team - Offering specialist support for women, children, young people and families who have experienced domestic abuse, including services such as Pattern Changing programmes and Adverse Childhood Experiences (ACE) Recovery Toolkits.
- Diversity and Inclusion Service - Delivers person centered specialist advocacy with people who are marginalised/ disadvantaged due to language, disability, ethnicity, sexuality, gender. Helping them to access domestic and sexual abuse support.
- STAR Project - An education and outreach project which works with young people and adults to raise awareness of domestic and sexual abuse and topics linked to healthy relationships.
- Gender Identity - The Gender Identity group is a therapeutic group for young people who are experiencing significant difficulties in relation to their gender and/or sexual identity.
- Partnerships - We partner with specialist local organisations to meet the varying needs of service users.
- Business Support funding – restricted funding given for specific business support and management projects
- Restricted individual donations – restricted donations from individual supporters of Yellow Door

YELLOW DOOR (SOLENT)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

20 Unrestricted funds - designated

These are unrestricted funds earmarked for a particular project and are made up as follows:

	Balance at 1 April 2021 £	Transfers £	Balance at 1 April 2022 £	Resources expended £	Transfers £	Balance at 31 March 2023 £
IT Fund	9,498	-	9,498	-	-	9,498
Property Fund	22,589	-	22,589	(2,244)	-	20,345
Therapy Sessional Hours	-	40,889	40,889	-	(40,889)	-
Therapeutic Services	-	65,000	65,000	-	(65,000)	-
Trauma Services	-	26,000	26,000	-	(26,000)	-
Building Development	-	50,000	50,000	-	-	50,000
Therapy Services	-	-	-	-	65,000	65,000
	<u>32,087</u>	<u>181,889</u>	<u>213,976</u>	<u>(2,244)</u>	<u>(66,889)</u>	<u>144,843</u>

The Board of Trustees have designated the following funds:

- A fund for information and technology cost
- A fund for property renovations and repairs
- A fund for Therapy Services to help meet demand
- A fund for Building Development to develop the garage into a usable delivery space

YELLOW DOOR (SOLENT)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

21 Analysis of net assets between funds

	Unrestricted funds 2023 £	Designated funds 2023 £	Restricted funds 2023 £	Total Unrestricted funds 2023 £	Designated funds 2022 £	Restricted funds 2022 £	Total 2022 £
Fund balances at 31 March 2023 are represented by:							
Tangible assets	699,719	-	-	699,719	698,524	-	698,524
Current assets/(liabilities)	415,982	144,843	18,686	579,511	436,395	213,976	650,371
Long term liabilities	(374,478)	-	-	(374,478)	(394,667)	-	(394,667)
	<u>741,223</u>	<u>144,843</u>	<u>18,686</u>	<u>904,752</u>	<u>213,976</u>	<u>-</u>	<u>954,228</u>

YELLOW DOOR (SOLENT)**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023****22 Operating lease commitments**

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2023	2022
	£	£
Within one year	2,223	2,562
Between two and five years	8,284	-
	<u>10,507</u>	<u>2,562</u>

23 Related party transactions

There were no disclosable related party transactions during the year (2022 - none).

24 Legal status of the charitable company

The charitable company is limited by guarantee and has no share capital. The liability of each committee member, in the event of winding-up is limited to £1.

25 Cash generated from operations

	2023	2022
	£	£
(Deficit)/surplus for the year	(49,476)	159,033
Adjustments for:		
Investment income recognised in statement of financial activities	(856)	(56)
Depreciation and impairment of tangible fixed assets	29,888	23,350
Movements in working capital:		
(Increase) in debtors	(70,455)	(14,230)
Increase/(decrease) in creditors	1,512	(31,335)
Increase/(decrease) in deferred income	53,372	(51,077)
Cash (absorbed by)/generated from operations	<u>(36,015)</u>	<u>85,685</u>

26 Analysis of changes in net funds

	At 1 April 2022	Cash flows At 31 March 2023	
	£	£	£
Cash at bank and in hand	765,391	(87,658)	677,733
Loans falling due within one year	(22,163)	1,227	(20,936)
Loans falling due after more than one year	(394,667)	20,189	(374,478)
	<u>348,561</u>	<u>(66,242)</u>	<u>282,319</u>