2023-24 ANNUAL REPORT

For the year ended 31st March 2024

Report of the Board of Trustees and Financial Statements

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FOREWORD

Julie writes: 2023-2024 has been an excellent year for Yellow Door with our services and capacity growing further to make a difference to our community. The important work of our team helps to meet the needs of children, young people and adults at a time in their lives when trust is often hard to build. Our therapists, advocates and counsellors work with skill and care at the right time, in the right way for the individual.

The Frankie service has been new to Yellow Door this year, but I am proud that we are now further developing this provision for children and young people who have experienced sexual abuse, sexual exploitation or female genital mutilation. Other aspects of our work are also building a regional and national reputation.

The Board of Trustees work closely with our CEO, Nicci King, to provide strategic direction and oversight of the Charity. I am grateful for the expertise and energy of our Trustees who give their time and commitment. As we further build our commitment to inclusion and diversity, do get in touch if you feel your skills and experience will benefit the Yellow Door Board of Trustees.

Dr Julie Greer

Chair of the Board of Trustees

Nicci writes: I feel very privileged to lead our highly skilled and compassionate team of staff and volunteers who are passionate about making a difference to local people's lives.

Over the last year, we have continued to build our reputation as a trusted, inclusive and knowledgeable local specialist charity. We successfully secured the South West Hampshire All Age Sexual Abuse Therapeutic Contract and the Children and Young Peoples Therapeutic Frankie Worker Service which allow us to provide accredited and specialist therapeutic support in our local area.

We continue to work hard to ensure that everyone can access our services regardless of their age, gender, disability, ethnicity, language or sexuality and we are committed to further improving accessibility across all the protected characteristics.

Our service users regularly tell us how they keep themselves safe and are able to rebuild their lives with our support. I want to take this opportunity to thank our service users, staff, volunteers, trustees, partners and supporters for helping to make Yellow Door the responsive and innovative service that we are today.

Nicci King

Chief Executive Officer

REPORT OF THE BOARD OF TRUSTEES

The Board of Trustees are pleased to present its annual report and audited Financial Statements for the year ended 31 March 2024, which are also prepared to meet the requirements for a Directors' Report and Financial Statements for Companies Act purposes.

The Financial Statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their Financial Statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

REFERENCE AND ADMINISTRATIVE INFORMATION

Charity name	**Yellow Door (Solent)**
Charity number	1111753
Company number	05486084
Registered office	30 Brookvale Road Southampton Hampshire SO17 1QR

The Trustees are the directors of the charitable company for the purpose of company law and are trustees for the purpose of charity law.

The Trustees who served during the year and since the year end are as follows:

Board of Trustees

J Greer	
C Brook	
K Morrison	Resigned 9 October 2023
E Ryall	Resigned 17 May 2024
N Hutchins	Resigned 11 July 2023
S Groszewski	
S Sitaram	
J Orme	Resigned 29 November 2023
E Filer	Appointed 22 July 2023
K Allan	Appointed 18 February 2024
C Ballinger	Appointed 12 March 2024

REFERENCE AND ADMINISTRATIVE INFORMATION

Secretary

M Mabey

Senior Management Team

N King	Chief Executive Officer (CEO)
R Edwards	Head of Therapeutic Services
T Stovold	Head of Advocacy
C Gilbert	Head of Evaluation and Systems Development
P Rajo	Head of Finance
S Johnson	Head of Fundraising & Communications
S Willis	Duty Manager (appointed 1 April 2023)

Auditors

Fiander Tovell Limited
Stag Gates House
63-64 The Avenue
Southampton
SO17 1XS

Bank

Lloyds Bank Plc
92-94 Above Bar Street
Southampton
SO14 7DT

OBJECTIVES & ACTIVITIES

The Charity's objects (the Objects) are:

- To relieve the sickness and distress of individuals who have suffered abuse/rape at any time in their lives.
- To promote the education of the public in the subject of sexual abuse/rape and its psychological and social impact.

Yellow Door aims to:

- Prevent domestic and sexual violence through increasing awareness of the harmful impacts, working with children, young people, families, communities and partners.
- Provide non-judgmental specialist support to adults, families, young people and children who have been affected by domestic or sexual abuse, including harmful practice.
- Target support to the most marginalised communities who experience additional barriers to gaining support, because of the intersectionality of protected characteristics such as their ethnicity, race, disability, gender or age with abuse.

Public Benefit Statement

Yellow Door's activities and who it helps are described in detail below. All charitable activities focus on the support, empowerment and recovery of those individuals who have experienced domestic and/or sexual abuse and its prevention. All activities are undertaken to further Yellow Door's charitable purposes for the public benefit. The Trustees have also had regard to the Charity Commission's public benefit guidance when exercising any powers or duties to which the guidance is relevant.

Structure, governance and management

Yellow Door is a Charitable Company Limited by Guarantee, incorporated on 21 June 2005 and registered as a charity on 19 October 2005. It was established under a Memorandum of Association to include the objects and powers of the charitable company and is governed under its Articles of Association. Anybody can apply to the Board of Trustees to become a member of the charitable company and each member is required to contribute £1 in the event of the charitable company winding up.

The Board of Trustees meets quarterly, ensuring that any decisions are agreed as a quorum. Additional meetings are held as required for key decision making. Responsibilities are delegated to sub-groups which include HR, Finance and Strategy. The delegated sub-groups report back to the Board. The Board of Trustees, at the date of signing this Report, has 7 members (8 at the Balance Sheet date of 31 March 2024). The Trustees delegate day-to-day responsibility for the running of Yellow Door to the CEO.

A Senior Leadership Team works strategically to support long term sustainability of the organisation, ensure the growth and development of services, effective financial management, safeguarding and quality assurance. This is particularly important as the service adapts to changes in service user demographics and needs and seeks to respond flexibly to an increasingly competitive funding environment.

OBJECTIVES & ACTIVITIES

Recruitment and Appointment of Trustees

Yellow Door is governed by a Board of Directors who are also Charity Trustees for the purposes of charity law and, under the company's Articles of Association, are known as Trustees. In seeking to represent the communities we serve, we advertise widely for Trustees, detailing the mix of skills and expertise required. Current Trustees have skills and experience in senior leadership, safeguarding, children's services, child mental health and well-being, education, quality and management systems, policy, advocacy and influence, diversity, equity & inclusion, human resources, co-production and finance. Trustees are appointed either by members' agreement at an Annual General Meeting or by the Board of Trustees following application and interview. A third of the Trustees retire (but may be re-appointed) by rotation at each Annual General Meeting. Trustees are not paid any remuneration for their role.

Trustee Induction and Training

All new Trustees are provided with an induction pack containing general information on the role of a Charity Trustee and information specific to Yellow Door, such as the Memorandum and Articles of Association and policies for example on safeguarding, financial procedures, service provision, employment, health and safety. Trustees have opportunities to meet with staff, attend training and/or observe activities in order to gain a better understanding of the day-to-day workings of Yellow Door. Trustees are provided with regular updates from the Charity Commission and other reputable organisations with expertise in our area of work. Links are encouraged with organisations such as the Survivors Trust, Voluntary, Community and Social Enterprise (VCSE) Group, locally, to network and develop. Trustees actively access training material and the learning is often cascaded to the wider Board. Trustees are also encouraged to attend training events on the Trustee role and their responsibilities, for example, training provided by Zurich Community Trust as well as other relevant training provided in-house. The Chair attended a national CityForum event in January, bringing together key figures from police and policy makers to share their knowledge of Violence Against Women and Girls.

Risk Management

During the 2023/24 financial year, Yellow Door kept under review its Risk Management Register. Trustees working alongside the CEO and Senior Leadership Team examined the major strategic, business and operational risks that Yellow Door potentially might face.

Any financial risks are carefully considered on a regular basis by the Finance Sub-Group, which receives monthly financial reports. Any matters of concern are referred to the Board of Trustees. Through an Enhance grant with Lloyds Foundation we received free consultation from the Foundation of Social Improvement (FSI) to support the review and refresh of our Fundraising Strategy. The Income Diversification Strategy 2020-2024 is supporting us to ensure we diversify our income across a variety of streams, so we can continue delivering the wide range of services we offer.

Procedures are also in place with regard to the health and safety of staff, volunteers, service users and visitors to the building. Delivery of therapeutic services is in accordance with the guidelines of the British Association of Counselling and Psychotherapy (BACP), of which Yellow Door is now an accredited member.

Yellow Door has robust Safeguarding procedures (for children and adults) and can demonstrate best practice to ensure the safeguarding of our service users and their families. This includes a Senior Duty Safeguarding Manager, mandatory staff training, regular monitoring, risk assessment and review of our procedures to ensure compliance with national and local standards.

OBJECTIVES & ACTIVITIES

Organisation Management

Yellow Door's Senior Leadership Team have a range of skills, qualifications and experience including; voluntary sector management, evidence based psychological therapies, project mobilisation and management, quality assurance, building effective partnerships, contract/ grants management, safeguarding, HR, IT, finance, data monitoring and communications. A mandatory training plan is in place to ensure all staff and volunteers are aware of their obligations and responsibilities in areas such as Health and Safety, Safeguarding, General Data Protection Regulations and Operational Quality Standards.

Related Parties

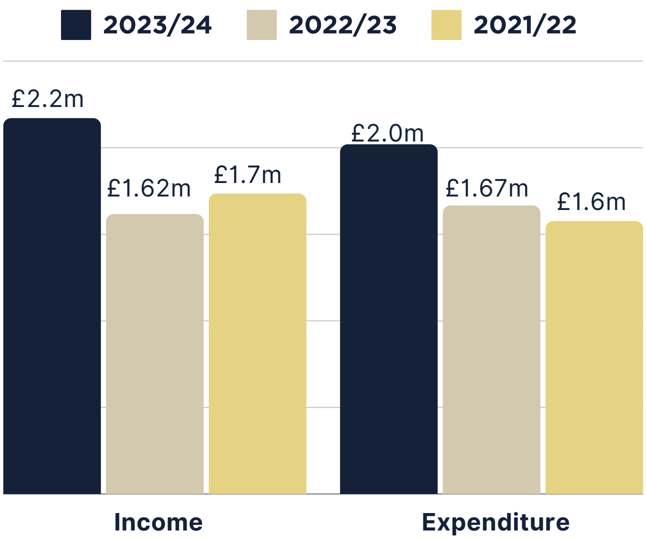
Yellow Door collaborates with a range of key partners to ensure effective signposting, shared care (where appropriate) and minimising duplication of services. Key partners include Local Authorities, Children and Adult Social Care, Adult and Child/Adolescent Mental Health teams, Hampshire Constabulary, Office of the Police and Crime Commissioner, Schools and Education Services, Sexual Health Services and a broad range of voluntary sector partners.

INCOME

34%

Income is up by 34% on prior year

Financial Review



During the year ended 31 March 2024, we have continued our concerted focus on diversifying our income streams alongside reviewing our on-going costs management. We wanted to continue to deliver and grow the much-needed quality support and education services to our community which we believe is evidenced within this report. We have been very fortunate that individuals and businesses have made generous donations to Yellow Door, as well as those who have taken part in fundraising activities, which have generated further unrestricted funding.

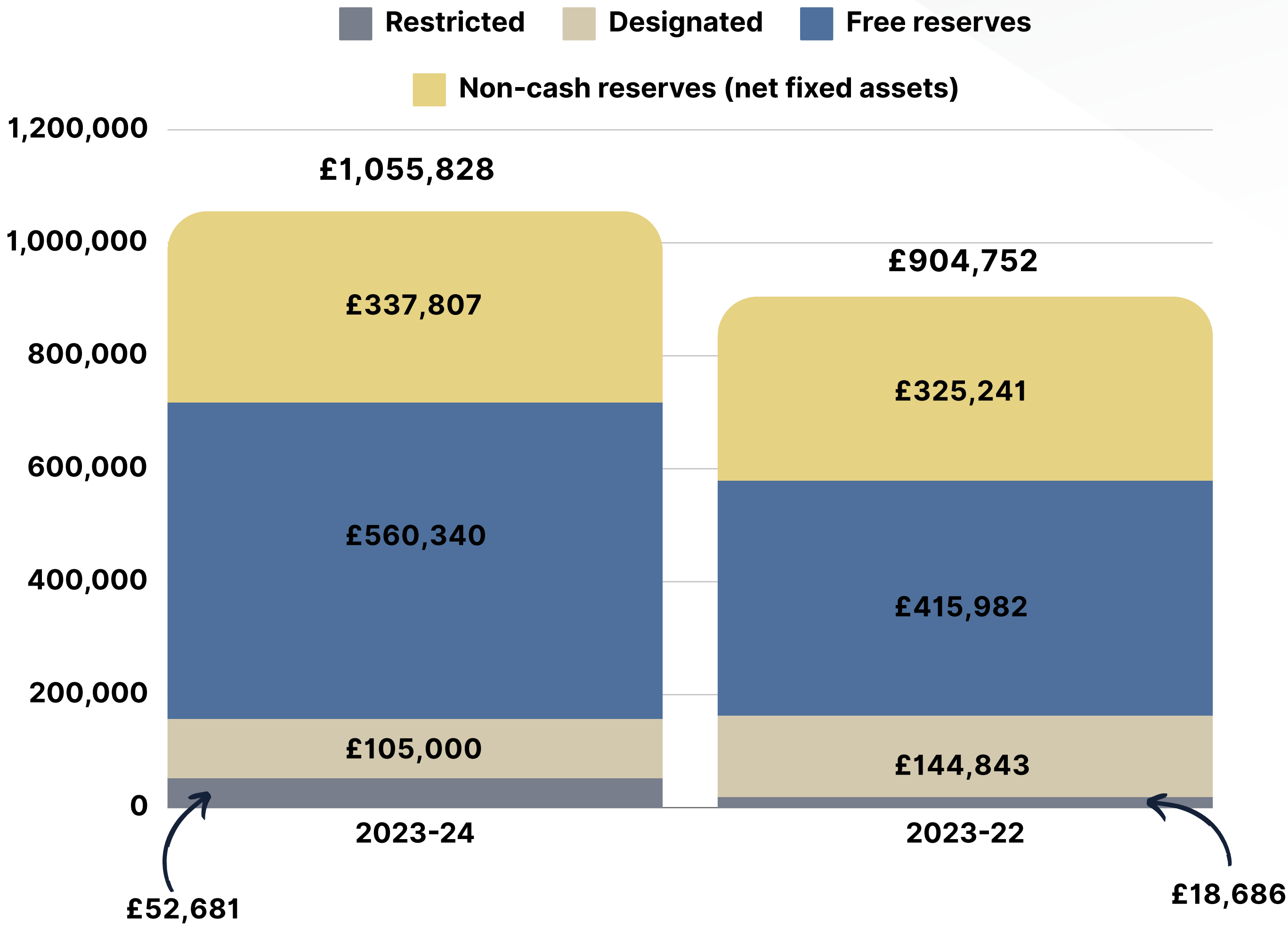
Yellow Door continues to provide services which involve sub-contracting some elements to partners for their specialisms; for example, Spectrum, who are a user-led organisation, run and controlled by disabled people, and Southampton Family Trust who provide expertise on parenting courses. The Board of Trustees are satisfied with the outcome for the year.

SURPLUS

We ended the year with a small surplus which has helped us strengthen our reserves

OBJECTIVES & ACTIVITIES

Reserves



Restricted funds are amounts given for specific purposes and projects. More information on restrictions can be found in Note 19: Restricted Funds. Designated funds are unrestricted funds earmarked for a particular project agreed by the Board of Trustees. More information on designations can be found in Note 21: Unrestricted Funds - designated.

Free reserves are calculated after deducting the amount of reserves which could only be realised by disposing of fixed assets.

Yellow Door holds reserves predominantly to mitigate against the risk of a decline in income. Holding an appropriate level of reserves means that the charity would be able to continue the current activities of Yellow Door in the event of a significant drop in funding. The reserves held will allow sufficient time to secure replacement funding or consider a change or reduction in activities. Our reserves policy considers the level of committed income already secured for future years and the timescale over which our contracts operate.

Our policy is to maintain free reserves equating to 3 to 6 months-worth of expenditure.

At current levels of expenditure, this target level of free reserves is considered to be between £493,380- £986,760. Free reserves at the year-end of £560,340 sit within this target.

OBJECTIVES & ACTIVITIES

Investment Policy

The Board of Trustees does not consider it prudent, at this stage, to invest income for the longer term. Its policy for investment is therefore to retain funds as cash and place them on bank deposit at the best rate obtainable.

Fundraising Practices

A designated member of the team assists in the co-ordination of fundraising events and activities with our supporters. Yellow Door does not use professional fundraisers or involve commercial participators. We are not part of any voluntary schemes or standards for regulating fundraising. It is made clear to any supporters who raise funds that they are acting "in aid of" Yellow Door and not "on behalf of". There have been no complaints about fundraising activity during the year. Yellow Door does not undertake any direct marketing for the purposes of fundraising in order to ensure that there is no unreasonable intrusion, persistent approaches or undue pressure. Third party fundraisers are given clear instructions that they must also abide by these guidelines.

Statement of trustees' responsibilities

Yellow Door Board of Trustees (Trustees for the purposes of charity law and directors for the purposes of company law) are responsible for preparing an Annual Report and Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). Company law requires the Board of Trustees to prepare Financial Statements for each financial period, which give a true and fair view of the state of the affairs of Yellow Door as at the Balance Sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial period. In preparing those Financial Statements the Board of Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP (FRS102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the Financial Statements; and
- prepare the Financial Statements on the going concern basis unless it is inappropriate to assume that the charitable company will continue on that basis.

The Board of Trustees are responsible for maintaining proper accounting records which disclose, with reasonable accuracy at any time, the financial position of the charitable company and to enable them to ensure that the Financial Statements comply with the Companies Act 2006. The Board of Trustees are also responsible for safeguarding the assets of the charitable company and, hence, for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Auditor

The auditor, Fiander Tovell Limited, is deemed to be reappointed under section 487(2) of the Companies Act 2006.

Basis of Accounting

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies' exemption under the Companies Act 2006.

OUR VISION

A WORLD WHERE ADULTS, FAMILIES, YOUNG PEOPLE AND CHILDREN CAN LIVE WITHOUT EXPERIENCING DOMESTIC AND SEXUAL ABUSE AND THE RESULTING DEVASTATING IMPACTS.

Yellow Door was established 39 years ago in Southampton, growing from a small local volunteer led helpline, working with women who had been raped or sexually assaulted, to the innovative and wide-ranging organisation across Southampton and Hampshire that we are today.

We support people of all ages and all genders, in Southampton and across Hampshire & Isle of Wight, who have experienced domestic and/or sexual abuse including those affected by harmful practices such as Female Genital Mutilation (FGM), honour-based abuse and forced marriage. We provide direct services to support them to recover from their trauma and move forward with healthy and safer lives. We focus on preventative work through education, awareness raising, early intervention and training.

People with lived experience of domestic or sexual abuse have always been at the heart and foundation of Yellow Door. We ensure that this principle underpins all our work and the development and delivery of our services, and we are working to explore further opportunities for involvement and coproduction.

Services we deliver include:

- Preventative education work with children and young people in schools and youth settings
- Specialist sexual abuse advocacy services, including a sexual abuse helpline
- Outreach and specialist advocacy support services working to address barriers, improve access and promote equality and inclusion by working with anyone who may be marginalised or disadvantaged in accessing services
- All gender therapy and counselling for adults, children, young people and families
- Psycho-educational groups and courses
- Training, awareness raising and partnership work

OUR CONTEXT & PROFILE

WE LAUNCHED OUR NEW FIVE-YEAR STRATEGY AT THE END OF 2023: 'PREVENTING AND RESPONDING TO DOMESTIC AND SEXUAL ABUSE 2023-2028'

We continue to see a national focus on both Domestic Abuse and Violence Against Women and Girls, which we wholeheartedly support.

The strategy comes in response to the unprecedented increase in referrals that we have seen over the last few years and will help support the continued growth and development of Yellow Door as a charity. We spent time engaging with our service users, delivery partners, funders, and the public, to help shape our new strategic direction, which focuses on prevention support, empowerment, and recovery.

The pandemic and cost of living crisis have drastically increased the risks for victims and survivors of domestic and sexual abuse, and demand for our support has also been heightened due to an increase in public awareness of tragic high-profile murder and sexual violence cases.

We have continued to see an increased presence in both mainstream and social media, which raise a good awareness of our service.

Our CEO, Nicci, was nominated to Chair the Southampton Domestic & Sexual Abuse Operational Group.

The group is attended by a wide range of professionals including; Police, Health, Social Service, Education, Housing, Probation and Voluntary Sector. Nicci has increased attendance at the meeting and has supported the development of key pieces of work, raising awareness of the impact the court delays are having on victims of domestic and sexual abuse, supporting a more co-ordinated approach in terms of children's services with the local domestic abuse service providers and we are about to start a piece of work on highlighting the challenges faced by victims who have no recourse to public funds.

We have had two new courses accredited during this period and are working towards getting another two accredited this year. The two accredited courses are 'Awareness and Impact of Domestic Abuse' and 'Female Genital Mutilation'. We have also developed some new and interactive training sessions focused on Disability and Domestic Abuse and delivered these to professional non-statutory services.

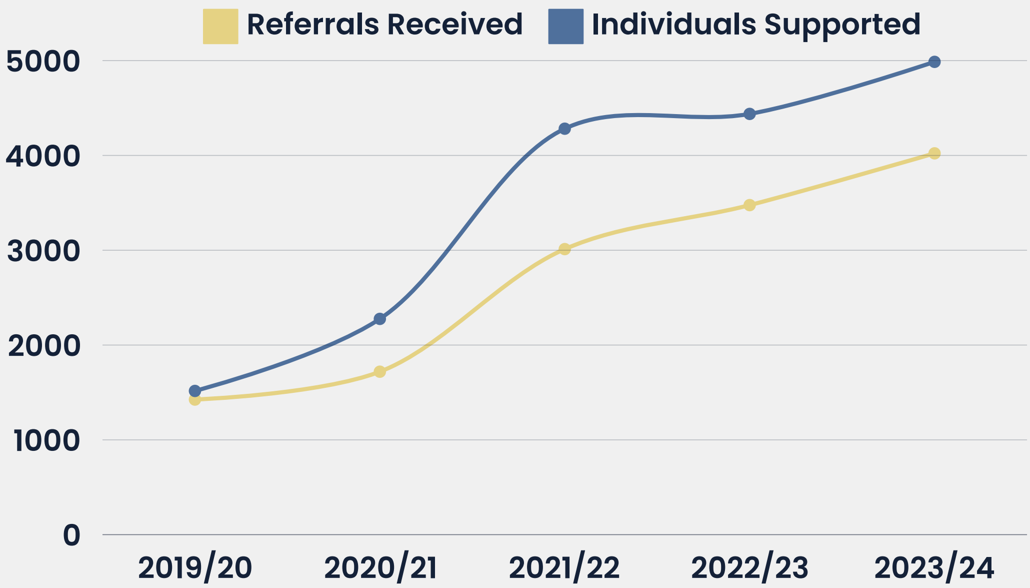
ACHIEVEMENTS & HIGHLIGHTS

We consulted widely to support the development of our new five-year strategy and collated feedback from a variety of partners. The response was overwhelmingly positive, and we held a launch event in November 2023 which was well attended. We look forward to reviewing the impact over the coming years.

In October 2023, we secured the Hampshire Therapy Contract for Southampton, Test Valley and Eastleigh as well as the Hampshire and Isle of Wight wide Frankie Worker Children and Young People's Therapeutic Contract. These contracts were mobilised efficiently, including the transfer of existing staff and service users. For the first 6 months of this contract, we focused on quality assurance, updating systems and processes so we could meet the requirements of the contracts. We continue to work closely with local authorities across the county and develop our relationships with other agencies.

We have also developed a new Domestic Abuse Recovery Programme for those who have experienced domestic abuse. The parent/ carer will attend the You & Me Mum Women's Accredited Course and their children who are aged between 3-5 years, access Play Therapy with a qualified therapist experienced in working with children. Such early intervention is rare across the country and we would like to commission independent research to review the effectiveness of the service. This will also enable us to share learning and recommendations both locally and nationally.

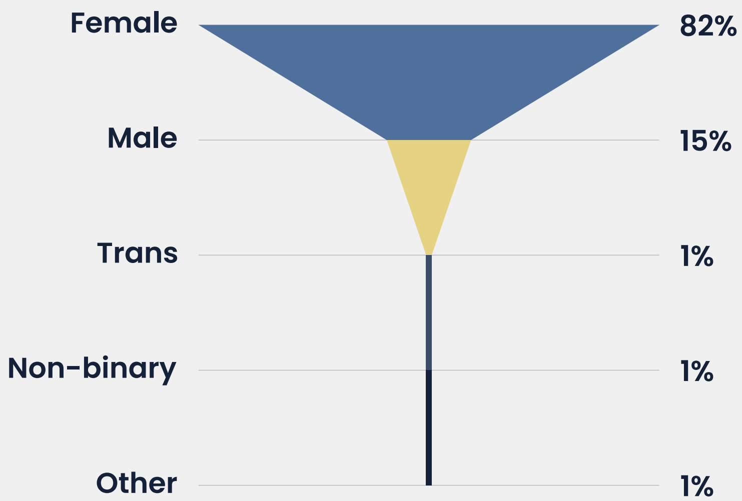
ACHIEVEMENTS & HIGHLIGHTS

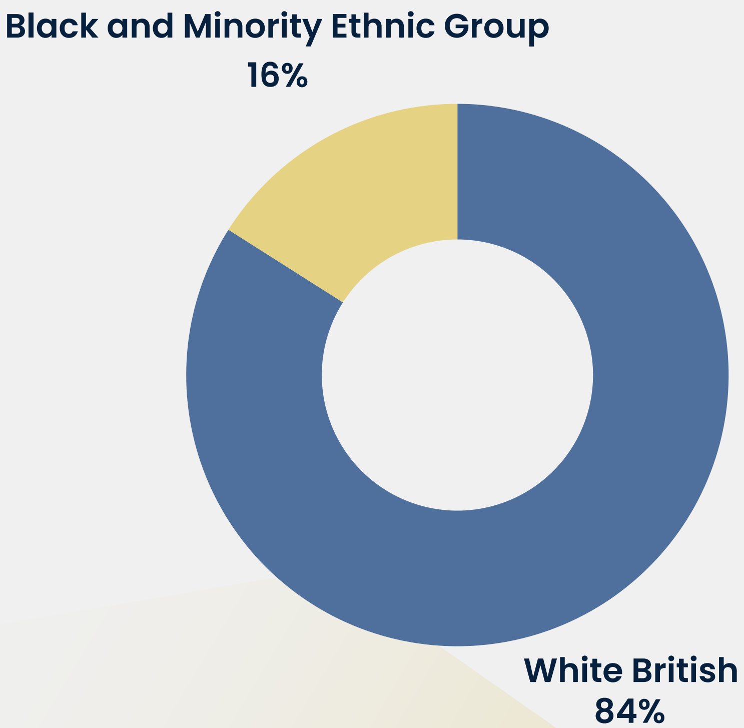


We received 4,022 referrals in 2023/24; this is a 16% increase compared to 2022/23.

We also supported 4,987 service users; this is a 12% increase compared to the previous year.

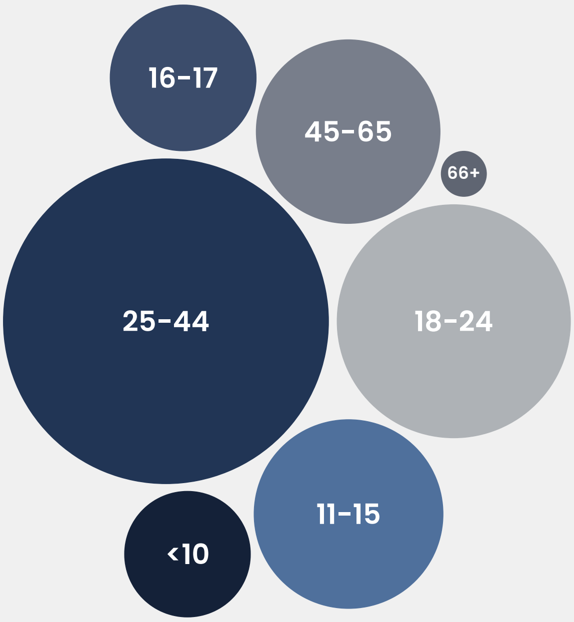
We work with victims regardless of gender. Our service users are predominantly female but we are seeing an increase in our work with other genders.



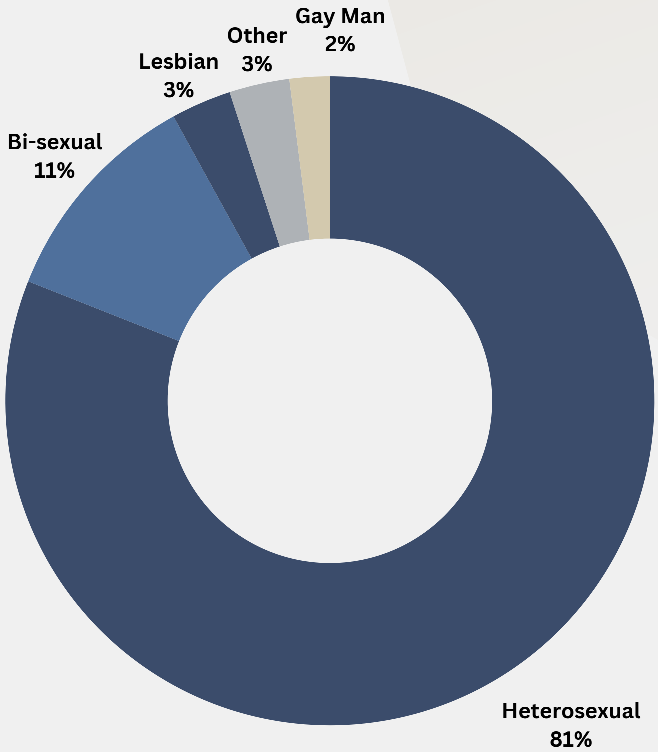


We are committed to working with people from diverse backgrounds. In 2023/24, 16% of our service users were from a Black and Minority Ethnic group.

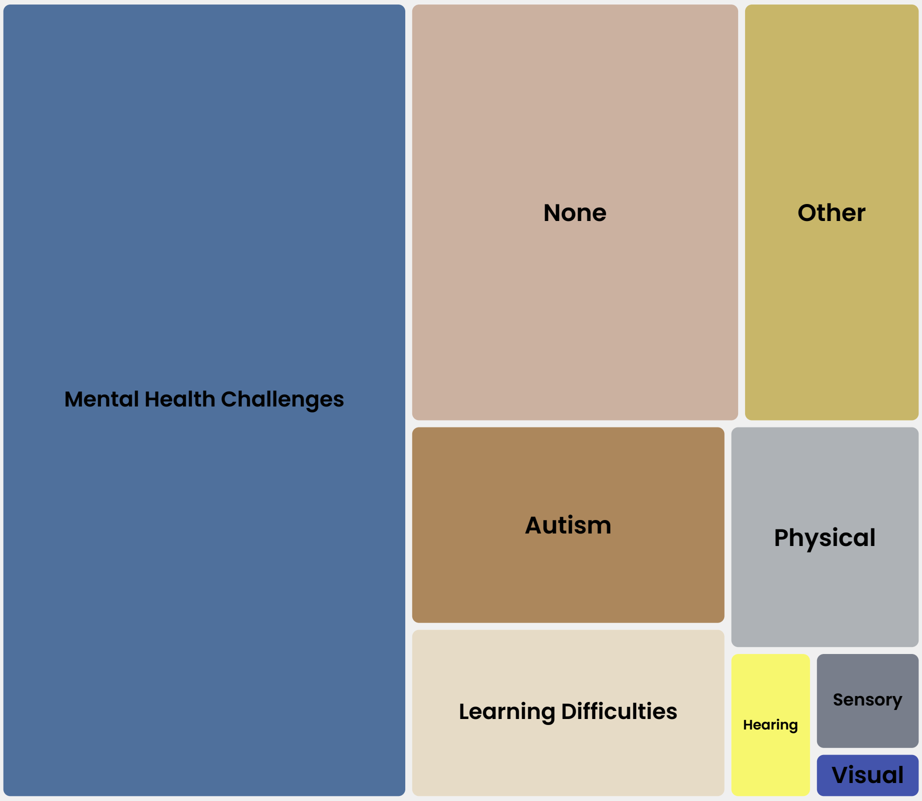
ACHIEVEMENTS & HIGHLIGHTS



Yellow Door worked with all ages and during the 2023/24 financial year, the majority of our service users were 25-44 years old.



We are committed to working with people of all sexualities. This year we have seen a rise in service users from across all sexualities.



We support service users with a range of different needs. We continue to recruit specialist staff members to ensure that we can offer a service that is tailored to individual need.

COMMUNITY OUTREACH, TRAINING & CONSULTANCY

We attended a number of events at Solent and Southampton University including Freshers' Fayres, Mental Health days and International Women's Day celebrations.

We have had some of our training courses accredited and have been rolling these out to local professionals. We have also led training to each of the local police forces on trauma informed processes. In the last year we have also delivered whole team in person training in the following areas: Safeguarding, Diversity & Inclusion, Gender Identity, Trauma Informed Practice.

Our CEO has supported other local charities - the support has included sharing expertise including; commissioned contracts, recruitment and retention, income generation, service user management systems, referral and triage processes to therapeutic best practice.

COLLABORATION WITH OTHERS

We have developed two independent evaluation projects this year; the first was with Solent University who evaluated a project that the STAR team have been facilitating, which focused on tackling Violence Against Women and Girls (VAWG) by working with young men in secondary schools to challenge sexism, misogyny and VAWG.

The second evaluation was with Bournemouth University who evaluated our specialist Advocate Educator roles. The evaluation assessed the effectiveness of the support provided and made recommendations for future commissioning of support in Southampton. The services are all innovative and will provide recommendations and learning locally and nationally. We held dissemination events for both and have presented at local strategic and operational Boards. This work has been highly rewarding and we will continue with an independent review of our Early Years work beginning in 2024/25.

We secured the Sexual Crime Therapeutic Contract for Southampton and Western Hampshire. This has given us the opportunity to work in partnership with Community First and the You Trust, we have been working closely and sharing best practice in several areas, for example; therapeutic standards, working with children, recruitment, and marketing.

As we diversify our funding landscape, we are delighted to be supported by new opportunities from corporate partners, trusts, foundations and local authorities. Special thanks go to the National Lottery Community Fund, Children in Need, The Charles Hayward Foundation, Zurich Community Trust, Global Make Some Noise, the Henry Smith Foundation, Hampshire and Isle of Wight Community Foundation, Wave 105, Hampshire's Office for the Police and Crime Commissioner, Southampton City Council, and Hampshire County Council for their support.

A further thank you to Jack Terry (Lifestyle and Advertising Photographer London | Jack Terry Photography) and Lisa Bretherick (www.lisaimages.com) who have taken the photographs used in this report.

We are also so grateful for all the feedback from our service users and proud to include some of this in our annual review. All quotes are used in their original format without editing.

THERAPY SERVICES

We provide a variety of therapeutic services at Yellow Door. Our therapists offer talking therapies including Counselling, Art Therapy, Play Therapy, Trauma-Informed Cognitive Behavioural Therapy (CBT), Emotional Coping Skills, Eye Movement Desensitisation and Reprocessing (EMDR) and a range of therapeutic groups. Each service aims to provide personalised help using methods to address the impact of abuse and trauma.

STATISTICS

During the year we have seen...

1,903	2,539	2,278	97	1,333	214	36
REFERRALS RECEIVED	INDIVIDUALS SUPPORTED	ATS* COUNSELLING SESSIONS PROVIDED	ATS* GROUP SESSIONS PROVIDED	CYP** COUNSELLING SESSIONS PROVIDED	FAMILY THERAPY SESSIONS PROVIDED	GI*** GROUP SESSIONS PROVIDED

ACTIVITIES

One to one talking therapies to support mental health and wellbeing, aid repair and recovery after abuse, build resilience and develop healthy coping strategies

Emotional Coping Skills; a psycho-educational group offering management strategies to those struggling with distressing thoughts and feelings as a result of sexual abuse

Therapeutic groups specifically for men, women and children attempting to process the impact that either domestic or sexual abuse has had on their lives

One to one play therapy, art therapy and counselling sessions

Psycho-education to help young people experiencing psychological distress, as a result of their experiences, to process, make sense of and learn to manage problematic emotional reactions and impulses

Talking therapies for families to improve communication, address difficult behaviours and set/ maintain boundaries

We facilitate a service for young people (aged 11-18) who are experiencing confusion, distress or interpersonal difficulties related to Gender Identity (GI). It allows young people to explore Gender Identity together, what it means to them and how it impacts them

OBJECTIVES

- To support adults aged 19+ who have experienced sexual abuse or violence, through individual or group therapy options. Yellow Door supports people to manage the impact their experiences have on their physical and emotional wellbeing
- To support children and young people 18 and under through individual face to face counselling, outreach interventions and group therapies
- To support families affected by domestic and sexual abuse to understand the impact of trauma and abuse, strengthen communication and aid recovery together
- To work with service users who would otherwise be waiting for access to our traditional therapies, including service users who are at risk of post-traumatic stress disorder as a result of their experiences through rapid Cognitive Behavioural Therapy informed interventions

"Having a place to talk was great. I did not think this was the right thing for me but I am so pleased I've done it, so thank you for encouraging me to talk"

– Family Therapy Service User

THERAPY SERVICES

"I was able to talk openly about my trauma and experiences knowing I wouldn't feel judged. I was able to get to the root of the issues I didn't even realise were there" – **Adult Therapy Service User**

"Both me and my child have found the help received fantastic. It has really helped us to move forward and understand all the thoughts and feelings.... My child has been able to process their emotions more and to feel more comfortable in themselves for who they are at the moment. The communication and support has been brilliant" – **Gender Identity Parent Group**

SERVICE USER FEEDBACK

98%

98% of service users felt better able to keep themselves safe

94%

94% of service users felt better able to participate in social/leisure/ community activities

94%

94% of children and young people whose engagement in education/ training improved

100%

100% of service users described our interventions as a positive experience

"I have felt that this has been a life-changing experience for me and has saved me from a dark place I could not see a way out of on my own. The staff have all been so friendly and welcoming at a vulnerable time. Thank you all so much for the invaluable work you do" **– Trauma Services Service User**

*ATS - Adult Therapy Service
**CYP - Children and Young People Therapy Service
***GI - Gender Identity

FRANKIE WORKER CHILDREN & YOUNG PEOPLE'S THERAPEUTIC SERVICE

Yellow Door secured the Frankie Worker Service contract in October 2023. The Frankie Worker Service is inspired by Frankie, an adult survivor of child sexual abuse who is now in her early 20s. Frankie was considered a happy child, 'gifted and talented' until being sexually abused at a young age and over a number of years by a family friend. Frankie says she was not offered trauma support and was eventually sectioned under the Mental Health Act. Frankie believes that had her trauma been dealt with, she would have coped and recovered better.

STATISTICS

During the year we have seen...

294	138	957
REFERRALS RECEIVED	**INDIVIDUALS SUPPORTED**	**COUNSELLING SESSIONS PROVIDED**

"The support has been fantastic and my mental health has improved significantly" – **Frankie Service User**

OBJECTIVES

- The Frankie Worker service aims to prevent trauma from turning into poor mental health

ACTIVITIES

Frankie Workers provide therapeutic counselling to children and young people aged 0-18 years

They also provide play therapy for children who are victims of sexual abuse, sexual exploitation or female genital mutilation.

SERVICE USER FEEDBACK

100%

100% of service users who engaged with Frankie support described this as a positive experience

100%

100% of service users saw overall improvement in *CORE YP scores

**Clinical Outcomes in Routine Evaluation for Young People*

STAR PROJECT

The aim of the STAR project is for children and young people to understand and develop positive relationships and recognise, and safely challenge, negative behaviours/opinions.
We work in mainstream and alternative education settings, youth centres, colleges, universities and other youth environments, engaging children and young people in conversations about safety and healthy relationships.

ACTIVITIES

Delivers creative and tailored workshops that focus on healthy relationships, sexual consent, sexting, sexual exploitation, cyber bullying, peer pressure, self-esteem and internet safety

Works closely with schools to reach and engage as many young people as possible. Sessions cover Relationships and Sex Education topics with additional support on mental health, wellbeing and managing anxieties

Responding to issues arising from publicity around Violence Against Women & Girls; this year we launched new sessions aimed at educating young people about these issues. We worked specifically with young boys to roll out a whole school project and will continue with this work in 2024/25.

OBJECTIVES

- To increase awareness of the harmful impacts of domestic and sexual abuse and negative stereotypes
- To understand and apply ways of keeping safe

"I found everything was explained very thoroughly and carefully with attention to ensure everyone was comfortable. I think that it was very informative and sensitive to everyone's own experiences" – **STAR Project Service User**

STATISTICS

During the year we have seen...

NUMBER OF STAR SESSIONS & WORKSHOPS PROVIDED: 376

NUMBER OF CHILDREN/YP ENGAGED: 8,518

"This session was very informative and useful. I did not know much about the laws of nude image sharing but I feel like I learned a lot about how to stay safe. Thankyou" – **STAR Project Service User**

SERVICE USER FEEDBACK

Following a STAR session, young people reported:

98%

98% understood the importance of consent in relationships

99%

99% understood where they can go for help

98%

98% understood how to stay safe online

100%

100% understood what a healthy relationship is

100%

100% can recognise the signs of grooming

DOMESTIC ABUSE TEAM (DAT)

DAT aims to support women and children who have experienced domestic abuse.

OBJECTIVES

- To facilitate recovery groups for women and children who have experienced domestic abuse
- To offer one to one support and an advice line working closely with our Prevention Intervention and Public Protection Alliance (PIPPA) partners

KEY ACTIVITIES

- Pattern Changing: provides structured group work over 12 weeks for women who have experienced domestic abuse with the aim of rebuilding strength and resilience
- Adverse Childhood Experiences (ACEs) Recovery Toolkit: a 10-week programme that has been written to educate and inform individuals about the impact that ACEs can have
- Building Respectful Families: aimed at families experiencing adolescent on parent violence
- This year, we launched a new programme which supports people who have been in an abusive relationship and have children aged between 3 and 5 years old. Using a combination of psychoeducational work for the parent and thera-play for children, the group aims to empower survivors in further understanding their role as parents and to address the needs of their children who have experienced domestic abuse.

STATISTICS

During the year we have seen...

443	REFERRALS RECEIVED
124	GROUP SESSIONS ACROSS ALL GROUPS
106	TOTAL ATTENDEES
39	ATTENDEES AT PATTERN CHANGING GROUPS
40	ATTENDEES AT ACES GROUPS
19	ATTENDEES AT BUILDING RESPECTFUL FAMILIES GROUPS
8	ATTENDEES ACROSS EARLY YEARS GROUPS
118	PROFESSIONALS TRAINED / TYPES OF TRAINING

"I was able to discover myself as individual. I was able to know my basic rights, how to be assertive.
Thank you for everything over the past 10 weeks. You and the group came into my life exactly when I needed it. I have learnt so much about myself and have so many coping tools to help me along the way"
– **DAT Service User**

"The course was really informative- I learned so much that I didn't know. The facilitators are kind and engaging. It was nice to feel part of a group" – **DAT Service User**

DIVERSITY AND INCLUSION ADVOCACY TEAM (DIA)

Our Diversity and Inclusion Advocacy (DIA) team aims to help people impacted by or at risk of domestic abuse, sexual abuse or harmful practices by identifying barriers which may prevent them from accessing the help they need.

OBJECTIVES

- To address barriers, improve access and promote inclusion by working with service users who may be marginalised or disadvantaged in accessing services

"My advocate stopped things getting worse and explained so I could understand. We talked about lots of things from gangs, grooming, relationships and peer pressure"
– DIA Service User

STATISTICS

During the year we have seen...

REFERRALS RECEIVED	INDIVIDUALS SUPPORTED	ADULTS SUPPORTED	CYP SUPPORTED	OUTREACH SESSIONS	TRAINING SESSIONS	PEOPLE REACHED VIA OUTREACH & TRAINING
97	125	102	23	69	17	1,934

"My support worker was an ethnic background and same religion as me so this helped as she understood a lot more and was able to help and guide me in these areas too"
– DIA Service User

KEY ACTIVITIES

- Tailored one to one advocacy and support to reduce risks and prevent domestic and sexual abuse
- Specialist skills to support people of any age affected by Harmful Practices
- Community group engagement to cascade awareness of rights, the law and how to get help to all those that need it

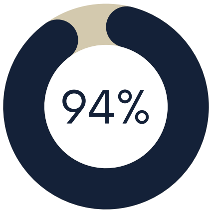
"MY ADVOCATE HELPED ME WITH ACCESSING SUPPORT I'VE BEEN STRUGGLING TO ACCESS FOR YEARS"

INDEPENDENT SEXUAL VIOLENCE ADVISORS (ISVA)

The ISVA team offers emotional and practical support to adults, children and young people following rape or sexual assault. ISVAs offer independent information and advice about next steps and support throughout the criminal justice system.

SERVICE USER FEEDBACK

29% increase in trials supported on prior year



94% service users who felt more able to make informed choices thanks to the ISVA service

"I feel more confident and I feel that I am able to make plans better - plans for my future, plans for when my mood is down and plans to help myself"
– ISVA Service User

"Having someone who was patient, kind and understanding. Also gathering the right information for my individual case and acting in my best interests at all times. [The ISVA worker] also explained the process in stages so I didn't become too overwhelmed with the whole process which was helpful"
– ISVA Service User

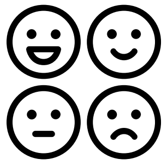
"[The ISVA worker] helped me through the hardest times. She helped me remain positive and brave. From the first introductory call, right the way through to the court and the days after, I felt incredibly well supported and looked after - something which has not often been felt when trying to navigate this system"
– ISVA Service User

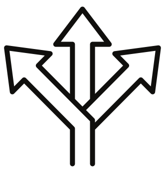
OBJECTIVES

- To support people who have suffered an unwanted sexual experience regardless of when the incident happened
- The team support all ages and genders across Southampton, Portsmouth and Hampshire

ACTIVITIES

The ISVA team provides personalised practical and emotional support





They give independent advice to help service users make informed choices about what happens next, including whether they want to report to the police and/ or consider health care options available to them

The team work closely with Hampshire Constabulary's Teams including the Amberstone and Child Abuse Investigation Teams to support those who choose to report through the criminal justice process

STATISTICS

During the year we have seen...

1,449	1,537	362	119
REFERRALS RECEIVED	ADULTS SUPPORTED	CYP SUPPORTED	TRIALS SUPPORTED

VOLUNTEERING & INVOLVEMENT TEAM

This team are responsible for looking after our valued volunteers and engaging our local community

GREAT SOUTH RUN - £3,063

A member of staff and 3 supporters of Yellow Door ran the AJ Bell Great South Run and raised £3,063

CHROME TELECOM - £2,299

A team from Chrome Telecom raised money by taking part in their Three Peaks Challenge, which entailed climbing Ben Nevis, Scafell Pike and Snowdon, all within 24 hours!

INTERNATIONAL WOMEN'S DAY - £1,384

was raised on International Women's Day. This event presents us with a great opportunity for additional income as local organisations decide to raise money for us.

RACE TO THE KING - £1,249

A single fundraiser took part in 'Race to the King - a 100km race around the South Downs as a way of honouring a friend and wanting to support others who may have suffered/ are suffering in a similar way

FACEBOOK - £714

We have been fortunate to receive monetary donations through Facebook - individuals can choose to support a charity when it's their birthday and ask their friends to donate through Facebook in lieu of gifts.

BALFOUR BEATTY - £473

A team from Balfour Beatty climbed Snowdonia in aid of Yellow Door.

UKELELE JAM - £310

raised by Ukelele Jam in their Annual Christmas Cabaret

FUNDRAISING HIGHLIGHTS

The Volunteer & Involvement Team have tested challenge event fundraising this year which has proved successful. With the help of our corporate partner, Zurich Community Trust, we secured a number of running places and offered these to individuals who wanted to raise money for us. We ask each runner to raise a minimum of £250 but on average they raise around 20% more than this. Our running fundraisers raised £3,800 running the Great South Run and the APB Marathon

'Day to day I see the impact that domestic and sexual abuse has on service users, and know how vital services like Yellow Door are'

- an employee and fundraiser

Annual Review 2023-24

VOLUNTEERING & INVOLVEMENT TEAM

This team are responsible for looking after our valued volunteers and engaging our local community

DONATION OF GOODS

- Our corporate partners Zurich Community Trust donated hampers for our service users
- SPARKS chose us to be their Charity of the Year again, donating festive gifts for service users
- Vohkus purchased a number of items from our Amazon wishlist, such as snacks for groups and art supplies, as well as a laptop, tablet and other IT supplies

DONATIONS IN KIND

- We have received vital pro-bono expert advice and support during the planning and development of our building project from our Corporate Partners: Gentian and SM:5 Developments. Thank you for all your support

CORPORATE VOLUNTEERING

Zurich Community Trust have very kindly helped us with gardening and surprised us with new garden furniture

MACE helped us to improve the garden for service users and staff's enjoyment. They also painted the conservatory which made the space brighter and more welcoming to our service users

Southern Health NHS Foundation Trust volunteers tidied up the front garden and painted one of our training/group rooms

STATISTICS

During the year we have seen...

237

CORPORATE VOLUNTEERING HOURS

VOLUNTEERING & INVOLVEMENT TEAM

This team are responsible for looking after our valued volunteers and engaging our local community

OUR VOLUNTEERS

At the end of March 2024, Yellow Door had 37 volunteers supporting the service; 20 client facing and 17 in support roles. As well as a team of volunteer counsellors helping the Therapeutic service, we have volunteers who help across the service including Outreach, Psychoeducational groups, Business support and with donations.

The Yellow Door helpline continues to be coordinated by the Volunteer & Involvement team with the support of a few dedicated volunteers. Over the year, the helpline answered 79 helpline calls.

We are so grateful for our team of dedicated volunteers who provide invaluable support to our organisation.

Our Trustees also give up their time and expertise voluntarily and join with our volunteer workforce to make up an expansive team in supporting the Yellow Door alongside our paid staff.

STATISTICS

During the year we have seen...

5,722
VOLUNTEER HOURS

3,713
CLIENT FACING VOLUNTEER HOURS

2,009
BUSINESS SUPPORT VOLUNTEER HOURS

Disclosure of information to auditor

Members of the Board of Trustees who served during the period and up to the date of this report are set out on page 1. In accordance with company law, as the charitable company's directors, we certify that:

- so far as we are aware, there is no relevant audit information of which the charitable company's auditors are unaware; and
- as the directors of the charitable company, we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant audit information and to establish that the charitable company's auditors are aware of that information

The Trustees' Report was approved by the Board of Trustees.

....

J Greer

Trustee

C. Brook

....

C Brook

Trustee

Date: 23rd October 2024

YELLOW DOOR (SOLENT)

INDEPENDENT AUDITOR'S REPORT

TO THE MEMBERS OF YELLOW DOOR (SOLENT)

Opinion

We have audited the financial statements of Yellow Door (Solent) (the 'charity') for the year ended 31 March 2024 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Board of Trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The Board of Trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared, which includes the directors' report prepared for the purposes of company law, is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

INDEPENDENT AUDITOR'S REPORT

TO THE MEMBERS OF YELLOW DOOR (SOLENT)

Matters on which we are required to report by exception
In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:
- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Board of Trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' report and from the requirement to prepare a strategic report.

Responsibilities of Board of Trustees
As explained more fully in the statement of trustees' responsibilities, the Board of Trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Board of Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the Board of Trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Board of Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements
Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

Extent to which the audit was considered capable of detecting irregularities, including fraud
Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- the engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations.
- we identified the laws and regulations applicable to the company through discussions with directors and other management, and from our commercial knowledge and experience.
- we focused on specific laws and regulations which we considered may have a direct material effect on the financial statements or the operations of the company, including the Companies Act 2006, taxation legislation, data protection, employment, environmental and health and safety legislation.
- we assessed the extent of compliance with the laws and regulations identified above through making enquiries of management.

We assessed the susceptibility of the company's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud.
- considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations.

Audit response to risks identified

To address the risk of fraud through management bias and override of controls, we:

- performed analytical procedures to identify any unusual or unexpected relationships.
- tested journal entries to identify unusual transactions.
- tested a sample of BACS payments to identify payments being made to unexpected bank accounts.
- performed transactional testing on payroll costs in respect of those employees with responsibility or authority in connection with the payroll function.
- assessed whether judgements and assumptions made in determining the accounting estimates were indicative of potential bias.
- investigated the rationale behind significant or unusual transactions.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- agreeing financial statement disclosures to underlying supporting documentation.
- enquiring of management as to actual and potential litigation and claims.
- reading minutes of those charged with governance

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the directors and other management and the inspection of regulatory and legal correspondence, if any.

Material misstatements that arise due to fraud can be harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

A further description of our responsibilities is available on the Financial Reporting Council's website at: https://www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Fiander Tovell Limited

Andrew Jay FCA FCCA **(Senior Statutory Auditor)**
for and on behalf of Fiander Tovell Limited

24 October 2024

Chartered Accountants
Statutory Auditor

Stag Gates House
63/64 The Avenue
Southampton
Hampshire
SO17 1XS

YELLOW DOOR (SOLENT)

STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds General 2024 £	Unrestricted funds Designated 2024 £	Restricted funds 2024 £	Total 2024 £	Total 2023 £
Income from:						
Donations and legacies	3	32,933	-	38,610	71,543	41,486
Income from Gift Aid	3	3,440	-	-	3,440	3,212
Charitable activities						
Counselling	4	374,473	-	231,511	605,984	328,304
Family Therapy	4	40,971	-	5,760	46,731	43,364
Trauma Services (TS)	4	21,710	-	45,974	67,684	70,007
Diversity & Inclusion Advocacy (DIA)	4	114,860	-	85,262	200,122	123,654
Domestic Abuse Team (DAT)	4	17,039	-	65,830	82,869	67,902
ISVA	4	343,802	-	471,253	815,055	688,351
STAR Project	4	33,000	-	51,168	84,168	101,348
Gender Identity (GI)	4	5,924	-	28,156	34,080	40,140
Partnerships	4	1,604	-	10,800	12,404	37,296
Business Support Funding	4	12,000	-	112,704	124,704	54,180
Other trading activities	5	15,731	-	-	15,731	17,132
Investments	6	6,568	-	-	6,568	856
Total income		1,024,055	-	1,147,028	2,171,083	1,617,232
Expenditure on:						
Charitable activities	7	905,462	1,512	1,113,033	2,020,007	1,666,708
Total expenditure		905,462	1,512	1,113,033	2,020,007	1,666,708
Gross transfers between funds		38,331	(38,331)	-	-	-
Net income/(expenditure) for the year/ Net movement in funds		156,924	(39,843)	33,995	151,076	(49,476)
Fund balances at 1 April 2023		741,223	144,843	18,686	904,752	954,228
Fund balances at 31 March 2024		898,147	105,000	52,681	1,055,828	904,752

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

YELLOW DOOR (SOLENT)

BALANCE SHEET

AS AT 31 MARCH 2024

	Notes	2024 £	2024 £	2023 £	2023 £
Fixed assets					
Tangible assets	**12**		688,669		699,719
Current assets					
Debtors	**13**	227,058		131,239	
Cash at bank and in hand		786,982		677,733	
		1,014,040		808,972	
Creditors: amounts falling due within one year	**15**	296,019		229,461	
Net current assets			718,021		579,511
Total assets less current liabilities			1,406,690		1,279,230
Creditors: amounts falling due after more than one year	**16**		(350,862)		(374,478)
Net assets			1,055,828		904,752
The funds of the charity					
Restricted income funds	**19**		52,681		18,686
Unrestricted funds - general			898,147		741,223
Unrestricted funds - designated	**21**		105,000		144,843
			1,055,828		904,752

The financial statements were approved by the Board of Trustees on 23rd October 2024

....
J Greer
Trustee

C. Brook
....
C Brook
Trustee

Company registration number 05486084 (England and Wales)

YELLOW DOOR (SOLENT)

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2024

	Notes	2024 £	2024 £	2023 £	2023 £
Cash flows from operating activities					
Cash generated from/(absorbed by) operations	**26**		140,519		(36,015)
Investing activities					
Purchase of tangible fixed assets		(17,233)		(31,083)	
Investment income received		6,568		856	
Net cash used in investing activities			(10,665)		(30,227)
Financing activities					
Repayment of bank loans		(20,605)		(21,416)	
Net cash used in financing activities			(20,605)		(21,416)
Net increase/(decrease) in cash and cash equivalents			109,249		(87,658)
Cash and cash equivalents at beginning of year			677,733		765,391
Cash and cash equivalents at end of year			786,982		677,733

1 Accounting policies

Charity information

Yellow Door (Solent) is a private charitable company limited by guarantee incorporated in England and Wales and registered with the Charity Commission in England and Wales. The registered office is 30 Brookvale Road, Southampton, Hampshire, SO17 1QR.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 “The Financial Reporting Standard applicable in the UK and Republic of Ireland” (“FRS 102”) and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the Board of Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Board of Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Board of Trustees in furtherance of their charitable objectives.

Designated funds comprise funds which have been set aside at the discretion of the Board of Trustees for specific purposes. The purposes and uses of the designated funds are set out in the notes to the financial statements.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

All income is included in the Statement of Financial Activities when the charitable company is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Donations and legacies are received by way of donations and gifts and are included in full in the Statement of Financial Activities when receivable.
- Donated services and facilities are included at the value to the charitable company where this can be quantified and reliably measured. In accordance with the Charities SORP (FRS 102), volunteer time is not recognised, for more information about their contribution refer to the Trustees’ Report.
- Investment income is included when receivable.
- Income from charitable trading activities is accounted for when earned.
- Income from grants, where related to performance and specific deliverables, is accounted for as the charitable company earns the right to consideration by its performance.
- Income is deferred where either the income relates to a future accounting period or where income is received for delivery of a service and that service has not been fully delivered at the year end. In these circumstances, the income is recognised in line with the service delivery and any excess is deferred.

1 Accounting policies **(Continued)**

1.5 Expenditure

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes VAT as the charitable company is not VAT registered and is reported as part of the expenditure to which it relates.

Costs of raising funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes.

Expenditure on charitable activities comprises those costs incurred by the charitable company in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and their associated support and governance costs.

Support costs are those functions that assist the work of the charitable company but do not directly undertake the charitable activities. These costs have been allocated between the expenditure categories of the Statement of Financial Activities on a basis designed to reflect the use of the resource and are apportioned on an appropriate basis e.g. floor areas, per capita or estimated usage.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charitable company and include the audit fees and costs linked to the strategic management of the charitable company.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Fixed assets costing more than £500 are capitalised at cost.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Freehold property	2% straight line basis
Office equipment	15% reducing balance and 25% straight line basis

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1 Accounting policies **(Continued)**

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Taxation

The charitable company is exempt from Corporation Tax on its charitable activities.

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Board of Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

There are no items in the Financial Statements where judgements and estimates would have a significant effect on amounts recognised in the Financial Statements.

3 Donations and legacies

	Unrestricted funds general 2024 £	Restricted funds 2024 £	Total 2024 £	Total 2023 £
Donations and gifts	32,933	38,610	71,543	41,486
Income from Gift Aid	3,440	-	3,440	3,212
	36,373	38,610	74,983	44,698
For the year ended 31 March 2023	33,107	11,591		44,698

4 Income from charitable activities

	Unrestricted funds general 2024 £	Restricted funds 2024 £	Total 2024 £	Total 2023 £
Government contracts				
HCC - ISVA contract	301,800	-	301,800	318,276
HCC - SA contract	32,342	-	32,342	64,682
NHS - Male ISVA contract	42,002	-	42,002	41,712
NHS - (CAMHS) Therapeutic support	30,000	-	30,000	30,000
OPCC - Frankie/Sexual Crime Therapy	346,146	-	346,146	-
SCC - Disability & Domestic Abuse contract	50,000	-	50,000	20,833
SCC - BAME & Domestic Abuse Contract	49,964	-	49,964	-
SCC - DSA contract	-	-	-	81,750
SCC - DVSA contract	101,129	-	101,129	77,833
Government grants				
NHS Hampshire, Southampton & IOW CCG	-	92,523	92,523	91,532
NHS England & NHS Improvement	-	20,700	20,700	62,100
NHS Hampshire & IOW ICB - CYP Therapy	-	31,250	31,250	-
NIHR - Gender Identity Evaluation	-	5,550	5,550	-
NIHR - Diversity Evaluation	-	2,913	2,913	-
HCC - Household Support Fund	-	17,985	17,985	-
Home Office - Safer Streets	-	64,857	64,857	46,577
New Forest District Council - Community Grant	-	5,100	5,100	5,000
OPCC - Perpetrator Programmed Fund	-	-	-	28,885
OPCC - Safer Communities Fund	-	-	-	18,625
OPCC - Additional ISVA	-	332,342	332,342	316,449
OPCC - CAPVA	-	27,000	27,000	20,500
OPCC - DASV Fund	-	134,669	134,669	134,670
OPCC - Male Rape Support Fund	-	9,877	9,877	20,897
OPCC - Supporting Victims Uplift Grant	-	14,260	14,260	-
SCC - COMF	-	-	-	31,695
SCC - Other Grants	-	-	-	17,134
Non-Government grants	12,000	349,392	361,392	125,396
Income from charitable activities	965,383	1,108,418	2,073,801	1,554,546
For the year ended 31 March 2023	648,835	905,711		1,554,546

5 Other trading activities

	Unrestricted funds general 2024 £	Restricted funds 2024 £	Total 2024 £	Total 2023 £
Rental income	3,144	-	3,144	3,000
Training Fees and supervision	12,587	-	12,587	14,132
Other trading activities	15,731	-	15,731	17,132
For the year ended 31 March 2023	17,132	-		17,132

6 Income from investments

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Interest receivable	6,568	856

7 Charitable activities

	Counselling	Family Therapy	TS	DIA	DAT	ISVA	STAR Project	GI	Partnerships	Business Support Funding	Total 2024	Total 2023
	£	£	£	£	£	£	£	£	£	£	£	£
Staff costs	505,941	38,918	56,516	178,218	69,311	575,611	119,541	26,791	-	104,040	1,674,887	1,391,860
Supervision and consultancy	36,069	745	3,626	112	2,434	104	251	158	-	2,881	46,380	40,203
Training, recruitment and staff costs	12,042	334	196	521	18,831	2,327	1,842	1,222	-	2,472	39,787	18,503
Partners payment for contracts	-	-		-	-	-	-	-	12,404	-	12,404	37,296
	554,052	39,997	60,338	178,851	90,576	578,042	121,634	28,171	12,404	109,393	1,773,458	1,487,862
Share of support costs (see note 8)	46,736	4,289	3,054	8,784	96,155	9,277	30,414	19,414	-	14,447	232,570	162,096
Share of governance costs (see note 8)	3,761	459	347	798	4,530	819	1,186	1,209	-	870	13,979	16,750
	604,549	44,745	63,739	188,433	191,261	588,138	153,234	48,794	12,404	124,710	2,020,007	1,666,708
Analysis by fund												
Unrestricted funds - general	370,841	38,970	17,705	103,065	125,386	115,266	101,990	18,886	1,604	11,749	905,462	765,848
Unrestricted funds - designated	439	15	60	106	45	499	76	15	-	257	1,512	2,244
Restricted funds	233,269	5,760	45,974	85,262	65,830	472,373	51,168	29,893	10,800	112,704	1,113,033	898,616
	604,549	44,745	63,739	188,433	191,261	588,138	153,234	48,794	12,404	124,710	2,020,007	1,666,708
For the year ended 31 March 2023												
Unrestricted funds - general	203,134	33,844	5,965	37,965	46,752	348,664	41,538	7,115	27,146	13,725		765,848
Unrestricted funds - designated	519	50	-	175	112	1,107	159	97	-	25		2,244
Restricted funds	202,148	21,534	63,176	84,007	49,210	324,763	64,793	38,404	10,150	40,431		898,616
	405,801	55,428	69,141	122,147	96,074	674,534	106,490	45,616	37,296	54,181		1,666,708

8 Support costs

	Support costs	Governance costs	2024	Support costs	Governance costs	2023	Basis of allocation
	£	£	£	£	£	£	
Depreciation	28,283	-	28,283	29,888	-	29,888	Usage
Fundraising costs	28,115	-	28,115	22,637	-	22,637	Allocated on time
Premises	49,816	-	49,816	39,139	-	39,139	Usage
Office costs	80,114	-	80,114	49,959	-	49,959	Usage
Bookkeeping	9,196	-	9,196	10,211	-	10,211	Governance
Sundry expenses	-	-	-	147	-	147	Usage
Professional fees	36,876	-	36,876	9,764	-	9,764	Usage
Bank interest and charges	169	-	169	351	-	351	Usage
Audit fees	-	13,980	13,980	-	16,750	16,750	Governance
	232,569	13,980	246,549	162,096	16,750	178,846	
Analysed between							
Charitable activities	232,569	13,980	246,549	162,096	16,750	178,846	

9 Net movement in funds

	2024	2023
	£	£
Net movement in funds is stated after charging/(crediting)		
Fees payable to the company's auditor for the audit of the company's financial statements	13,980	16,750
Depreciation of owned tangible fixed assets	28,283	29,888
Operating lease charges	2,223	2,456

10 Employees

The average monthly number of employees during the year was:

	2024	2023
	Number	Number
	64	55

Employment costs	2024	2023
	£	£
Wages and salaries	1,500,310	1,249,710
Social security costs	131,393	105,381
Other pension costs	43,184	36,769
	1,674,887	1,391,860

The number of full-time staff during the year was 23 (2023: 23) and part-time staff was 41 (2023: 32).
Full-time equivalent staff numbers during the year were 49 (2023: 44).
No payments were made to Trustees by way of remuneration or expenses during the year (2023: £nil).
The employee benefits of the key management personnel total £279,628 (2023: £171,584).

The number of employees whose annual remuneration was more than £60,000 is as follows:

	2024	2023
	Number	Number
	1	-

11 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

12 Tangible fixed assets

	Freehold property	Office equipment	Total
	£	£	£
Cost			
At 1 April 2023	772,998	69,448	842,446
Additions	9,117	8,116	17,233
At 31 March 2024	782,115	77,564	859,679
Depreciation and impairment			
At 1 April 2023	108,204	34,523	142,727
Depreciation charged in the year	15,462	12,821	28,283
At 31 March 2024	123,666	47,344	171,010
Carrying amount			
At 31 March 2024	658,449	30,220	688,669
At 31 March 2023	664,794	34,925	699,719

13 Debtors

	2024	2023
Amounts falling due within one year:	£	£
Trade debtors	199,376	109,740
Prepayments and accrued income	27,682	21,499
	227,058	131,239

14 Loans and overdrafts

	2024	2023
	£	£
Bank loans	374,809	395,414
Payable within one year	23,947	20,936
Payable after one year	350,862	374,478

Amounts included above which fall due after five years:

	2024	2023
Payable by instalments	242,834	278,247

The long-term loans are secured by fixed charges over freehold property which has a carrying value of £649,338 (2023: £664,794).

14 Loans and overdrafts **(Continued)**

During the year to 31 March 2016 the charitable company took out two loans with Lloyds Bank plc in order to purchase the freehold property.

The first loan of £180,000 is repayable over 20 years. It has a variable rate of interest of Base + 2.9% per annum. The second loan of £352,600 is repayable over 20 years. It carries a fixed rate of interest of 4.72%.

15 Creditors: amounts falling due within one year

	Notes	2024 £	2023 £
Bank loans	14	23,947	20,936
Other taxation and social security		42,561	33,182
Deferred income	17	138,751	133,897
Trade creditors		31,113	27,094
Other creditors		1,196	352
Accruals		58,451	14,000
		296,019	229,461

16 Creditors: amounts falling due after more than one year

	Notes	2024 £	2023 £
Bank loans	14	350,862	374,478

17 Deferred income

	2024 £	2023 £
Other deferred income	138,751	133,897

	2024	2023
Movements in the year:		
Deferred income at 1 April 2023	133,897	80,525
Released from previous periods	(133,897)	(80,525)
Resources deferred in the year	138,751	133,897
Deferred income at 31 March 2024	138,751	133,897

18 Retirement benefit schemes

Defined contribution schemes

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

The charge to profit or loss in respect of defined contribution schemes was £43,184 (2023 - £36,769).

19 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2023	Incoming resources	Resources expended	At 31 March 2024
	£	£	£	£
Counselling	1,758	231,511	(233,269)	-
Family Therapy	-	5,760	(5,760)	-
TS	-	45,974	(45,974)	-
ISVA	3,600	471,253	(472,373)	2,480
DAT	-	65,830	(65,830)	-
DIA	-	85,262	(85,262)	-
STAR Project	-	51,168	(51,168)	-
GI	1,737	28,156	(29,893)	-
Partnerships	-	10,800	(10,800)	-
Business Support Funding	-	112,704	(112,704)	-
Restricted Individual Donations	11,591	38,610	-	50,201
	18,686	1,147,028	(1,113,033)	52,681

Previous year:	At 1 April 2022	Incoming resources	Resources expended	At 31 March 2023
	£	£	£	£
Counselling	-	203,907	(202,149)	1,758
Family Therapy	-	21,534	(21,534)	-
TFI	-	63,176	(63,176)	-
ISVA	-	328,363	(324,763)	3,600
DAT	-	49,210	(49,210)	-
DIA	-	84,007	(84,007)	-
STAR Project	-	64,793	(64,793)	-
GI	-	40,140	(38,403)	1,737
Partnerships	-	10,150	(10,150)	-
Business Support Funding	-	40,431	(40,431)	-
Restricted Individual Donations	-	11,591	-	11,591
	-	917,302	(898,616)	18,686

19 Restricted funds (Continued)

Restricted funds are funds which have been given for particular purposes and projects. The restricted funds must be used for the specific purpose as laid down by the donor.
The restricted funds are:

- Counselling - Provides therapeutic services for those affected by rape/sexual assaults either one to one, in groups or on an outreach basis regardless of age and/or gender.

- Family Therapy - Provides support to families affected by domestic and sexual abuse to understand the impact of trauma and abuse, strengthen communication and aid recovery together

- TS - deliver rapid Cognitive Behavioural Therapy (CBT) informed interventions to service users who have experienced sexual abuse/ violence

- ISVA - The Independent Sexual Violence Advisors (ISVA) offer a confidential, non-judgmental advocacy service and criminal justice support service networking with the Police and other agencies for people who have experienced sexual abuse/ violence. There is currently a restricted grant for ISVA resources which has not been fully spent.

- Domestic Abuse Team - Offering specialist support for women, children, young people and families who have experienced domestic abuse, including services such as Pattern Changing programmes and Adverse Childhood Experiences (ACE) Recovery Toolkits.

- Diversity and Inclusion Advocacy - Delivers person centered specialist advocacy with people who are marginalised/ disadvantaged due to language, disability, ethnicity, sexuality, gender. Helping them to access domestic and sexual abuse support.

- STAR Project - An education and outreach project which works with young people and adults to raise awareness of domestic and sexual abuse and topics linked to healthy relationships.

- Gender Identity - The Gender Identity group is a therapeutic group for young people who are experiencing significant difficulties in relation to their gender and/or sexual identity.

- Partnerships - We partner with specialist local organisations to meet the varying needs of service users.

- Business Support Funding – restricted funding given for specific business support and management projects

- Restricted individual donations – restricted donations from individual supporters of Yellow Door

20 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2023	Incoming resources	Resources expended	Transfers	At 31 March 2024
	£	£	£	£	£
General funds	741,223	1,024,055	(905,462)	38,331	898,147

YELLOW DOOR (SOLENT)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

20 Unrestricted funds **(Continued)**

Previous year:	At 1 April 2022	Incoming resources	Resources expended	Transfers	At 31 March 2023
	£	£	£	£	£
General funds	740,252	699,930	(765,848)	66,889	741,223

21 Unrestricted funds - designated

These are unrestricted funds earmarked for a particular project and are made up as follows:

	Balance at 1 April 2022	Resources expended	Transfers	Balance at 1 April 2023	Resources expended	Transfers	Balance at 31 March 2024
	£	£	£	£	£	£	£
IT Fund	9,498	-	-	9,498	-	10,502	20,000
Property Fund	22,589	(2,244)	-	20,345	(1,512)	31,167	50,000
Therapy Sessional Hours	40,889	-	(40,889)	-	-	-	-
Therapeutic Services	65,000	-	(65,000)	-	-	-	-
Trauma Services	26,000	-	(26,000)	-	-	-	-
Building Development	50,000	-	-	50,000	-	(15,000)	35,000
Therapy Services	-	-	65,000	65,000	-	(65,000)	-
	213,976	(2,244)	(66,889)	144,843	(1,512)	(38,331)	105,000

The Board of Trustees have designated the following funds:

- A fund for information and technology cost
- A fund for property renovations and repairs
- A fund for Building Development to develop the garage into a usable delivery space

22 Analysis of net assets between funds

	Unrestricted funds general 2024	Unrestricted funds designated 2024	Restricted funds 2024	Total 2024
	£	£	£	£
Fund balances at 31 March 2024 are represented by:				
Tangible assets	688,669	-	-	688,669
Current assets/(liabilities)	560,340	105,000	52,681	718,021
Long term liabilities	(350,862)	-	-	(350,862)
	898,147	105,000	52,681	1,055,828

	Unrestricted funds general 2023	Unrestricted funds designated 2023	Restricted funds 2023	Total 2023
	£	£	£	£
Fund balances at 31 March 2023 are represented by:				
Tangible assets	699,719	-	-	699,719
Current assets/(liabilities)	415,982	144,843	18,686	579,511
Long term liabilities	(374,478)	-	-	(374,478)
	741,223	144,843	18,686	904,752

23 Operating lease commitments

Lessee
At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2024	2023
	£	£
Within one year	2,223	2,223
Between two and five years	6,060	8,284
	8,283	10,507

24 Related party transactions

There were no disclosable related party transactions during the year (2023 - none).

25 Legal status of the charitable company

The charitable company is limited by guarantee and has no share capital. The liability of each committee member, in the event of winding-up is limited to £1.

26 Cash generated from operations

	2024	2023
	£	£
Surplus/(deficit) for the year	151,076	(49,476)
Adjustments for:		
Investment income recognised in statement of financial activities	(6,568)	(856)
Depreciation and impairment of tangible fixed assets	28,283	29,888
Movements in working capital:		
(Increase) in debtors	(95,819)	(70,455)
Increase in creditors	58,693	1,512
Increase in deferred income	4,854	53,372
Cash generated from/(absorbed by) operations	140,519	(36,015)

27 Analysis of changes in net funds

	At 1 April 2023	Cash flows	At 31 March 2024
	£	£	£
Cash at bank and in hand	677,733	109,249	786,982
Loans falling due within one year	(20,936)	(3,011)	(23,947)
Loans falling due after more than one year	(374,478)	23,616	(350,862)
	282,319	129,854	412,173

Yellow Door

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